

Western Washington University

THE WESTERN FRONT

TUESDAY, JANUARY 12, 1999

VOLUME 107 ISSUE 2

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BELLINGHAM, WASHINGTON

Students seek tuition freeze

By Alyssa Pfau The Western Front

affordable Maintaining tuition is a concern many Western students have as the state legislature considers giving college trustees the authority to set tuition at their respective institutions.

The authority to set tuition locally, as proposed by Gov. Gary Locke, prohibits college trustees from raising tuition by more than 5 percent during the next two years; however, students fear that after those two years are finished, tuition could increase by a large and unaffordable per-

"If you want us to stay in school and become productive citizens, don't raise our tuition to levels where we can't afford it," said Jeremiah Huber, a junior at Western majoring in political science.

Huber, who is physically disabled, does not have a large array of jobs to choose from, so an education is imperative for him, he said. Dependent on financial aid to pay for school, Huber said he is concerned that if his tuition were to increase by much more and financial aid did not parallel that increase, he would struggle to pay for

To protect students like Huber from unpredictable tuition hikes, the Associated Students Board of Directors is heading up a student

"We want to ensure that we have affordable tuition for

the long-term," said Victor Cox, vice president for Academic Affairs.

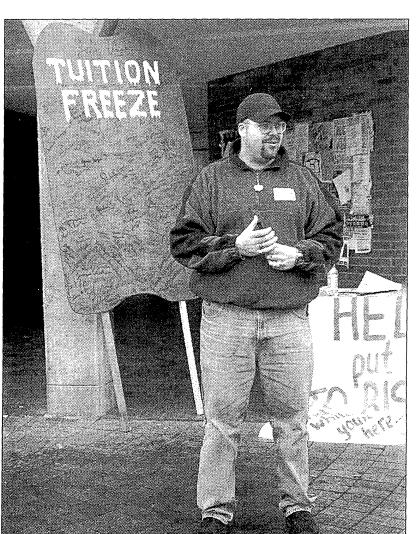
During the past four years, tuition increases have been steady at 3.8 percent per year. Students lobbying for affordable tuition are asking that this percentage be maintained during the next 10 years, Cox said.

The A.S. members started their lobby for affordable and predictable tuition at the start of the quarter. They have gone around to residence halls; stood in Red Square explaining to students what local control for tuition could mean and collected student signatures on a large red popsicle that has the words "Tuition Freeze" printed across the top.

"The only way we are going to let the legislature know how an increase in tuition affects students is to and possibilities and

then have them express their concerns," said David Toyer, A.S. vice president for Legislative and Community

Toyer and Cox have spoken to and collected signatures from approximately 600 stu-



Front/Erin Fredrichs

build student aware- David Toyer stands by the "Tuition Freeze" popsicle, which has the ness on the issues signatures of nearly 600 students who want tuition frozen.

> dents, but they say they are still far from meeting their

"Theoretically, I would like to get every student on campus to sign it because it affects everyone," Cox said.

Once the "Tuition Freeze" popsicle is signed - front and back — the next thing to do is wait until the debates about local control for tuition start in Olympia, Toyer said.

At that critical point, Toyer and Cox plan to gather as many students as possible to go down to Olympia to lobby

See Tuition page 3

Fairhaven race, gender curriculum to be re-evaluated in wake of letters

By Darcy Spann The Western Front

Negative attacks on Fairhaven faculty and students regarding race, class and gender issues have persuaded Fairhaven Dean Marie Eaton to instigate a reexamination of the methods used for interaction and discussion of these often heated topics.

A Sunday afternoon meeting at Fairhaven was called to discuss ideas and solutions to overcome the problems the college is experiencing.

Ongoing controversy surrounding what some claim is a curriculum that lends itself to opposing opinions has resulted in the posting of an anonymous note directed at Fairhaven professor Midori Takagi.

The note, labeling Takagi "unstable" and "very abusive", and warning students not to criticize her views, was written by a group who call themselves Voices

Reason. Another anonymous group, the Dirty Laundry Committee, believed by Voices of Reason to be guided by Takagi,

has been responsible for chalk messages in Red Square denouncing Western's treatment of race issues and was also criticized by

Takagi believes that whoever wrote the malicious note must have been angry and hurt by something involving these

"We must openly deal Despite with issues, but first we must clarify as a community what those issues are."

> Jesse Marden Fairhaven student

threatening manner of the note, she plans to continue encouraging students to voice their

opinions.

"Although I do not find the content of this message to be politically enlightening ... I still

support students' ability to post their concerns anonymously," she said.

Takagi said she believes she, in particular, has been targeted due to her outspoken nature concerning sensitive issues, including race, class, gender and sexual orientation.

"I think that some of the things I've said have made people uncomfortable, particularly people who have not examined their privileges based on these issues," she said.

In an open letter to the Fairhaven community, students Laurie Magan and Erika Michiko Fjeld expressed their opinions that these anonymous groups' actions are protected; therefore, the attacks on them

See Fairhaven page 8

Western skiers flock to Baker

By Kari McGinnis The Western Front

While falling into the pristine wilderness of the Mount Baker-Snoqualmie National Forest, the raindrops of Bellingham give way to the fat snowflakes of the North Cascades.

Meander east along Highway 542 and drivers may find themselves smiling and wide-eyed as they take in the panoramic view. Mount Baker Ski Area falls into the perfect place — between the towering peaks of Mount Baker (10.750 feet elevation) and Mount Shuksan (9,720 feet elevation). With the most snowfall of any ski area in North America — 615 inches a year — Mount Baker may be the ideal weekend escape for many western students.

Western student Tyler McCoy said he thinks the "thick, rich, full-bodied snow" of Mount Baker is among the best in the northwest. A skier for 12 years, McCoy learned to ski on the slopes at Steven's Pass, but he has been faithful to Baker since high school.

Mount Baker Ski Area doesn't cater to any particular level, he said, but maintains enough slopes to satisfy intermediate skiers and offers more challenging skiing for more advanced and expert skiers.

McCoy described the mountain as "a well-known friend." He said the challenges at Mount Baker are abundant cliffs and cornices are everywhere and the skiing demands high energy. Groomed runs are the minority and people have an open attitude about back-country skiing, he added.

"There are hidden pockets and outof-the-way lines," he said. The best part about skiing at Mount Baker, McCoy continued, "is there's incredible, backcountry terrain right at your doorstep."

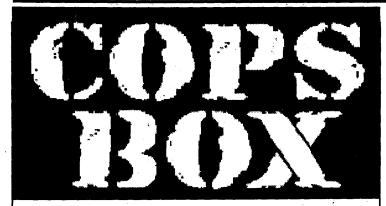
"You can't compare anything to Baker," agreed Western student Kate Harrington, who learned to ski at Crystal Mountain.

Mount Baker Ski Area doesn't have fancy hotels or restaurants, Harrington said. She explained that Baker

See Skiing page 14



Front/Bobby Stone A skier slides down Mount Baker.



Campus Police

Jan. 4, 6:45 p.m.: A man was contacted at Western's Associated Students bookstore. Store personnel believed the suspect was attempting to sell back stolen textbooks. The suspect was detained and released.

Jan. 5, 3:53 p.m.: A man reported that his stepson's mountain bike was stolen from campus in front of Nash Hall. The bike was later found to be in campus police storage. When the owner found the bike, equipment and several parts were missing.

Jan. 5, 5:53 p.m.: A Western resident called University Police requesting assistance in dealing with persons residing above him. Campus police officers spoke with both parties and gave some advice about how to get along.

Bellingham Police

Jan. 7, 11:44 a.m.: In the 2900 block of Squalicum Parkway, a custodial engineer found a lunch bag containing narcotics while cleaning out a refrigerator. The bag had a substantial amount of mold. The narcotics were destroyed and the bag was impounded.

Jan. 8, 6:09 p.m.: A man waved an officer down at the corner of Railroad and Holly Streets. The man asked the officer to be transported to detox. He was highly intoxicated and had just been kicked out of the Horseshoe Cafe.

Jan. 8, 7:17 p.m.: A man ran over a dog at the corner of Lincoln and Byron streets. The man said the dog had darted out in front of his vehicle, and said he was concerned about how to dispose of it.

Jan. 8, 7:27 p.m.: A man called police and reported that a laser light had been shined through a window of his home in the 1000 block of Indian Street. The man said he thought it might have been high school kids.

Jan. 8, 8:50 p.m.: A man panhandling on the corner of Meridian and Telegraph Streets gave another man traveling in a truck "the finger." The man in the truck got out of his vehicle and punched the panhandler in the mouth.

Jan. 8, 10:34 p.m.: Police received a call about a loud party in the 1700 block of Alabama Street. Police contacted the residents, who received a verbal warning about people and noise complaints. All guests appeared to be of legal drinking age.

Jan. 9, 1:38 a.m.: A fight broke out in the 1400 block of Cornwall Avenue about a rumor concerning one of the persons. One person sustained an eye injury, but neither wished to press charges.

Jan. 9, 2:22 a.m.: A witness residing in the 2600 block of West Maplewood Street reported seeing two suspects pouring sugar in the gas tank of a car. When police arrived, the suspects were gone.

Jan. 9, 1:56 p.m.: Officers responded to a 911 hang-up call in the 1700 block of East Maple Street. Upon arrival, the resident said her cat had thrown up on the telephone, and she accidentally hit the 911 speed-dial button on her phone while cleaning up the mess.

Jan 9, 11:51 p.m.: Police responded to a report of a juvenile party in the 500 block of Cypress Street. Upon arrival police found no party.

Compiled by Nick Haney

IDENTIFICATION STATEMENT

Publication's Title: Statement of Frequency: The Western Front Published 2 x Weekly

Authorized Organization's name and address:

The Western Front Western Washington University College Hall 110 Bellingham, WA 98225-9100

Western Briefs

Panelists to discuss Lake Whatcom issues

The Associated Students Environmental Center will sponsor "Lake Whatcom: Protecting our Watershed," a panel discussion about the Lake Whatcom watershed and various strategies and plans for cleanup, at 7 p.m. Jan. 14 in Arntzen Hall 100.

Panelists will include Mayor Mark Asmundson, Lake Whatcom Management Team; Sherilyn Wells, Watershed Defense Fund; and Linda Marron and Jamie Berg, Sudden Valley residents. The event, is free. For more information, contact Becky Statzel at 650-6129.

Campus service group seeks books, volunteers

The Center for Service-Learning will begin collecting new or gently-used books with a multicultural or social justice theme for children at the Martin Luther King Jr., Day of Service Children's Book Drive Kick-Off from 6:30 to 8:30 p.m. Thursday, in the Viking Union Main Lounge.

The Center for Service-Learning is looking for Western students to participate in a project to help creatively distribute books to school children in Whatcom County during spring quarter.

For more information, contact Rachel at the Center for Service-Learning at 650-6516 or Old Main 275B.

Human rights group to host conference

The Whatcom Human Rights Task Force and the Whatcom Community College Student Cultural Center will present the Whatcom Human Rights Conference, "Community Voices, Community Concerns, Human Rights in Whatcom County," from 9:30 a.m. to 7:30 p.m, Saturday, in the Heiner Center of WCC.

Six workshops will be offered throughout the day, including "The Politics of Fear: Militia Movement in the Northwest" and "Cultural Genocide: Native Treaty Rights."

Admission is free. Contact Shirley Osterhaus at 733-3400 for more information.

Concert to feature Western music faculty

Five Western music department faculty members will perform as the Washington Brass Ensemble at 8 p.m. Wednesday, in the Performing Arts Center Concert Hall.

The ensemble is composed of Lauren Anderson, Vince Green, Kristen Campbell, Keith Winkle and Carla Rutschman. They will perform T. Susato's "La Moursique," Victor Ewald's "Quintet No. 2," "Opus 6," J.S. Bach's "Fugue a la Gigue," Eric Ewazen's "Frost Fire" and Gwyneth Walker's "Followers of the Lamb."

Admission is free. For information or for disability accommodation, contact the PAC Box Office at 650-6146.

Environmental group to host benefit concert

The Environmental Justice Organization will host a benefit concert at 8 p.m. Saturday, in the Fairhaven College Auditorium. Tim McHugh, Robert Blake and Chris Riffle will perform.

Funds raised from the concert will go to the Environmental Justice Organization to sponsor member participation at an environmental justice conference in Oregon. A suggested donation is \$4.

Speaker to call for Hanford clean-up

Ruth Yarrow, coordinator for Hanford issues for Washington Physicians for Social Responsibility, will present "Cold War Legacy: The Challenge of Hanford's Nuclear Waste." The speech will focus on the need to clean up the radioactive pollution at Hanford Nuclear Reservation, which houses two-thirds of the nation's highest level radioactive waste.

The program is sponsored jointly by the Bellingham Friends Meeting and the Social Justice Committee of the Bellingham Unitarian Fellowship.

For more information, contact Alan Rhodes at 715-9323.

LifeQuest sponsors relaxation classes

LifeQuest is sponsoring a foursession class to explore a variety of relaxation techniques. The classes are from 10 to 10:50 a.m. Jan. 14, 21, 28 and Feb. 4 at St. Luke's Community Health Education Center, 333 Squalicum Parkway.

The class fee is \$28. To register, call Lifequest at 738-6720.

Compiled by Addy Bittner

Western Briefs Policy

To include an event in Western Briefs, send a news release two weeks before the event to The Western Front, College Hall 09, Bellingham, WA 98225, via fax, 650-7775, or e-mail, wfront@cc.wwu.edu. Due to space and time limitations, we cannot guarantee the publication of all submissions and reserve the right to edit any news release.

WWU Official Announcements

Deadline for announcements in this space is noon Friday for the Tuesday edition and noon Wednesday for the Friday edition. Announcements should be limited to 50 words, typewritten or legibly printed, and sent through campus mail to "Official Announcements," MS -9117, via fax to X/7287, or brought in person to Commissary 113A. DO NOT SEND ANNOUNCEMENTS DIRECTLY TO THE WESTERN FRONT. Phoned announcements will not be accepted. All announcements should be signed by originator.

PLEASE POST

MATH PLACEMENT TEST. Registration is not required. Students must bring picture identification and a No. 2 pencil. A \$10 fee must be paid in the exact amount at the time of testing. Allow 90 minutes. The test will be in OM 170 at 9 a.m. Jan. 25, Feb. 1, 8, 22, March 1, 8 and 15, and at 3 p.m. Jan. 14, 21, 28, Feb. 4, 11, 18, 25, March 4, 11 and 18.

LOT RESERVATIONS. Lots 17G and 31G will be reserved starting at 5 p.m. Jan. 12 for those attending the Turning Points lecture, at 5 p.m. Jan. 13 for those attending a meeting of the Institutional Master Plan Advisory Committee, and at 5 p.m. Jan. 15 for those attending basketball games. Permit holders may leave vehicles parked in reserved lots for work-related purposes.

SCHOLARSHIP OPPORTUNITY FOR STUDY ABROAD. The National Security Education Program will award meritorious scholarships to American undergraduates for study in countries critical to U.S. national security for study in summer 1999, fall 1999 and spring 2000. See International Programs and Exchanges, OM 530, for details. Application deadline is Jan. 15.

MILLER ANALOGIES TEST (MAT). Registration is required in OM 120 or by calling X/3080. A \$35 fee is payable at the time of the test. The test takes approximately 1½ hours. Tests will be in FR 3 at 3 p.m. Jan. 19, Feb. 16 and March 9. The MAT is not administered on an individual basis.

SCHOLARSHIP WORKSHOP. Student Financial Resources will sponsor a scholarship workshop at 7 p.m. Jan. 28 in MH 104. Current Western students who attend will have the opportunity to apply for one of five \$100 scholarships. For more information, contact the Scholarship Center, OM 260, X/3471.

THE TEST FOR ENTRANCE INTO TEACHER EDUCATION (TETEP) will be given at 3 p.m. Jan. 20 in HH 253 and March 3 in SL 150. Registration is required in OM 120. A \$25 fee must be paid in the exact amount at time of registration. The test takes approximately 2½ hours. TETEP is not administered on an individual basis. Deadline for fall admission into teacher education is April 30.

INFORMATION ABOUT NATIONAL TESTING is available from the Testing Center, OM 120.

WINTER QUARTER GROUP OFFERINGS through the Counseling Center include • Eliminating Your Self-Defeating Behavior, 3 to 5 p.m. Tuesdays beginning Jan. 12. Pregroup interview required. • Lesbian, Gay, Bisexual, Transgender, Questioning ..., 11 a.m. to 1 p.m. Tuesdays starting Jan. 14. Drop-ins welcome. • Meeting the Challenges of Attention Deficit Disorder and Other Learning Disabilities, 12:15 to 1:45 p.m. Tuesdays starting Jan. 12. Drop-ins welcome. • Overcoming Math Frustration, 2 to 4 p.m. Wednesdays. First workshop meets Jan. 20 and 27; second workshop meets Feb. 10 and 17. • Relaxation Training Class, 4 p.m. Wednesdays beginning Jan. 13. Drop-ins welcome. • Take Back Your Body, 3 p.m. Thursdays starting Jan. 14. Drop-ins welcome. For more information or to register, contact the Counseling Center, OM 540, X/3164.

Newsmakers

PEOPLE MAKING AN IMPACT ON CAMPUS

By Carrie Van Driel

The Western Front

Imagine a world where serving others is a daily activity, less-fortunate women have a safe place to stay and women can learn how to get back on their feet through programs, speakers and seminars.

Julie Foster lives in this world as Director of Operations at the Bellingham YWCA. She focuses on facilities, finances and business, including its board of direc-

The job fell into her lap at the beginning of October when the previous director of operations resigned. Even so, this was not the first time Foster's face was seen at the YWCA

"I was on the board of directors at the YWCA and a community volunteer until I was lucky enough to get this job," Foster

She became a member of the board of directors after a friend asked her to join.

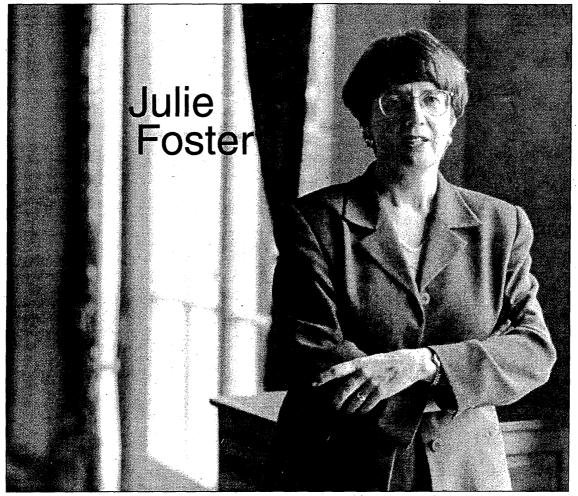
"I started working hard. I tend to like to get very involved," Foster said.

She has devoted much of her life to volunteering and serving others. She and her husband moved their family to Bellingham in 1980 to raise their two children in a small, family-friendly community.

"I was involved in the PTA, soccer fund-raising and basketball fund-raising projects," Foster

She is also a member of Soroptimists International and the Northwest Women's Hall of Fame Steering Committee.

Volunteering at a variety of places makes her feel complete as



Julie Foster, YWCA director of programs, stands in her office. Foster said she enjoys helping others in the community through her job.

a person, she said.

"I am learning lots about the human services community in Bellingham," she said.

"'It's wonderful to meet all these people, the donators, the volunteers, the women," Foster said. "I have a job that feels

The YWCA provides safe, affordable housing for 34 women for up to 18 months.

It offers a variety of programs for these women and others in the community who need a place to

"The building was built in 1913 by the Larrabee family. It has always been transitional housing for women since women have always needed a safe place to stay," Foster said. "The YWCA is a fixture in the community. The feelings around it are strong. There are definitely connections within the community. Memories are linked to the building."

A popular program is the "Back to Work Boutique," which offers clothes suitable for job-interview applicants.

"Our boutique operates out of two of the upstairs rooms. We offer complete outfits donated by the community," Foster said.

Many workshops are also offered to help the women move out on their own.

"We currently have a program on writing journals as a tool to set goals," she said.

Other workshops include a 12week course in setting boundaries and many mental health programs from the Whatcom Counseling and Psychiatric

Programs include financial advice programs, such as cooking healthy on a budget.

"It's amazing how helpful our financial programs can be, especially learning about stocks and retirement programs," Foster

The programs are all geared around the participating women's needs. The YWCA is a center for women's interests and expanding the programs to meet their wants, Foster said.

"The number of volunteers we have depends upon the day," Foster said. "I wish we had more younger folks volunteer. It would be great to have them."

No set group of people volunteer each day.

Most of the volunteers come for specific activities, such as Make a Difference Day, Foster said.

There are about 250 members and about 200 people who make monetary contributions to the YWCA for various reasons, Foster

"I am trying to focus on recognizing all the volunteers we have," Foster said. "I would like to thank those who have volunteered."

How FAR ARE YOU WILLING TO GO TO MAKE A DIFFERENCE?

JOIN US FOR THE FOLLOWING **EVENTS AT WESTERN!**

Peace Corps Video Presentations:

Tuesday, January 19 7-9 pm Library Presentation Room - and -

Brown Bag Lunch and Slide Show A Volunteer Experience in Guatemala: Wednesday, January 20 12 noon-2 pm Viking Union 408 (next to KUGS Radio)

Can't Make It?

Stop by the Peace Corps Information Table at Vendor's Row (in the Viking Union in case of bad weather): Tuesday, January 19 9 am - 2 pm Wednesday, January 20 9 am - 12 noon

On-campus interviews will be held Feb. 9 & 10. For more information or to schedule an interview, contact WWU Campus Recruiter, Jim Gunsolus at (360) 650-3017.



Visit our web site at: www.peacecorps.gov

for more information

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Tuition, pg.1

go down to Olympia to lobby for affordable and predictable

They also plan to bring the popsicle to a Western Board of Trustees meeting.

"If the Board of Trustees does take control of tuition setting, we want to show them that we are interested in keeping our tuition affordable," Cox said, adding that, ideally, they hope the students administrators at Western continue to work together to keep tuition affordable for

In the past, administrators have been on students' side in affordable maintaining tuition, Cox said; however, local tuition control could pit the students and faculty against each other.

Some students fear that with locally-set tuition, the state could become less accountable for universities' funding, and students might have to cover the costs.

"It does not seem fair to put so much of the weight of higher education on students," Western junior Erin Herman said. "There are so many students who can barely afford higher education as it is."

Tax credit benefits students, parents

By Melissa Laing
The Western Front

Starting this year, several new federal tax credits can help stu-

dents and parents reduce the after-tax cost of college.

The new tax credits are the H o p e Scholarship Credit, aimed at students



Weiss

enrolled in their first two years of schooling, and the Lifetime Credit, aimed at all other students pursuing their undergraduate or graduate degrees.

If no one claims a student as a dependent on a federal income tax return for the year, he or she may be able to claim these tax credits, according to the Federal Tax Credit Information Web site. Either the parent or the child may claim these credits in any particular year, but not both.

"When taxes come up for the 1998 calendar year, students or parents can claim 100 percent of the first \$1,000 of tuition and accruing expenses under the new Hope Scholarship Credit as long as the student is considered half-time," said David Weiss, a computer support analyst for Financial Systems Support at Western.

The Lifetime Learning Credit applies to tuition and fees for the undergraduate or graduate, or students continuing their education through college courses.

Tax payers can claim up to 20 percent of \$5,000 of qualified expenses for tuition and related fees, the maximum benefit would be \$1,000 for each tax year, according to the FTCI Web site.

"This Taxpayer Relief Act of 1997 provides education tax incentives for eligible taxpayers, which will allow them to reduce their federal income tax returns filed in 1999 or later," Weiss said.

The full amount of the Hope Scholarship and the Lifetime Learning Credits is available to those who meet standards of the adjusted gross income brackets. According the FTCI Web site, the credits are available to married tax payers filing jointly with an adjusted gross income of \$100,000 or less, and single taxpayers with an AGI of \$50,000 or less.

The new tax law mandates that every school that has chosen to participate must report all tuition information of every single student to the government. Since this is such a large job, Western has contracted a company to distribute the students' information.

"(The company) will take the raw data and put it on a Web site so that students can access the new tax information at anytime," Weiss said.

Students will be able to access their own personal files through assigned pin numbers and will be able to fill out their tax information over the web.

"Western is currently in the process of converting administrative and student systems so they can be found over the web," Weiss said.

Certain portions of the student Web will be available this fall for students to access. The finished product will not only include Hope Scholarship and Lifetime Learning Credit information, but also will allow students to register for classes, check class schedules, pay tuition and do many other school-related activities.

"We are hoping to have this new system publicized and working within the next 18 months," Weiss said.

Western is just one of many schools nationwide which has adopted the Hope Scholarship Credit and the Lifetime Learning Credit system, which allows both students and parents to regain some of the costs of higher education.

For more information about the Taxpayer Relief Act of 1997, several Web sites are available. For general information about tax credit, go to www.1098t.com, or call (887) 467-3821. The specific tax credit site for Western students is at www.wwu.edu/~stuaccts/hope.htm.

Western hires archivist for northwest studies

By Melissa Miller The Western Front

Elizabeth Joffrion was hired as Western's Center for Pacific Northwest Studies first full-time archivist on Dec. 7.

Joffrion will catalogue and process the archived material, provide reference and access to collection and work with the center's director and associate professor of history, Chris Friday, on new collections.

The center houses collections, such as records of former U.S. Congressman Al Swift and the Bellingham Bay Improvement Company, Joffrion said.

"The center has a lot of potential, and I want to make that potential a reality," she said. "The collections are very rich in materials."

Joffrion came to Western from the Smithsonian Institute's Archives of American Art where she was registrar, reference archivist and records manager.

"Joffrion has had experience with all kinds of people and archives, from state to government, government materials and individual records," Friday said. "I was really impressed with her academic pursuit."

Joffrion has two master's degrees — one from the University of New Orleans in American history and archives and records management with an emphasis on regional history; one in library and information science from the University of Maryland. She received her bachelor's degree from Louisiana State University.

"This position has really immersed me in northwest history, and I'm learning a lot from the records," Joffrion said.

She said her goals for the center are to establish administrative control, properly house the 212 collections and develop an online collection.

"She's creating a state-of-the-

art online catalog to link with the library, as well as an archives Web site," Friday said. "Access is our first priority, and by next fall the Web site will be available."

Friday said the center serves three constituents: undergraduate research, the local community and out-of-town researchers. He said the center wants to make the connection between the archives and curriculum.

He said he hopes to have the center fit all the needs of Western's departments.

"Joffrion knows the university setting, and she understands what students need," he said. "With our knowledge, we're looking to find a creative connection with the university."

Friday said the center provides hands-on training for graduate students who receive a master's in history and certification in archives and records management.

"This is another way that we can serve the curriculum by providing training for a career in archives and records management," Friday said.

In the next five years, the Center would like to have workshops about local history research and research groups.

"In the past, the center for Pacific Northwest Studies had the archives and a series of programs," Friday said. "I would like to bring the center back to that level of activity."

"We are always on the lookout for things that represent different time periods in the Pacific Northwest," he said.

Joffrion and Friday are working on receiving materials from the Whatcom Land Trust to document records that are an important part of recent history, Friday said.

"The archives now have two people who are very excited about the possibilities here and are committed to making it work," Friday said.

VIKING BASKETBALL



Friday, January 15th WWU v.s. Alaska Fairbanks Carver Gym, 7:00

Saturday, January 16th WWU v.s. Alaska Anchorage Carver Gym, 7:00

Come watch the Viking Women as they put their 6-1 home record to the test against two quality teams!







----Student Athletic Pass----

Your ticket to all the ACTION!

NEW REDUCED PRICE!

ONLY \$15.00

- Men's Basketball- 5 games left (\$4 per game regular student price)
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price)

*Pay for your pass *TODAY* at the Plaza Cashier! (then just use your WESTERN ID CARD for admission)

COME SUPPORT YOUR VIKINGS!

Grad students will act as counselors

By Lisa Bach
The Western Front

Graduate students in the psychology department's mental health and school counseling program are putting their learning and skills to the test by offering

free counseling services to the public.

The first-year graduate students will conduct counseling sessions while they are observed through a one-way mirror by department faculty.

The program begins winter quar-

ter and lasts until the end of spring quarter. The students prepare for the program fall quarter.

They take part in "intensive, technical training using role playing and conducting mock sessions," said Director of Training Clinic Deborah Forgays.

Students will benefit from "having direct client interaction early in their training in a highly supervised environment," Forgays said.

These two supervised quarters

"We want this to be an appropriate learning experience."

Deborah Forgays Director of Training Clinic

will prepare
the students
for community
internships
that will follow the program. The safe
and controlled
nature of these
s e s s i o n s
allows students to ease

into the clinical atmosphere so they may be better prepared to face more unpredictable situations.

See Help, page 6

Western to consider observing Veterans Day as holiday

By Holly Hinterberger

The Western Front

Western is the only public university in Washington state that does not observe Veterans Day by dismissing classes and granting a paid holiday for faculty and

A ceremony was given in honor of veterans Nov. 11, 1998 at Western. Though the ceremony was well done, many students felt it was not enough, Jen Stratton, coordinator of Western's Veterans Outreach Center, said.

In response to student and faculty concern about Western's observance of Veterans Day, President Karen Morse has assigned Elizabeth Schoenfeld, executive assistant to the president and provost to organize a committee to evaluate Western's policy.

The committee is meant to bring a diverse group of people together to think about Western's current observances and if they should be changed to better honor veterans, Schoenfeld said.

The day off from work and school isn't necessarily the answer to solving the issue, Schoenfeld said.

"The purpose of the committee is not to decide whether or not to grant a paid holiday," Schoenfeld said.

Because it is early in the planning phases, Schoenfeld is unsure of the process the committee will follow. She estimated 10 to 15 members will meet three to four

Schoenfeld said the committee will look at Western's policies and evaluate them, as well as research other universities' practices around the state and nation. She said she hopes the committee will reach a decision by the end of spring quarter.

"It will be a broad look at how we recognize veterans," Schoenfeld said.

If the committee decides to observe Veterans Day by granting a day off to students and faculty, it is unlikely to take effect in 1999. Because faculty and staff members work within strict confines of unions and contracts, Schoenfeld said, any activities or ceremonies Western plans will occur next year.

The committee will be comprised of faculty, students and staff - both veterans and non-veterans. Schoenfeld has contacted the Associated Students and the V.O.C. for volunteers.

Stratton has been pushing for change in Veterans Day policies at Western. The V.O.C. has three proposals to offer she said.

Through the center, Stratton said she sees many of the veterans who attend Western and said she feels it is unfair they have to attend class on Veterans Day; they don't receive the recognition she thinks they

"Veterans shouldn't have to shout for recognition ... they aren't going to toot their own horn," she said.

Treatment of veterans at Western is less than acceptable, Stratton said.

"If a reservist is called up for duty, they have to reapply to Western and pay readmission fees," Stratton said, commenting on the parallels between student athletes who often miss the same amount of class time as reservists, but do not have to

Non-veteran students are also affected by Western's policies because they do not have a choice in the mat-

ter, Stratton said. Staff members, however, have been a part of the decision to not observe Veterans Day as a paid holiday.

Instead, Western's staff gets Dec. 24 off. Stratton



Veterans salute the flag at last quarter's Veterans Day celebration at Western.

said she feels it is wrong to recognize a religious holiday over an American holiday, such as Veterans Day.

In 1992, Staff Employees Council President April Markiewicz was asked if staff members had a problem with the way Western observed Veterans Day. After a preliminary survey of veteran staff members, the council opted to keep their paid holiday Dec. 24, she said.

Many veterans who spent the holidays away from their families while serving preferred to maximize their Christmas holiday at home, Markiewicz said.

The issue was brought up again in 1997,and the council decided to keep the system the way it was.

Markiewicz said she and the council serve as a messenger for the staff.

"If it is the will of the vets to have Nov. 11 off, then we will support that 100 percent. And if it is their will to have Dec. 24 off, we will support that 100 percent as well," she said.

Lost Nessie e-mails still easily retrievable

By Kristen Hawley

The Western Front

Students whose e-mail files have disappeared during the server switch from Nessie to Titan do not have to worry; their old messages are still around and are easily retrievable, said Brent Faber, the assistant administrator for Western's Administrative Computing Services.

User Services fixed problem immediately after students logged on to their e-mail accounts between Christmas and New Year's noticed their empty in-boxes and complained, Faber said.

Faber said the students' in-box messages, referred to on Pine as the "m box," appeared

to be erased after the switch to

The messages are still in the students account Faber said, but they are located in the user's main directory.

Pine can only look for messages in the user's mail directory,

which is actually a subdirectory of the user's account, Faber said.

Therefore, Pine cannot read the old mail, which is now in the main directory of the student's

To retrieve the misplaced m box, students simply type "mv mbox mail" at the Pine prompt, and when a list of the account folders appears, the m box will show up, containing all mail in Academic Technology and the in box prior to the system switch.

"Students can

access (the m

box) just like

any other folder," Faber said.

"All the mes-

sages are still

students can

contact either ATUS or the

Administrative

Computing

Services for

help if they do

not feel com-

Faber said

there."

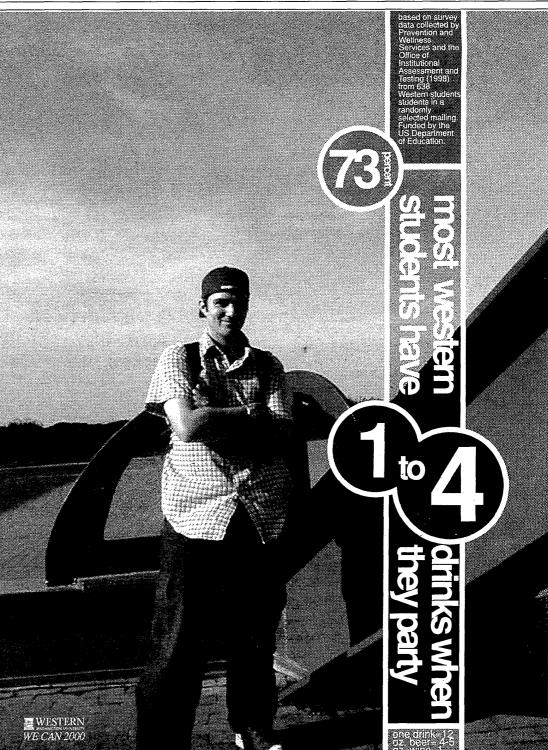
"Students can access (the m box) just like any other folder. All the messages are still there."

Brent Faber Assistant Administrator for Western's Administrative

Computing Services

on their own. ATUS can make the m box show up as a separate folder, while Adminstrative Computing Services can add the old messages that had been lost to the user's new in-box.

fortable with moving the folder



Publicity center wins design award

By Mike Walker The Western Front

Two students won first place for their posters at last November's Pacific Northwest National Association for Campus Activities' annual graphics competition in Portland.

"The conference is a place for people who organize campus activities to go and view tons of entertainment and a lecture series to get an idea of what's out there and to get in touch with their agents," said Carlie Williams, an account executive at the Associated Students' Publicity Center.

"There is also the poster contest," Williams said. "They have two divisions: Student-designed and faculty-designed, with two categories in each division. Western won both of the student-created awards, the single-color and the multicolor."

Skye Williamson designed the poster that won the single-color category.

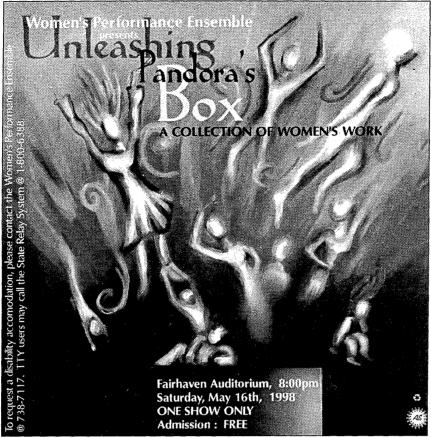
The poster advertised the film "Apocalypse Now" October 15 at Fraser Hall.

His poster is colored a blurry grey, indicative of the intense war feeling the movie portrays, and has faint helicopters in the distance.

He won the contest last year as well, but did not initially know of its existence.

"I didn't choose to enter anything," Williamson said. "I didn't even know competitions like these existed until I found out I won last

A recent graduate of Western, Jennifer McGlinchy won the first-



Courtesy of the A.S. Publicity Center

place award for multicolor posters.

McGlinchy designed a poster for
"Unleashing Pandora's Box," a
Women's Performance Ensemble

presentation at Fairhaven Auditorium last May.

Her poster portrays images of white silhouettes of women jumping and bursting out of a large box.

Unfortuately for the designers, the Publicity Center accepts and keeps the awards, Williamson said.

"I don't even get to keep a copy of the award," he said.

Five states were represented at the conference: Alaska, Idaho, Montana, Oregon and Washington. Western typically wins a respectable number of awards from the annual competition, Williamson said.

Western's Copy Services printed both of the posters, which the students created while working for the Publicity Center.

The center also creates student-designed banners, press releases, logo and graphic designs, and more for a nominal fee as a service to local students, their organizations and some of Western's academic departments.

The Publicity Center is located in Viking Union 114, next to the Outdoor Center and AS Productions.

Students win award for designing functional products out of waste

have are a never-

ending stream to

work from. "

Arunas Oslapas

Industrial design student

By Janis Yi

The Western Front

What started out as a class assignment led by Arunas Oslapas, the professor of the industrial design course at Western and two of his students, Mike Ashe and Koen Schold, placed in the Fourth Annual International Design Resource Awards Competition, for invention of products made from recovered and recycled scrap materials.

Oslapas, Ashe and Schold will have their entries displayed at an exhibit and awards

"The material we

played at an exhibit and awards assembly on March 4 in Seattle's One and Two Union Square buildings.

The awards were announced late last summer.

"What people don't understand is products from recycled material can be just as useful and beautiful as a product made from virgin material," Oslapas said.

Oslapas won second place in the professional category for his metal

baskets and receptacles woven from recovered steel banding. The baskets are indestructible. Steel banding is used for palletizing lumber.

Most of the banding was donated from various businesses

Oslapas began the project in January 1997 and worked on the design and production for about a month at home in his shop.

"The materials we have are a never-ending stream to work from," Oslapas said.

Oslapas has competed in the competition for three of its four years.

Oslapas has also received an honorable mention for his idea about a garbage park — an idea to turn landfills into parks so students may study the material and garbage.

A senior industrial design major, Ashe earned firstplace student honors for his recycled glass switch and outlet plates, which were molded from crushed bottles.

"The first outlet plate I made I molded the glass too tightly around the mold that the glass pieces wouldn't come off the mold," Ashe said.

Tri Vitro, a glass-recycling company in Seattle, donated most of the glass Ashe used in the

Ashe believes this competition will be a great asset to him and his future

Ashe plans on doing an internship in Italy, then moving to Seattle to pursue a career in interior design.

Senior industrial design major Koen Schold won second place in the student category for his outdoor lighting made mostly from ABS pipes, which are black thick pipes used mostly for drainage.

"I made the lighting to be easily disassembled so it can be recycled," Schold said.

The design and production of the outdoor light took about six weeks, the first two weeks being spent on the design. Schold said he wanted to use the simplest and most readily available material.

Schold plans on going into interior design and is considering a double major in fine arts.

The exhibit is on tour throughout the country, and the award-winning projects will reside in the New Museum of Sustainable Design, which is under construction in Seattle.

Birnam Wood gas turned on

By Julie Graham

The Western Front

After 12 days of microwaves, sandwiches and pizza, Birnam Wood residents will have the gas to their stoves turned back on Monday, said Kay Rich, University Residences director.

The natural gas was turned off after Physical Plant workers detected a minute amount coming from the regulators of several stoves, Rich told more than 40 residents who attended a community meeting at Birnam Wood Sunday evening.

Members of the Environmental Health and Safety Office checked the air quality in apartments for gas and found no problems, Rich said.

When Western contacted the Bellingham Fire Department and Cascade Natural Gas for more information, officials learned of their zero-tolerance policies. Any leaks and the gas goes off, Rich said.

Last Thursday, Western received verification from Sears, which manufactured the stoves, that the measured gas vents from the stoves' regulators. This miniscule amount of gas is both normal and within standard operating procedure for the stove, said James Holgate, senior mechanical engineer at the Physical Plant.

The regulator controls the flow and pressure of gas, similar to the accelerator in a car, Holgate said.

"If X amount comes out in a leak, that's different than Y coming out in appropriate venting," Rich said, explaining that both the fire department and Cascade Natural Gas had given their approval to turning the gas back on.

"My understanding is that even if you held a lit match to (where the regulator vents), (the gas) would not ignite," Rich said.

"It's appearing now that there wasn't really a problem, but it wasn't the kind of thing you want to take a chance on," she said.

Safety remains the top consideration for the Western, Rich added.

University staff will go through each apartment and turn the stoves back on, said Mike Bartosch, facilities manager for University Residences.

"Anytime we're going to find something unsafe, we're going to immediately turn it off," he said.

A flyer left in each apartment after the stoves were turned on explained that holidays made it difficult to get timely information and the university did not immediately receive accurate information.

The flyer also apologized for any inconvenience students experienced while the stoves were turned off.

The university provided brand-new microwave ovens for each apartment during the shut-off. The microwaves will become a permanent part of each apartment.

Some students liked the microwaves, others didn't, Rich said.

Students had their own views of the situation.

Rich said the university had received approximately 20 appeals from Birnam Wood residents about the situation.

Justin Steinhoff, a junior, said he was concerned about the lack of preparation and knowledge by the university and communication with the residents.

"I am a little bit worried about (the venting)," he said, explaining there had been a gas pipe explosion near his home over winter break.

Several students who attended the meeting echoed his views and said not having stoves had seriously inconvenienced them.

Help, from page 4

Faculty will screen all prospective clients to provide a safe and secure environment for both the student and the client, Forgays said.

The first session is a further evaluation of the client.

"We want this to be an appropriate learning experience," Forgays said.

Students see a variety of clients, including children, families and couples, which helps them choose an area of expertise they will develop in their schooling Forgays said.

The students are prepared to counsel clients dealing with a broad spectrum of life issues, including depression,

anxiety, relationships and child-rearing.

"This is not just an intake experience," Forgays said. Both student and client ben-

efit from this program. The students gain real clinical experience from clients taking advantage of the free counseling services, she said.

These services have been advertised on local radio stations and in brochures at the YWCA and charities.

Meredith Jacobson of the psychology department receives referrals in Miller Hall 266.

The phone number is (360) 650-3184.

Western, county to manage old-growth forest

By Darcy Spann and Lisa Bach The Western Front

Whatcom County Executive Pete Kremen and Western President Karen Morse signed a joint county/university agreement Dec. 7 to manage the 2,300-acre Canyon Lake Creek Community Forest and watershed in Whatcom County.

A ceremony at the Whatcom County Courthouse celebrated the unique partnership involving Western and Whatcom County, both of whom will act as stewards of the Canyon Lake Creek Community Forest and watershed.

The watershed, located 25 miles from Western near Canyon Lake Creek, was intended for logging purposes by Crown Pacific, a Portland-based timber company.

With assistance from the Whatcom Land Trust, a total of \$3.7 million, less than \$300 per acre, in public and private funding was acquired to purchase the forest, securing its preservation for public recreation, scientific research and environmental education.

The Paul G. Allen Forest Protection Foundation served as the major contributor, providing \$1.85 million, along with an anonymous donor who provided \$1 mil-

At a Sept. 29 meeting, the Whatcom County Council voted unanimously to provide the final \$700,000 necessary to make

"This is a glowing example of a true partnership between public and private sectors ... where everyone benefits," Kremen said.

"Protecting this forest is the right and smart thing to do for the citizens of Whatcom County and Washington state," he said.

A 600-acre portion of the purchased land is ancient forest, one of the oldest native forests remaining in the state, with trees between 800- and 1,000years-old, forestry experts estimate.

"With trees that were alive during the Middle Ages, the Canyon Lake Creek watershed is a place of awe and wonder," said Whatcom Land Trust board member Rand Jack.

Jack also said the Canyon Lake Creek watershed is the most ambitious and important project the Land Trust has ever undertaken.

As a result of the purchase, Western students and community members have a unique opportunity the area, Morse said.

"The land is ours to protect, to enjoy, and to learn from," Kremen said.

Assisting the county and Whatcom Land Trust in the management and preservation of the forest will be Western's Huxley College of Environmental Studies.

A committee comprised of two members each from Western, the county, and the Whatcom Land Trust will manage the land. Together, these groups will oversee environmental education programs, as well as

Kendall Lynden Demina **Old Growth** Mt. Baker Hwy. Bellingham

Front Graphic/Ben Stabler

to experience and research The protected forest lies east of Deming, northeast of Bellingham.

ensure that research, education and recreation activities are not ecologically degrading, Jack said.

Jack also said he hopes a broad spectrum from Western will become involved.

Huxley Dean Brad Smith said he appreciates the unique research potential of the ancient forest.

"No other university I know has a resource like Canyon Lake Creek community forest just 25 miles from campus," he

"It's terribly exciting to know that Western students ... will have access to this natural laboratory," he added.

"Western is grateful to the Whatcom Land Trust for its efforts to preserve this ancient forest, which offers a unique educational opportunity for our students," Morse said.

"We are conscious of the honor and the great responsibility bestowed on the university and the county as stewards of this community resource," she concluded.

ClassFinder earns award for improving efficiency

By Melissa Miller

The Western Front

Western's ClassFinder program was chosen as one of 100 "best practices" for improving efficiency at public four-year colleges and universities at the American Association of State Colleges and Universities' annual meeting in November.

The ClassFinder program has been available since fall quarter 1997 and is a search engine for Western's Internet site that aids students in class registration. Students can enter their preference for academic department, GUR requirement, number of credits or day and time, and the ClassFinder gives a list of open classes for the given criteria.

"Perhaps a dozen campuses in North America have something like this program. It is certainly the most open and easiest to operate of any I've seen," Academic Advisor Tony Gulig said. "What ClassFinder demonstrates is that students are often the best judges of what they need."

Gulig developed the idea of the ClassFinder in June 1996 and brought it to associate professor of computer science Jim Hearne's Internet practicum class.

Chris Jensen, now Western's web services supervisor and Rick Lindal designed the program over the course of a summer quarter, Jensen said.

Jensen and Lindal developed Gulig's concept by creating a search engine that takes information from the registrar's database which is updated every 10 minutes, Jensen said.

"The main focus was to make the process of registering more efficient for students," Gulig said. "It also helps faculty and advisers never had before."

make suggestions for student registration."

The Class-Finder replaced the closed-circuit television broadcast screen that ran a list of open classes, Iensen said.

"At the time, the closed-cir-

cuit broadcast was the only thing available to check classes unless you talked directly to the professors," Jensen said. "Now the

ClassFinder allows you to select any course and see what sections are open. It supplies what we've

"Perhaps a dozen of 1997, the online campuses in North America have something like this program"

> Tony Gulig Academic Advisor

During the fall version of the catalog course was added as a link the to ClassFinder add course descriptions for students.

Jensen has also made the program six times

faster than the original version to speed up searching time, he said.

Jensen said that since the beginning of winter quarter, almost 200,000 searches have taken place on ClassFinder. That is almost double the 96,700 searches from fall quarter 1998, he said.

"I didn't think it would be used this much, but it has made registration run more smoothly and has eliminated a lot of adding and dropping of classes," Jensen

Gulig said he hopes the recognition of this program shows the effort Western is putting toward students and academic services.

Jensen said he believes this recognition may alert the state that Western has something really efficient here, and other state colleges may be able to develop similar programs.

Ariel Coleman, sophomore, said using the ClassFinder has been a great assistance in her registration because it has been here since she started attending Western.

"It allows me to see what's available for classes, and I can check it from my computer at home, school or work," Coleman "I was able to help my roommate register from another

Jensen said the ClassFinder can be very useful for freshmen looking for open GUR courses. The ClassFinder also contains information about classes that because they were added after the timetable came out, many students may not know about.



beating



By Nick Haney
The Western Front



Photos by Tim Klein

(Top) During this three-and-a-half-hour bypass surgery, Dr. Linda Leum Anes monitors the patient's vital signs. (Above) Cardio Vascular and Thoracic Surgeon Jim Douglas performs "keyhole" bypass procedure. (Below) Dr. Douglas prepares for surgery.

St. Joseph recognized for heart surgery procedure

B ellingham's St. Joseph Hospital's heart surgery program is among the top 5 percent in the nation for its bypass surgery success rate.

Jim Douglas, chief heart surgeon at St. Joseph, credits the success of the program to dedication on the parts of St. Joseph's surgery and nursing teams as well as a hard-working support staff.

"They do an outstanding job, and this is proof," Douglas said.

Patient data analyzed by the Society of Thoracic Surgeons shows the bypass surgery mortality rate at St. Joseph is 0.46 percent. Based on statistical modeling, the expected mortality rate is about five-times higher, 2.38 percent.

This performance report for St. Joseph is better than 95 percent of the more than 600 hospitals participating in the study, which

included major medical centers.

The study analyzed data for the 659 bypass surgeries performed at St. Joseph Hospital since the heart surgery program began in July 1994.

"You can't say we do just the easy cases," Douglas said. "We perform bypass surgery on an equal proportion of patients with multiple, serious risk factors, such as diabetes, asthma and a recent heart attack."

The data showed that St. Joseph performs heart surgery on patients just as sick and with as many risk factors as those who have bypass surgery at large medical centers.

The hospital would like to offer its success rate not only to Whatcom County residents, but to anyone who is in need of the surgery.

"We would like to offer the heart program to Canadians who have been waiting

for the surgery there," said Judy Smith, director of community relations at St. Joseph. "Also, people from Skagit and San Juan counties should come here rather than traveling to Everett or Seattle."

St. Joseph's cardiovascular program includes heart valve surgery, which is more complex than bypass surgery.

"The program's success comes from a team of excellent surgeons headed by Douglas," Smith said.

St. Joseph was the first hospital in western Washington to perform a "keyhole" bypass procedure, in which surgeons work on a beating heart through a small chest incision without using a heart-lung machine. Douglas performed the first minimally-invasive direct coronary arterial bypass (MIDCAB) procedure at St. Joseph in 1997.

"You can't say we do just the easy cases. We perform bypass surgery on an equal proportion of patients ..."

Jim Douglas Chief Heart Surgeon at St. Joseph Hospital



Fairhaven

from page 1-

are unnecessary.

Regarding the personal attacks on professor Takagi, Magan said, "I happen to disagree — she has been one of the best professors I have taken classes from at this school."

Anonymous notes used to raise awareness have been tolerated in the past; recently, though, these postings have slid into personal attributions concerning faculty, Eaton said.

As a result of the note, in the future, "Anything that borders on a personal attack will be taken down," she said.

Eaton said she feels that although the note is of concern, the larger issue facing the college will involve a selfexamination of the incidents and personal attacks that have occurred within the last six months.

She said Fairhaven's curriculum encourages discussion of controversial issues; heated arguments and opinions are bound to surface.

The question she said she wishes to examine is whether or not the college is doing something to condone the type of harassment taking place.

Eaton said the group responsible for the harassing notes did something extremely inappropriate and clearly in violation of Western's harassment policies.

She said punishment for these actions will follow university policies, and she is confident this action will be sufficient; therefore, no plans are under way to enact new policies within Fairhaven College to control the harassment and punish the offenders.

At Sunday's meeting, approximately 20 students and faculty gathered to not only discuss the effects of the negative behavior, but to explore new methods of teaching respect and tolerance of other opinions by building new strategies for use within the curriculum.

A few suggestions raised by Eaton to foster a sense of community and overcome the atmosphere of division include respecting each other's individuality, avoiding blaming statements and practicing non-judgmental listening.

She said faculty and students must learn not to drop a hot issue and expect there to be no more opinions about the matter, making students feel they cannot speak openly in class.

"[We] need to be more thoughtful and overt," she concluded.

"How we use the definitions of race, class and gender vary within the college," faculty member Larry Estrada said, suggesting that a clear definition of these terms would help in understanding the opinions of others.

Student Jesse Marden agreed, saying, "We must openly deal with issues — but first we must clarify as a community what those issues are."

Estrada said he felt this problem has escalated because of failure to address the basic problem of miscommunication.

He said that race, class and gender are sensitive issues; everything else is being done, except identification of a solution.

"I think Sunday's meeting was a really good, positive sign of support that students, faculty and staff participated," Takagi said.

"It's hard to come up with a total solution in one day, but it was a beginning, and I think as long as we continue to put our ideas into action, things may really change around here," she concluded.

(See color photos on The Front Online.)

Better Study Habits:

Tip

As many as three students can with a tutor,

By Kristen Hawley The Western Front

After receiving fall quarter's report card, a New Year's resolution to change study habits may be some students' plans. Western has several resources to help achieve the is resolution.

For students with math and science woes, the Tutorial Center in Old Main 387 offers drop-in hours and scheduled appointments with tutors. The center features tutoring in study skills, effective time management, test and note taking and reading textbooks more efficiently, Tutorial Center Coordinator Kim Ragsdale said.

The center's tutors ask students questions that will lead them toward finding answers, rather than simply providing the correct solutions, Ragsdale said.

"We want people to leave feeling like they can tackle a problem on their own," she said. "We won't be there for the tests."

The Tutorial Center offers tutoring in math 99-115, math 156 and 157 and first-year chemistry, physics, biology and geology. This quarter, tutoring is also available for philosoTips for making the grade at Western

The foundational service of the Writing Center is one-on-

As many as three students can make an appointment for a 50-minute session with a tutor,"Ragsdale said. Students may also choose to attend drop-in hours, which feature five tutors circulating the room to answer questions. Both methods can be beneficial to students with questions about assignments or readings, she said.

The Tutorial Center is open from 8 a.m. to 5 p.m., Monday through Friday, and it also offers evening drop-in hours from 6:30 to 8:30 p.m. in Bond Hall 201. Students may also access services on the center's Web site at www.wwu.edu/~tutorctr.

The University Writing Center, located in Wilson Library 342, may provide help for students struggling with big

The Writing Center offers students assistance with course papers, essay exams and even job applications or resumes. Students can drop in or make a 25- or 50-minute appointment with a writing assistant.

"Students learn to edit papers themselves," said Writing Center Program Supervisor Roberta Buck.

Students may also choose to come in for help without a draft when they are trying to get started or are having trouble choosing a topic, she said.

one, reader-to-writer assisted communication," Buck said.

Online conferences are also available to students on the Writing Center's Web site at www.wwu.edu/~writepro. Students who are not able to bring a draft in to the center may submit one online. The Web site also has information from handouts offered at the center.

Students who are having trouble choosing a major or organizing a class schedule may seek out assistance from the Academic Advising Center in Old Main 380.

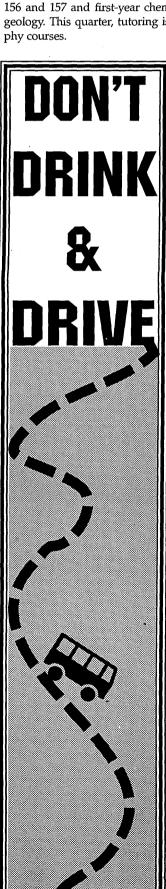
The center has both peer and professional advisers who can help students set goals and organize schedules, said Yolanda Mingé, associate director of Academic Advising Ser-

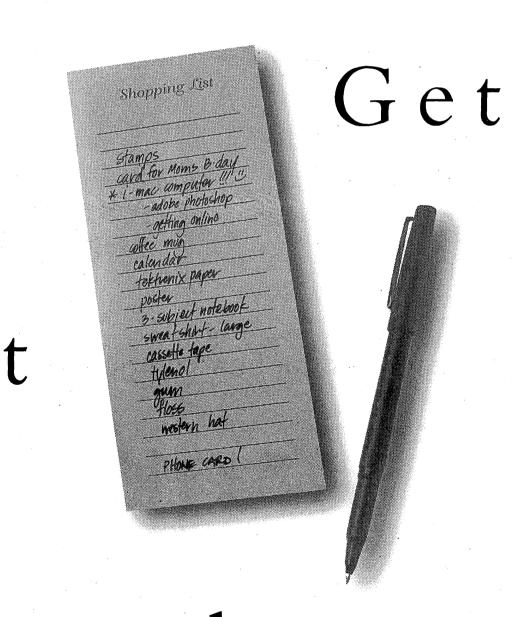
The center has an outreach program for students who are either on probation or who have 120 credits and have not declared a major, Mingé said.

"We serve as the net to catch students and make sure they are making progress," she said.

Mingé said she always stresses the importance of seeking help early, setting goals and, if necessary, making a New Year's resolution to achieve academic success at Western.

Above: Sophomore Reed Baker studies in Haggard Hall.





here.

SELECTED MERCHANDISE

(Does not include University textbooks)

the ASSOCIATED STUDENTS BOOKSTORE

The smart choice for convenient shopping. The Associated Student Bookstore is your source for school supplies, art supplies, computer supplies, snacks and clothing. Get it here.

Your bookstore

What's your New Year's Resolution? Cike it's

"Pull good grades; try to stay in shape; quit smoking."

Mitchell Lee, 18, freshman, business major





"Try to get in shape because I'm going to try to climb Mount Baker in May. Also, to do well in school."

Laura Van Natta, 19, sophomore, undeclared

"Be tolerant for the bureaucracies of college."

David Harrell, 3rd-year student, biological sciences major





"Be more organized in school by keeping up with homework and going to class regularly."

¹ Lee Laney, 20, junior, biology major

"Utilize my time more wisely by planning ahead — be more organized mentally and physically. Also, to be more outreaching and not so sensitive. Have fun in school and live it up to the fullest."



James Abuan, 22, junior, exercise science major



"To have more fun and stop studying so much; it's my time to party."

Ali Ham, 21, senior, speech pathology and audiology major

Compiled by Sarah Miller



a new you.

Here are a few tips on how to stick to that 1999 New Year's resolution. Time to kick old habits and make a change. Good luck!

Sticking to it ...

By Mia Penta The Western Front

On Jan. 1, 1999, Western junior Tate Mason said he vowed to read more books. Junior Kristen Slane said she promised to drink less Pepsi. Senior Michelle Foster said she swore to spend less money.

New Year's resolutions are notorious for being broken. Yet many Western students seized the opportunity to wipe the slate clean and resolved to somehow better themselves during the upcoming year.

Why are New Year's Resolutions being made when it has been proven they are usually broken?

New Year's resolutions are appealing because they give people a set time to re-evaluate their lives, said Angela McKinney, member of the Will Act For Change Lifestyle Advisor Pro-

"We create a holiday to look at life, and to look at what we aren't doing well and what we can improve," McKinney said.

Slane decided to bring water to school every day — instead of buying her daily Pepsi — after she realized how much pop she consumed last quarter.

"It's not exactly a New Year's resolution," Slane said. "I just wanted to start being healthier."

Every year, eating better and exercising are popular New

Year's resolutions, but Positive Body Image Lifestyle Advisor Shannon Keeney warns against "making resolutions just to become a certain size," rather than to become healthier.

Keeney said dieting doesn't work, since eating less suppresses the body and metabolism. She said as soon as a person stops dieting, he or she will actually gain more weight since "your body is not ready for that much food."

Positive Body Image emphasizes mental health and encourages people to do things for themselves, Keeney said — an attitude that everybody could incorporate in their lives.

"We help people to see the way you are is the way you are supposed to be, and that's good," she said.

"A lot of times, our daily life and ideals aren't in correspondance," Candice Wiggum, Western counseler, said.

"Maybe we need to change our ideals, or our daily life can be changed to bring them more into correspondance."

Mason said his resolution is to read more literature, rather than just textbooks and the sports page.

He said he plans to spend more time at bookstores and at the library.

"I want to surround myself with books," Mason declared.

"There should be a mid-year evaluation time when we are out

of the holiday mode, so we can look at our resolutions again, since we usually don't stick to them," McKinney said.

"We should be looking at resolutions all year," Wiggum agreed.

Junior Melissa Kacel offered a solution she came up with for those who, like herself, can't seem to stick with their resolutions.

"I resolved to make monthly resolutions," Kacel said. "After the end of January, nobody sticks to their resolution. February comes around and you can make a new one."

Wiggum suggests two steps for making resolutions: "Figure out, 'what's my goal and what are reasonable ways that fit into my lifestyle to help me reach my goal?"

Foster's New Year's resolution is to spend less money and save more, since she is hoping to travel to Germany this summer.

"I always buy mochas in the morning and end up taking \$5 out of the cash machine every day," Foster said.

To avoid the temptation of the extra dollars in her pocket, Foster plans on leaving her cash card at home and said, "I'll make my own coffee at home."

"Pick a realistic resolution," McKinney advises. "Base it on your own heartfelt attitudes, not on what society thinks."

Good luck to all those who made those resolutions. Those who didn't, maybe next year.

No Pain
No Gain

By Alyssa Pfau

The Western Front

The holidays are over; the damage is done. Not only is the average American more in debt, but they're also carrying a few extra pounds — extra weight that drives people to crowd the gym this time of year.

Bellingham is no different from the rest of the country; health clubs in and around the area are buzzing with increased business.

The people in the gym work out almost vindictively, as if to get back at the weight gained during the holidays. Beads of sweat drip from their skin, their lips are formed in a straight line with no hint of emotion and their eyes are glazed.

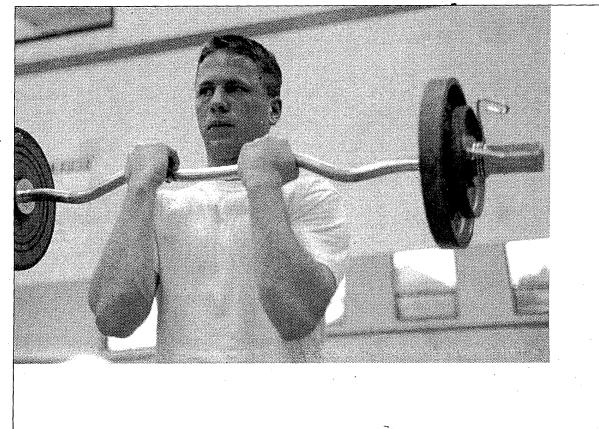
It's a different sort of crowd this time of year, long-term members say. There are a lot of unfamiliar faces — faces that come to the gym faithfully for a month and then disappear.

Western professor of communications Bob Bode is often seen working out at Gold's Gym, and said he is not among the people who will crowd the gym for the next month.

"It is important to develop a long-range plan where you can chart progress in terms of overall conditioning," Bode said.

If losing weight and staying in shape is a New Year's resolution, long-term gym addicts have suggestions.

A New Year's resolution may get people in shape but



Front/Erin Fredrichs

Brendan Bold pumps iron two or three times a week to stay in shape at Lou Parberry Strength and Fitness

"I figured out New

Year's resolutions

don't work, so I

made it my

lifestyle to work

out and eat right."

Christine Arend

Western senior

Rates to get in shape

Carver Gym student rate: \$32.34 per quarter, \$60 for two quarters, and \$80 for three quarters

World Gym New Year's special for students: sign up for a year and get a year free. This special is going through the end of the month and is good if you bring a copy of this article. Cost for the year is \$399.

Gold's Gym student rate: \$33 a month, New Year's special for students: zero down and first month free; valid through the end of the month with a coupon. Coupons can be picked up the campus bookstore.

Bellingham Athletic Club student rate: \$99 per quarter.

won't keep them there, said Christine Arend, a Western senior who works out at World Gym.

Getting in shape and staying in shape are two different things — the latter requiring commitment, she said.

"If figured out that New Year's resolutions don't work so I made it my lifestyle to work out and eat right," Arend said.

Western senior Scott Middleton recently made it his goal to get in shape and said part of the challenge for him is staying motivated.

"I am in a rhythm — I almost feel guilty if I don't go to the gym," Middleton said.

"It is about developing a habit," he said.

Working out with friends and using the buddy system is another way to stay committed to a workout plan, some gym members said.

"I perform at a higher level when I work out with friends," Middleton said.

"If you have a partner to work out with, it makes it a lot easier," Western senior April Oswalt said.

It was important for her to join the gym where her friends worked out, she added.

When choosing a gym to join, members say the most important thing they looked for was a gym that met their needs.

Some students chose a particular gym because of price or proximity to their homes, while others looked for a gym that offered a wide variety of activities in order to hold their interest.

"(Bellingham Athletic Club) was my wife's only choice—here you get the full spectrum," said James Baker, a student at Skagit Valley Community College.

Baker said he likes the large variety of activities; the club has everything from swimming to racquetball leagues.

It's a little pricier than other health clubs in the area; however, for Baker and his wife it was worth the extra money, he said.

Western's Carver Gym is the cheapest for students to join, with rates of \$32.34 per quarter and even better rates for consecutive quarters.

One benefit of joining Carver Gym, besides price, is the location, students said.

"I can come to Carver in between classes and don't have to make a special trip to the gym," Western sophomore Brett Robinson said.

Students who work out at Carver said the crowds are sometimes a little unbearable, especially at midday, but they are outweighed by the price and convenience. Although the price is right and the loca-

Although the price is right and the location is good for some, other students said Carver Gym doesn't have enough equipment for the number of people.

Second to Carver Gym, World Gym is a popular choice for students. The price is a little less than both Gold's Gym and Bellingham Athletic Club, and offers more equipment than Carver Gym.

"I joined World Gym because it was the most complete for the lowest price," Western senior Mark Isackson said.

World Gym's popularity is obvious by the number of people in the gym, especially in the evening. Members said the gym is a little more crowded now than during the rest of the year.

A reason for joining Gold's Gym and not World Gym is members get the same equipment, if not better equipment, without the crowds, members of Gold's Gym-said.

"World Gym sells more memberships than they can accommodate," Bode said.

Although Gold's Gym costs more than World Gym, the equipment is new-generation. The club is also very clean and has good air circulation, which helps your overall workout, Bode said.

Going for the Golden Years

By Michelle Rennie

Special to The Front

Even before dawn, the devoted men and women who work out at the Bellingham Athletic Club arrive. With their entrance, the club begins to stir.

At first, the noises are single and isolated. Then, like an orchestra tuning up, a cacophony of mechanical sounds begins: computerized pings as programs are entered into the treadmill keypads, pneumatic hisses from the stair machines and the whirling whooshes of the rowing machines are spiced with thuds of metal plates from the Cybex equipment.

At the other side of the club, the weight area is a world unto itself. The tempo

slows down as if both frenetic movements and machine noises banned.

Sounds resonate more deeply, almost muffled: the thump of a dumbbell hitting the mat and the leaden, clanging of plates being lifted onto the bar intermingles with deep huffs and primal grunts.

Here stands Ed May.

He faces the overhead lateral machine, his image reflecting from several points along the

full wall of mirrored glass and mirrored columns that run up to the ceiling.

Glints of dull silver flash rhythmically in the mirror as he extends his arms upward and outward and pulls down with measured movements.

Muscles tense, harden, strain and then slowly relax — ten reps, three sets.

The image reflected in the mirror shows the results of a lifetime of physical dedi-

May stands 6 feet 2 inches and weighs the same as he has for the past 15 years -205 pounds.

He is wearing a short-sleeved, white Tshirt, gray-heather jersey shorts, a leather weight belt and white socks and athletic

The mirror shows no paunch under his T-shirt. His brown hair, shot with silver, is clipped close in a military cut.

May is a club regular, working out at least four mornings per week, usually five. He works through his hour-long routine with the steady, lubricated rhythm of long-established practice.

This may not be the only time today he will lift weights.

Many afternoons, he will work out again at the waterfront apartment, where he lives with his wife of 58 years.

As a healthy 84-year-old, May knows the value of being what he calls a "physical culturist." His interest in lifting weights was

sparked in 1930 when he saw an advertisement for strongman Edward Liedermann in a magazine.

The tall, slim 16-year-old school student from Friday Harbor, Wash. wanted to "build up a bit," he recalls.

"I sent back to York, Pa., for a set of weights from York Dumbbell Company," he chuckles. "The weights were cheap -\$10 or \$12 — and weighed 150 pounds. The shipping to Friday Harbor cost \$12.50."

After high school May worked for two years, then enrolled at the University of Washington in the pre-med program. He spent his summers back home in Friday

Harbor, working in the hay fields and at the town's two canneries, earning his tuition, room and board.

One summer, on an impulse, he and a friend rowed to Victoria, British Columbia — about 16 miles. They slept on the beach and rowed back the next day.

In 1940, May left the university and, that same year, married Catherine Selander, who was teaching in the biology department at UW.

They moved to her hometown of Bellingham, where their first child, David, was born the following year.

With a young family to support, May couldn't afford to go to medical school, so he took a job working on the fishing

That didn't leave a lot of time to lift

"If you live a life

that's healthy,

well, it all adds

up with more and

more years to

your life ... "

Ed May Long-time weight lifter

weights, so he took his set of resistance cables on the boat with him, and whenever he had free time, he exercised on deck.

"All the fishermen thought I was crazy, but it got the best of some of them," May says.

big Swedish fellow there. He must have

about four cables on. And he says, 'Ed let me try those," he chuckles, and his eyes crease slightly as he remembers the

"He got those cables out and tried to pull them, and he couldn't do it. So he took a cable off, and he still couldn't do

May quit working on the fishing boats in 1948 and bought a retail fish store. He probably would have stayed there if that fellow from Ferndale hadn't come along.

"The fellow was a mink farmer, and he said he would raise some mink for me if I gave him the fish scraps. And that worked fine — until he had a heart attack and his wife decided she couldn't keep all those mink," May says.

age of \$75 each, and May was sure it wouldn't be long before he made a million dollars.

he continued running both businesses. By this time, he and Catherine had four children and he continued to work out and joined the YMCA.

"After I got started, they wanted to know if I'd like to teach the weight lifting, so I did

However, he usually found a free hour or two during the day to lift the weights

"It worked out pretty good," May laughs. "This way Catherine didn't really know how much time I spent working

"There was this great,

weighed probably 240 to 250 pounds. He could see I was pulling those cables. I think I had

Since he couldn't raise the mink inside city limits, May bought land on Chuckanut Mountain. In those days, mink pelts were fetching an aver-

For the next decade,

that for about 12 years," May says. In 1957, May sold his fish market and began to ranch mink full time. He soon had more than 3,000 mink, so the days were long.

he kept in the cabin on the property.

Ed May Long-time weight lifter

"I've noticed that the

years between 30 and

45 are when most of

the men start to slip

physically. They get

obese stomachs and

things like that"

pounds.

His chest measured 50 inches across, and he had a 33-inch waist, making it difficult to buy suits off the rack.

"You can imagine how much trouble you have when you go the get clothes," May says.

"It still bothers me ... that's the reason I very seldom wear a shirt. When it fits in the shoulders, then it's too blousy (everywhere else)."



He got out of the mink business in the

early '70s and formally retired in 1975.

Since then, he and Catherine have done a

great deal of traveling, either touring with

senior groups or visiting relatives across

It's hard to work out on these trips, so

he swims in the hotel pool as often as he

can. However, when he's in town, he

makes it to Bellingham Athletic Club

May accepts that his body has changed with the years. His chest still measures

close to 50 inches, but his waist has thick-

He doesn't have the strength in his legs

that he once had and he walks with short,

jerky steps that are the result of both his

age and an old high school football injury.

perception ... my sense of balance isn't

like it used to be," May says.

"What bothers me mostly now is depth

ened by a few.

Ed May bench presses, as part of his daily work-out routine.

May has developed a "gym-bag" philosophy about the importance of exercise. He says most men are at their prime age from 35 to 50 because they have both physical strength and the mental focus.

Yet, May says, that is when many stop exercising.

"I've noticed that the years between 30 and 45 are when most of the men start to physically. They get obese stomachs and things like that," May says.

In his prime, May could overhead lift and bench press 250 pounds.

His full adult height was 6 feet 3 inches, and he weighed

At the club, he knows he can't lift the weights he used to as a younger man. "Especially after the age of 70, you

notice that you are on the decline," May

"It's hard on you, but you have to face up to it that your body isn't like it was when you were 30 or 40 years old."

However, he plans to keep going to the club and doing his workout for as long as he is able.

"It's really important to me," May says. "If you live a life that's healthy, well, it all adds up with more and more years to

Up in smoke— Ways to kick the habit

By Carrie Crystal Van Driel The Western Front

One thousand dollars can go a long way, Imagine flying across the United States in an airplane to New York City. Hotels, shows, even souvenirs can be paid for with that same \$1,000.

People who smoke a pack of cigarettes each day spend more than t\$1,000 in one year. The cost of cigarettes has risen, and smokers now spend approximately \$1,344 per year on cigarettes.

Meredith Lofberg is trying to quit.

"I'm quitting cold turkey; mostly for health reasons — I was getting a cough," Lofberg said. "I'm also trying to save money."

Quitting smoking is difficult, but with a little planning, support and courage, anyone can do it, said Catharine Vader, a registered nurse at the SHAIC.

Whether smokers stop cold turkey, gradually or with the help of nicotine patches or gum, they can do it.

Most students at Western quit without the help of the patch or gum, Vader said.

"I quit a week-and-a-half ago, and since then I haven't

had too many cravings," Lofberg said.

"Figure out what triggers the smoking and plan ahead," Vader advised.

"If the need for a cigarette comes while walking between classes, find a friend to walk with, or bring a piece of gum," Vader said.

Quitting without help of a nicotine patch or gum may not seem feasible, but "the nicotine patch is more popular than Nicorette gum," said Libby Waldron, RITE AID pharmacy technician.

"The nicotine patch is a 10-week program that begins with a 21-mg dose of nicotine for four weeks. A patient then moves to a 14-mg dose and then to a seven-mg dose after two weeks," Waldron said.

After 10 weeks of wearing a nicotine patch, the smoker quits.

"I'm trying cold turkey, but first if I fail," Lofberg said. "I might try the patch. It's expensive, so I'm trying this first."

"Nicorette's gum dosage depends on the number of cigarettes a person smokes per day. No time limit is given to the program; it is based on the need of the patient," Waldron said.

The gum remains in the side of the mouth until the smokers needs nicotine and then he or she chews until the

need is gone, Waldron said.

The 10-week nicotine patch program costs about \$270, Waldron said. Nicorette gum costs \$60 for 108 pieces of the high dose and \$50 for 108 pieces of the lower dose.

"I have tried quitting before, but I'm going to graduate soon and looking for a job," Lofberg said. "It just looks unprofessional."

According to the American Cancer Society, only onethird of smokers succeed on their first try.

"Learn from your relapses. Why did it happen? Why do you want to quit? Look for support," Vader advises.

For smokers who wish to quit without the patch or gum, SHAIC has pamphlets and people who help.

Counseling, Health and Wellness Services has designed the Quitting Tobacco Program that contains information, worksheets and daily affirmations.

The staff is willing to provide someone to talk to about progress or relapses, Vader said.

The American Cancer Society provides materials on tips and methods. They also offer programs in select cities, according to information from the American Cancer Society

The society makes referrals to local smoking prevention programs as well.

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Brothers make team a family affair

By Mike Walker The Western Front

In elementary school, Jared Stevenson's younger brother, Jacob, threw a baseball bat at him. Fortunately he missed, but he broke a window.

Growing up, they would always wrestle and fight with each other, but they would also play basketball in the backyard, and grew up like any brothers

"He's never beaten me (at oneon-one), and he thinks I cheat, but we've played for years and he has never won," Jared said.

"Yeah, I've beat him," Jacob said. "Maybe about twice."

Now they are grown and their

sibling rivalry has subsided. Jared and Jacob are both guards on Western's basketball team and only once in a while have a problem. Jacob once hit Jared in the nose during a shooting drill on a recent road trip to Colorado, but Jacob insists it was an accident.

Western's team provided the brothers with their first opportunity to play together.

"In high school I was a senior when he was a sophomore, but there were 11 or 12 seniors on the team, so we didn't get to play together," Jared said.

Attending Bellingham's Sehome High School and having grown up in the area, the Stevensons weren't strangers to

the Western Basketball program.

"Sometimes attending Sehome High School makes it easier (to attend Western) and sometimes harder, but both Jared and Jacob were familiar faces to us," Coach Brad Jackson said. "They grew up attending our camps and we watched them grow as players."

Sehome consistently has one of the best programs in the state, Jackson said, so the Stevensons were a logical choice.

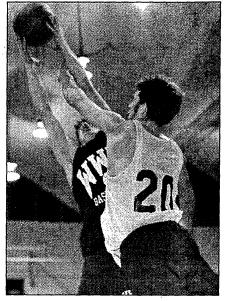
At the beginning of the season, they both started until Shelton Diggs replaced Jacob in the sixth game. Never before had brothers started on a Western basketball team together.

They also are on track to

breaking the record for highest combined score of any brothers at Western, 1,517, set by Terry and Mike Clayton. Jared has racked up 958 career points and Jacob 72, making 1,030 combined points.

"What we're looking for in players are guys that can play on the competitive level that we play at and that are established as fine high school players that excel both on the floor and in the classroom," Jackson said. "The Stevensons bring that competitiveness.'

Jared is only 42 points away from being Western's 13th basketball player to reach 1,000 career points.



Jared and Jacob Stevenson battle each other while playing one-onone Monday.

Mount Baker: Western skiers' nearest wintery haven, from page 1

is "not a destination resort, but a ski area in the truest sense."

Eight lifts service the 1,000 acres and 1,500 vertical feet of the Mount Baker Ski Area. At Mount Baker, however, skiers don't find the high-speed quads that dominate today's resorts. General Manager Duncan Howat, who's been with Mount Baker Ski Area for 31 years, explains the lack of electricity in the area — it generates its own. Adding quads would be expensive, and lift-ticket prices would increase by \$5, he said.

McCoy said he feels that the gorgeous setting in the Cascades adds to the experience. From the lift, skiers can see mountains in every direction, giving them what McCoy describes as a true feeling of getting

Howat said the area's high capacity the ability to put 3,000 people on the mountain — is the reason lift lines are so short. Harrington described it as being spread out in such a way that "there's enough to go around."

Various events take place throughout the season at Mount Baker Ski Area. Just around the corner is the 15th Annual Legendary Banked Slalom, which Howat says is a big snowboard competition with Olympic medalists in attendance.

Howat said he is also excited about the Hemisphere's Freeride Competition, coming this spring. Instead of flying from the gate to the finish, skiers are judged on style, form and difficulty, as well as speed, Howat said. This type of free expression on skis is taking the place of slalom racing and he said he has no doubt it will soon be seen in the Olympics.

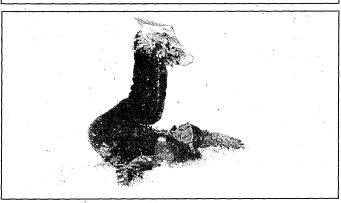
Chairs will operate seven days per week from 9 a.m. to 3:30 or 4 p.m. through the end of March. An adult weekend or holiday day pass is \$30. Monday, Tuesday or Wednesday, adults pay \$18.50. Thursday and Friday passes sell for \$20. Mount Baker Ski Area offers discounts for youth and

On weekends and holidays the area offers half-day passes for \$23 per adult. If students are ready to go but don't have a ride, Western's Outdoor Center will take them up on the Magic Bus for \$11, round trip.

The White Salmon Bay Lodge, one of two day lodges at Mount Baker Ski Area, won an outstanding day lodge in North America award when it was built three years ago. And for those who like a brew with their lunch, both micros and macros are on tap.

A long way down







Front/Bobby Stone Michael Hayden of Everett is caught taking a tumble down the bottom of Gabl's slope Saturday. Hayden was one of many snowboarders on the mountain, as snowsport enthusiasts flocked to Mount Baker for a weekend excursion.

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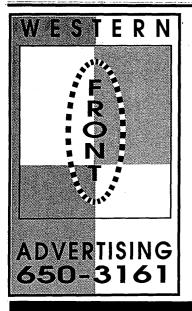
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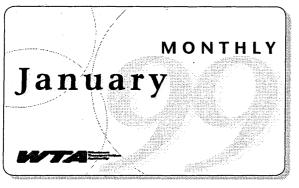
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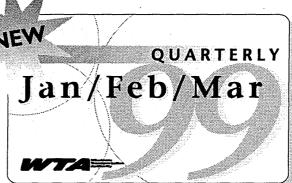
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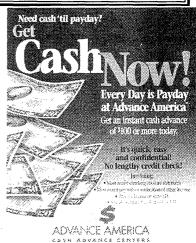
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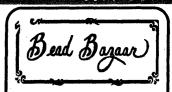
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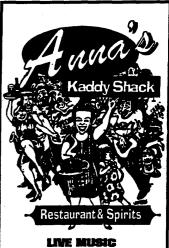


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CLASSIFIEDS

Jackson 25 wins from record

By Jen Webber

The Western Front

On the walls of his office hang pictures of his former players. Snapshots of his wife and kids sit on his desk. Situated in the corner is a television with game film running. These are the important things to coach Brad Jackson's life, these are the people who have shared in Jackson's latest milestone: 250 career wins.

In his 14th season as Western's men's basketball coach, Jackson has become the second coach in school history to earn 250 career victories.

Jackson reached the milestone after his team beat Lewis-Clark State College Saturday night at Warrior Gymnasium.

He is only 25 wins away from becoming the all-time "winningest" coach in Western history.

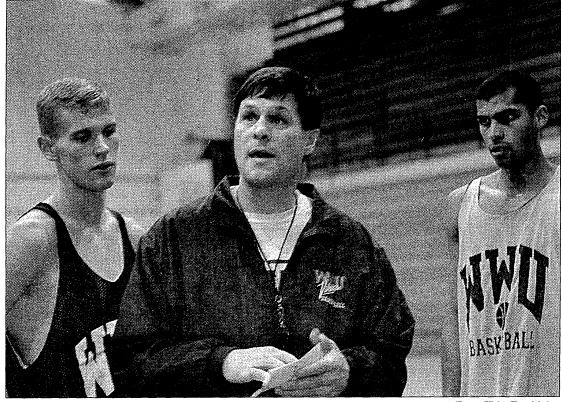
The title is held by National Association of Intercollegiate Athletics hall-of-famer Chuck Randall, who coached the Vikings from 1962-75 and 1976-81.

Jackson is not hesitant to give the credit to his teams and coaches.

"It's a testament to all of my players," he said. "I am very fortunate to have really good guys work with me as coaches and players."

Paul Madison, who has worked in Western's Sports Information Office for 32 years, compared Jackson and Randall's coaching philosophies, calling Jackson's "up-tempo" and Randall's "halfourt offense and defensively oriented."

He also pointed out that when



Front/Erin Fredrichs

Western coach Brad Jackson talks to his team during practice as Ryan Deyek, left, and Vincent Smith join the team huddle.

Randall was coaching, there wasn't a 3-point line.

The play of the Vikings this season is indeed up-tempo.

"We fast break and press a lot," Stevenson said, "A lot of offensive stuff."

With only 12 regular-season games left, it appears as if Jackson will have to wait until next year for the historic title. As for this season, he's coaching a winning team with an overall record of 7-5 and 3-3 in the NCAA division II's

PacWest Conference.

His career record now stands at 250-162, a .607 winning percentage. Jackson said this success focuses on three things: fundamentals, conditioning and teamplay. He calls these the "key cornerstones to a solid program."

Jackson stressed team-play both in his playing and coaching. "It is a team effort," he said. "It is the ultimate team game."

After watching Jackson in action on the sidelines, it is easy

to see that he really cares about his players. "He always expects you to do

the right thing," Stevenson said.

Madison also commented on
Jackson's expectations of his
players. "He has very high standards and is very ethical," he

Looking back at Jackson's history at Western is a story in itself.

Jackson's success began when he played at Washington State University; he then went on to assist at some local colleges, and coached numerous successful high school programs.

He is the only Western men's coach to lead two teams to the NAIA National Tournament. Jackson was named the NAIA District I Coach of the Year three times (1988-91) and was the NAIA Pacific Northwest Region I Coach of the Year once (1994).

Jackson looks back on his 14 season at Western with a smile, and he reminisced about games in his career — not all of them victories.

He spoke of two games in particular: in 1987, Western brought home the win at Central for the district championship and a national tournament berth. In 1992, Western played a playoff game just days after senior allstar Duke Wallenborn died of heart failure. Jackson still has Wallenborn's picture above his desk.

"That was the most difficult coaching experience of my career," he said.

Besides coaching, Jackson is a family man. He and his wife Debbie have two children, Lynsey, 18, and Kyle, 16.

"Most of what we do in centered around sports and the family," he said.

Every game is fun to Jackson. He even enjoys the practice, he said.

Stevenson describes him as "one of the best coaches I have ever had ... he is fair and good to his players."

Western wins big against PacWest rival

By Jen Webber

The Western Front

The Western men's basketball team gave coach Brad Jackson his 250th career victory Saturday night against Lewis-Clark State College. The Vikings defeated L-C State 84-71 in a PacWest Conference contest in front of a crowd of 1,475 at Warrior Gymnasium.

Jackson, who is in his 14th season at Western, is only the second coach in the school's history to attain 250 career wins.

"Everyone was really excited about the win because of our standings," freshman guard Jacob Stevenson said.

The Vikings, winners of five of their last six games, were led by senior center Mike Sims' 19 points and 11 rebounds. Also contributing to the win was freshman

guard Shelton Diggs, who added 18 points. The team is now 7-5 overall and 3-3 in the West Division of the

PacWest.



The seven-player team of L-C State fell to 6-10 overall and 3-4 in the PacWest. The Warriors unsuccessfully used a full-court man defense to try and shut down the Vikings.

L-C State was led by forward Travis

L-C State was led by forward Travis Homer's 25 points. Homer scored 21 of his points in the second half.

Sims

Western opened the game with an 11-

2 lead and, with 13 minutes to go in the first half, never looked back, leading 14-6. Featuring an 11-point, 5 of 6 field goal shooting performance by Mike Sims, the Vikings finished the half leading 39-26.

The beginning of the second half was shaky for the

Vikings. L-C State came out with a 20-9 run to close within two, 48-46. With 13:51 to play, Western responded with six-straight points to extend its lead to 54-46.

The Vikings were only up seven, 66-59, with less than six minutes left, but used an 8-2 charge to take a 74-60 lead with 3:38 to play. They led by double digits the rest of the way.

Junior guard Jared Stevenson and sophomore Jeff Chapman added 12 and 11 points respectively — all in the second half. Freshman Jacob Stevenson chipped in 10 for the Vikings.

The Western men hit the road again when they take on Saint Martin's College in a PacWest conference game Friday and at Seattle Pacific University Saturday.

The Vikings lost to St. Martin's already this season Jacob Stevenson said, but added, "We are the better team."

'Killer' 14-hour road trip takes toll on Viking women

By Jen Webber The Western Front

The Western women could feel the effects of their long road trip Saturday night, losing to Montana State University-Billings 75-59 in a PacWest Conference women's basketball game.

The Vikings flew from Seattle Wednesday, defeated Western New Mexico 78-57 at Silver City, NM, Thursday, then spent 14 hours traveling, driving five hours to catch a plane in Tucson Ariz., before flying through Denver to reach Billings.

"We were dead," Western coach Carmen Dolfo said.

The Vikings, the second team ranked in last week's NCAA Division II West Region

poll, fell to 12-3 overall and 4-3 in the West Division of the PacWest. It was the sixth-straight win for MSU-

Billings, ranked No. 6 in the region. The Yellowiackets improved

Yellowjackets improved to 13-3 overall and remained unbeaten in the PacWest (4-0). Western was led by

Western was led by sophomore guard Briana Abrahamsen, who had 12 points.

The Yellowjackets were led by center Alicia Cahill's 19 points and forward Jenni Winter's 15.

"This is a heck of a trip. We were subbing

Abrahamsen

every five minutes to give everybody some rest," Dolfo said. "Road games in this league are killers."

Western never led, as MSU- Billings



Dolfo

jumped to a 14-4 lead in the first half. The Yellowjackets led at halftime, 41-29.

In the second half, things didn't get any better for the Vikings. MSU-Billings broke the game open by scoring 13 straight points in a 2:12 span to take its biggest lead of the game, 58-35, with 14:58 left

with 14:58 left.
The Vikings did close to within 12 points,

71-59, with 2:52 left. A 3-pointer by sophomore Melynda McNicol capped a run of eight consecutive points, but the Vikings were unable to get any closer.

Despite the loss, the Vikings edged the Yellowjackets on the glass, finishing with a 36-34 rebound advantage.

"There were some positive things," Dolfo said. "We fought at the end and never gave up."

Sophomore forward Pam Lovely added 11 points to Western's effort. The Vikings only attempted eight free-throws in the loss.

The women get time to rest before their home contest Friday against Alaska-Fairbanks at 7 p.m.

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WHO'S WHO?!?

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Church in America & Lutheran Church-Missouri Synod.

Peer Ministers: Benjamin Wilson, Kirsten Erickson, Ryan Hersch,

CATHOLIC CAMPUS MINISTRY
Shirley Osterhaus, Catholic Campus Minister
Peer Ministers: Marisa Bender, Liturgy, Ryan Ward,
Jeremy Bartram, Rachael Becker, Retreats; Regina Goldner,
Erin McElliott, Community Service and Justice.

HILLEL Rachel 733-3400, 650-7356

WINTER QUARTER 1999

WEEKLY WORSHIP AT SHALOM CENTER

Catholic Mass Sunday 6:30 p.m. Lutheran Worship Wednesday 8:00 p.m.

WORSHIP AND PRAYER EXPERIENCES

CATHOLIC WORSHIP- We invite you to celebrate Mass on campus every Sunday evening at 6:30 p.m. in the Shalom Center across from Ridgeway housing complex

Shalom Center across from Ridgeway housing complex.

WORSHIP ON WEDNESDAY - WOW is an informal and personal worship service with Holy Communion,

music, prayer, and sharing. WOW begins at 6:30 p.m. Home-baked goodies and conversation are shared afterwards. Everyone with or without a church background is invited. WOW begins January 6 with an Epiphany Celebration. Come and bring a friend.

LITURGICAL MINISTERS: Catholic students are invited to serve the Shalom Center community as readers, ministers of hospitality, musicians, Eucharistic ministers, at our Sunday 6:30 p.m. worship. Call Marisa at 733-3400. **TAIZE PRAYER FROM FRANCE:** Quiet and reflective is the ecumenical Tiaze prayer and song that gathers the community around the Cross. Join young adults for a half hour every second Friday of the month at 7:00 p.m. beginning January 15th.

MID-DAY PRAYER: Every Tuesday at noon, the rosary is prayed at the Shalom Center.

FAITH AND SPIRITUALITY DEVELOPMENT

COUNSELING- The professional staff of Shalom Center is available for counseling in the areas of spirituality and faith issues, relationships, and personal growth concerns and crisis interventions. Student peer ministers are available for peer sharing of concerns. Call or stop by.

BIBLE STUDY- Biblical Controversies and Controdictions Can this really be a Bible Study? Bring your Bibles to the Shalom Center on Tuesday evenings beginning on January 12 at 7:00 p.m. and find out. We will be car-pooling to students' homes for the study.

BOOK STUDY- "Resident Aliens" by Hauwerwas & Willimon will be our book study for the winter quarter. A reviewer wrote, "Avoid this book because it's liable to make you a Christian. (God forbid!) The only reason to read it is to catch fire, to burn, and to make light." We will be reading this book throughout the quarter during the hour following worship on Wednesdays. Time is 8:30 p.m. beginning Jan. 13th. Call 733-3400 to purchase your copy of the book.

WOMEN'S SPIRITUALITY GROUP: College age women who seek to grow, share their faith and celebrate their life experiences in a weekly spirituality group, are invited to meet on Tuesdays at 4:30 p.m. at the Shalom Center. We meet on Tuesdays, 4:30 - 5:30 p.m. Contact person is Shirley Osterhaus.

SENIOR/GRAD WOMEN'S SPIRITUALITY CIRCLE: Senior and graduate women are invited to a weekly peer support gathering that will focus upon sharing spirituality and celebrating life's journey through discussion and ritual. We gather on Thursdays from 4:00 -5:00 p.m. at the Shalom Center.

MEN'S SPIRITUALITY GROUP: Young adult men who are interested in gathering together to share their faith and life experiences call 733-3400.

GOD TALK- This is an informal theological discussion time held usually held during Fill-Up-For-Free. Any and all topics are germain. Come and join us beginning on Jan. 6th at 5:30 p.m.

all topics are germain. Come and join us beginning on Jan. 6th at 5:30 p.m. WHAT DOES IT MEAN TO BE CATHOLIC?: Do you have questions? want more understanding? Feel challenged? This weekly gathering is a time for both Catholics and those wondering about Catholicism to explore together the meaning of Catholiscsm. We'll gather on Mondays at noon at the Shalom Center. Bring your lunch or come make a peanut butter and jelly sandwich on the house! Contact is Shirley Osterhaus.

BEGINNING BIBLICAL GREEK CLASS- "It's all Greek to me!" This non-credit beginning Greek class is designed to prepare students for seminary entrance requirements. It is also designed for those who simply want to know more about biblical Greek so that the New Testament might be better understood. The class is informal and is geared to reading and translating portions of the New Testament. We meet on Thursdays at noon at the Shalom Center. Call PR. Berry at 33-3400 for more information.

CATHOLICISM AN HOMOSEXUALITY: Father David Jaeger who does AIDS ministry in the Archdiocese of Seattle, will speak to the issues around Catholicism and Homosexuality on Sunday, the what? at 4:30 p.m. followed by celebrating Mass with the Catholic Shalom Community. All are welcome.

RETREATS/COMMUNITY BUILDING EVENTS

FILL UP FOR FREE: Come and have dinner and fun prior to worship from 5:30-6:30 p.m. EVERY OTHER Wed. beginning Jan. 6th. Students prepare the meals and everyone feasts - a welcome alternative to dorm food. During lent we have soup & bread FUFF every week. Dates: jan. 6, 12, Feb. 3, 24, march 3, 10, 17. EPIPHANY DINNER: Come and have a candle-lit Epiphany Dinner prior to worship on Jan. 6th. Bring a friend

FRIDAY NIGHT FUN: Keep your ears open for the "Friday happening" or call 733-3400. All are welcome to join in on the fun! Kickoff dance is Friday, jan. 15th at 9:00 p.m. Sponsor: Catholic Social Communittee. **COFFEE (& TEA) HOUSE** Each Wed. after worship join us for coffee, espresso, tea and freshly baked treats along with places for study of stimulating conversation. Call for more information.

SHROVE TUESDAY DINNER: Join us for a traditional pre-Ash Wed. dinner. No reservations necessary.

Tuesday March 16th at 5:30 p.m.

EMBRACING THE WORLD: Join in the wonderful weekend retreat on Whidbey island, Fe. 26-28. the retreat will feature the stories of Catholic Shalom alumni who have done service with the homeless in Seattle, the people or Iraq, indigenous of Guatamala, the poor in Calcutta, aids patients in the deep South, and more. In a rustic wilderness setting, the retreat will reflect on how embracing the world is rooted in ebrasing the Gosplel and Catholic Social Teahing. Cost \$20.00.

LUTHERAN STUDENT MOVEMENT WINTER SKI RETREAT The Lutheran Student movement annual Ski Retreat with University of Idaho. Join us on Feb. 26-28 for a ski retreat at Schweitzer Resort in Idaho. We will ski, snowboard, sled and lead worship. Call 733-3400 to RSVP.

SERVICE / JUSTICE OPPORTUNITIES

SEATTLE YOUNG ADULT IMMERSION RETREAT is a joining of Catholic college students in Western Washington who want to learn more about direct service and social justice in a faith context, the experience will consist of four components; prayer, service with a marginalized population, individual and group reflection and action planning about a justice issue. Join us Jan. 22-23 at UW Newman Center. Cost \$20.00

SPRING BREAK SERVICE/EDUCATION TRIP TO TIJUANA: March 19-27. Come to Tijuana to work with materially poor and enrich your life in the process. the projects are: Casa del Magrante, a shelter for migrants looking for work in the U.S. or Tijuana and Esperanza, a low income housing construction project. Cost is \$350. Registration requires a \$100 non-refundable deposit. Three orientation sessions plus Spanish session. Coordinator is Shirley Osterbsus.

MULTIPLE SERVICE OPPORTUNITIES THIS QUARTER INCLUDE: Playing bingo at Rosewood nursing home, mentioning at women's shelters, serving dinner at Lighthouse Mission, assisting at the "Back to Work Boutique" with the YWCA, volunteering time with AIDS patients, Children's book reading at Agape, painting project, Valentine Giving Tree and more. Contact Erin, Regina or Shirley at 733-3400 for times and places.

Frontline

Adults approve violence silently

In one-third of anti-gay harrassment involving youth in schools,

The Safe Schools Coalition of Washington State recently published a five-year report researching anti-gay violence in kindergarten through the twelfth grades.

Youths reported both verbal and physical harassment, from name-calling to gang rape.

The report explained that "anti-gay harassment has been the least well understood of the common forms of malicious harassment in schools."

It's important to note that each of these incidents occurred on school grounds or at school functions and the attending adults were school officials. According to the report, "none took protective action ... the adults were silent or blaming."

In other words, these adults either silently complied with the harassment, or blamed the gay/lesbian/bisexual youths who were attacked for the attack.

They could have spoken up, but they chose not to.

"Silence is seen by harasser as condoning ... if that trend continues, anti-gay harassment is going to get worse," said Joe Deeny who volunteers for the Whatcom Human Rights Task Force, a local organization that tracks harassment and offers educational programs for the community.

"Silence is implicit approval," he said. Silence can eventually lead to death.

The implicit approval of gay bashing finally led to the death of Matthew Shepard in Wyoming. And the harassment continued when the fraternity Pi Kappa Alpha sponsored a float in the Colorado State University Homecoming Parade mimicking Shepard's death. The float depicted a scarecrow heralding an antigay epithet on its chest pinned to a barbed-wire fence.

After he was killed, Shepard was tied to a barbed-wire fence. What does it mean to be gay in a society that silently approves hat-

Suicide is the last-ditch effort for more than one-third of today's gay youth, who kill themselves in order to escape the silence of

In most cases, the truth is that teachers and other school officials spend more time with young people than their parents do. This is the unfortunate reality of our "work, work, work" world.

When those working within the school — whether they are teachers or nurses or counselors or principals — remain silent in the face of violence, they encourage silence and future violence.

Harassment of any kind is not okay. Adults must speak up. When they do not, they bear the responsibility of violence perpetuated by silence.

Frontlines are the opinion of the editorial board members, Ken Brierly, Wendy Giroux, Corey Lewis, Samantha Tretheway and Tiffany White.

The Western Front

Editor: Wendy Giroux; Managing Editor: Ken Brierly; Copy Editors: John Bankston and Sara Magnuson; News Editors: Corey Lewis and Jenni Odekirk; Accent Editors: Erin Becker and Tyler Watson; Features Editors: Jenni Long and Tiffany White; Sports Editors: Colin Howser and Bobby Stone; Opinions Editor: Samantha Tretheway; Photo Editors: Erin Fredrichs and Tim Klein; Graphics Editor: Ben Stabler; Online Editors: Chris Muellenbach and Matt Williams; Cartoonist: Sarah Kulfan; Adviser: Lyle Harris; Business Manager: Teari Brown.

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The Western Front is the official newspaper of Western Washington University and is published by the Student Publications Council. The Western Front is mainly supported by advertising revenue, but the opinions of Front editors or reporters are not reflected in these advertisements.

Content is determined by student editors. Staff reporters are enrolled in the course entitled "newspaper staff." Any Western student may send submissions to: The Western Front, College Hall 09, Western Washington University, Bellingham, WA 98225. Advertising inquiries should be directed to the business office in College Hall 07 or made by phone at (360) 650-

Single copies of The Western Front are distributed free to members of the Western community.



Locke for and against

Legislation threatens survival of homeless youth

Addy Bittner

COMMENTARY

More than 75,000 youth become homeless each year in Washington state: more than the entire population of Bellingham. This is an obscene amount of homeless youth, who are helpless to their situations, and who need the concern and support of its legisla-

The problem of homeless children needs our immediate attention and action. The Department of Social and Health Services recently proposed legislation that would rid itself of its obligations required by a 1993 law to care for

homeless youth. Homeless youth cannot survive without the support of the primary welfare. agency in the state.

What's even more astonishing is that, according to a December 24, 1998 Seattle Times article, Gov. Gary Locke plans to support the proposal.

The good news is Locke proposed \$28 million for the next supporting the biennium

Homeless Youths Plan, a combination of housing and eviction-prevention funds.

But Locke's support of the Homeless Youths Plan and his support for the DSHS-proposed legislation sends mixed messages, especially when the state Supreme Court specifically ordered DSHS to find housing for homeless families with youth about a

The ruling by the state Supreme Court was a result of a lawsuit the Washington State Coalition for the Homeless brought against DSHS seven years ago. For Locke to move forward the legislation that eliminates DSHS' role in caring for homeless youth would undermine the lawsuit.

Perhaps DSHS felt it wouldn't hurt to drop its statutory obligation to care for homeless youth. But even though the proposal implies that the State Department of Community, Trade and Economic Development will assume responsibility for homeless youth, it does not mandate it.

Perhaps Locke's backing is based on misconceptions. In any case, while the matter is still in limbo,

we have the opportunity to ask the "Homeless children governor not to support the DSHSproposed legislation by sending an e-mail to: governor.locke@governor.wa.gov.

> The needs of homeless youth must not fall through the cracks of this legislation.

> According to an article by Peter Berliner and Brewster Denny, cochairs of the Youth's aBudget Coalition, about 75,000 more youth

will become homeless this year in Washington. Sixty percent of those will be victims of domestic violence. Without the support of the state, they will end up without a place to call home. Many of them won't make it to school, and many will have a hard time staying healthy.

This is no way to treat youth.

letters Political prisoners in American jails

To the editor:

When Americans think about political prisoners, they usually think of South America, South Africa, Eastern Europe or China. Many people do not know the truth because the mainstream media, the U.S. government and school textbooks do not cover those issues that could sully the image of this country.

Unfortunately, America has

political prisoners, and the majority of them have been incarcerated and tortured for crimes they have not committed.

cannot survive

without the support

of the primary

welfare agency in

the state."

Leonard Peltier is a political prisoner. He is a victim of this country's racist judicial system. The wrongful incarceration of this courageous man was politically motivated by those wishing to send a message. A message to those questioning and protesting the authority of the US government and the FBI to stop doing what they're doing.

Peltier, a Native American and member of the American Indian Movement. was falsely convicted of killing two FBI agents on the Pineridge Reservation in South

Dakota in 1975. He is currently serving two consecutive life sen-Leavenworth tences at Penitentiary. Although the government has no real evidence against him, his parole was again denied last spring and his request for executive clemency has been largely ignored.

Julia Davies

Letters to the editor must be no longer than 250 words. The Front reserves the right to edit for length, libel and content. Direct letters to The Western Front, College Hall 09, WWU. Send a letter via e-mail to wfront@cc.wwu.edu.

WWU GURs Available from **Independent Learning**

Communications Block B: English 201 (4)

Humanities: Classical Studies 260 (3); English 216 (4), 281 (4) and 283 (4); History 103 (5), 104 (5) and 112 (5); Liberal Studies 232 (4);

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Sociology 201 (5)

Comparative, Gender, and Multicultural Studies: Anthropology

353 (4); East Asian 201 (5) and 202 (5); English 338 (4);

History 280 (5); Women Studies 211 (4)

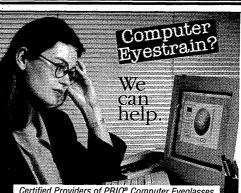
Mathematics: Math 102 (5), 107 (3), 124 (5), 125 (5), 156 (4),

157 (4), and 240 (3)

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See <u>WWU '97-98 Bulletin</u> for explanation of GURs.

To preview a course outline, call or stop by: 800 E. Chestnut ◆ 650-3650



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PROGRAMS

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SWIM TEAMS: A number of swim teams are available for you to join and participate with during the year. For more information contact the different swim team coaches: Masters - Barb Gundred, 734-8364; Age Group - Aaron Dean, 738-7026; High Schools - Contact schools.

WATER WALKING: An individual program for people of all ages to enjoy the water by moving through it at different speeds, water levels and body movements. Research says 1/2 hour of water walking equals 2 hours of land walking without the stress on the body. So bring a friend and give it a whirl.

WATER AEROBICS: A variety of classes are offered and all are coed with exercises designed to be used in the water to help tone muscles, improve circulation and maintain personal fitness. Each class has a specific intensity goal: I - low, II - medium, and III - high.

DEEP WATER AEROBICS: A coed class taught in the 12-foot dive tank with flotation equipment worn by all students. This is a high intensity workout and swimming skills are required.

DEEP WATER RUNNING: An individual program for people of all ages to workout

in the dive pool. Flotation devices are available to assist you with buoyancy or try it without any assistance. By simulating running movements with your arms, legs & body position you will receive a high intensity workout without causing bodily stress. Research says 1/2 hour of deep water running equals 2 hours of land running. Come and try it out for yourself.

SWIM LESSONS: A number of different types of water

adjustment, learn to swim, swimming improvement, swim conditioning, and additional water sport program lessons are available for you to register for and participate in on a daily, weekly, monthly and annual basis.

PRESCHOOL SWIM: A swim designed for parents with preschoolers and children of all ages to enjoy the 0–3-1/2-foot training pool and all the fun instructional equipment we have to offer. Your own equipment is welcomed, but it must be approved for safety and cleanliness by the lifeguards on duty before using. Children 6 years and under must be accompanied in the water by an adult at all times.

PROGRAM SCHEDULE

EFFECTIVE
JAN. 4 –
APRIL 11, 1999

TIME	MONDAY-THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:30-7:00	Lap Swim* & Swim Teams	Lap Swim* & Swim Teams	CLOSED	CLOSED		
6:00-7:00	Deep Water Aerobics	Deep Water Aerobics	CLOSED	CLOSED		
7:00-8:30	Deep Water Running, Lap Swim & Swim Teams	Deep Water Running, Lap Swim & Swim Teams	CLOSED	CLOSED		
8:30-9:30	Water Aerobics III, Pre-school Swim & H ₂ O Child Care	Water Aerobics III, Pre-school Swim & H ₂ O Child Care	Water Aerobics III, Lap Swim*, Swim Teams &	RENTALS		
8:30-10:30	Lap Swim, Swim Lessons & Deep Water Running	Deep Water Running, Lap Swim & Preschool Swim	H ₂ O Child Care Lap Swim, Swim Lessons	8:30-11:30		
10:30-11:30	Water Aerobics II, Lap Swim & Swim Lessons	Water Aerobics II, Lap Swim & Preschool Swim	& Swim Teams			
11:30-12:30	Water Aerobics I, Swim Lessons & Lap Swim	Water Aerobics I, Lap Swim & Preschool Swim	Lap Swim & Swim Lessons	Kayaking 11:30-1:00		
12:30-2:30	50% off Family Swim & Lap Swim	50% off Family Swim & Lap Swim	Open Swim & Lap Swim 12:30-2:30	Deep Water Running, Lap Swim & Water Walking		
2:30-5:45	Swim Teams & Swim Lessons	Swim Teams & Pre-school Swim	RENTALS & Classes 2:30-4:30	Open Swim & Lap Swim		
5:45-6:45	Swim Lessons, Swim Teams, Lap Swim* & Water Aerobics II	50% Off Family Swim, Swim Teams & Lap Swim*	Open Swim & Lap Swim 4:30-6:30	2:30-4:30 Swim Lessons & Lap Swin 4:30-5:30		
6:45-8:00	50% Off Open Swim, Swim Teams & Lap Swim*	5-6:30 Swim Team & RENTALS 6:30-7:30	RENTALS 6:30-7:30	50% Off Open Swim & Lap Swim		
8:00-9:00	Deep Water Aerobics & Lap Swim M/W: Water Aerobics III T/Th: Kayaking; Wed: Scuba	50% Off Open Swim & Lap Swim	50% Off Open Swim & Lap Swim 7:30-9	5:30-7 RENTALS		
9:00-10:00	Mon: RENTALS Wed: Scuba Tues. & Thurs.: Water Polo Club	7:30-9 RENTALS	RENTALS	7-10		

* 1-2 lanes
Program schedule is subject to change.
Please call to confirm.

FEES

a	SENIOR 62+	SINGLE ADMISSION	10-VISIT PUNCH TICKET	3-MONTH PASS	WATER AEROBICS	SWIM LESSONS	POOL RENTALS	POOL RENTALS	
es a	Single Admission \$2.50	Youth (17 & Under) \$2.50 Adult (18 & Over)	Youth (17 & Under) \$20	Youth (17 & Under) \$75	Single Admission \$4	Group Lessons \$30	Whole Facility with 1-50 People \$100/hour & \$1 for	Hydrotherapy Pool \$50/hour	
	10-Visit Punch Ticket \$20	\$3.50 Family (Up to	Adult (18 & Over) \$30	Adult (18 & Over) \$105	10-Visit Punch Ticket	Semi-Private Lessons	ea. add'l. person over 50 people	Diving Tank \$40/hour	•
f	3-Month Pass \$75	6 members) \$10 Shower Only – \$1	Family (Up to 6 members) \$75	Family (Up to 6 members) \$300	\$30 3-Month Pass \$80	\$15 Private Lessons \$10	Training Pool & Slide \$75/hour Training Pool \$30/hr	\$10/lane/hour	

H₂O CHILD CARE: Bring your child for inwater child care while you participate in water aerobics, lap swimming, deep water running or swim lessons. Children play in the water with a lifeguard/play instructor during this 1-hour program. This program is for children 3 years and older. The fee is \$1.00/child/day.

FAMILY SWIM: A time for families to come into all four pools and enjoy a relaxing environment. The water slide is not available during this swim. All rules remain the same.

OPEN SWIM: A swim designated for recreational enjoyment where the 135-foot water slide is open for your fun and excitement. NOTE: You must be at least 4 feet tall to use water slide. All four pools and all the fun recreational

equipment we have to offer are available for your use during the swim. The hydrotherapy pool is available for patrons 16 and over. Your own equipment is welcomed, but it must be approved for safety and cleanliness by the lifeguards on duty before using. At least one lane line will remain in the large pool for people who wish to lap swim during the open swim time. Children 6 years and under must be accompanied in the water by an adult at all times.

OPEN SWIM SPECIALS: 50% off regular fees in effect M-Th 6:45-8 pm, Fri 7:30-9 pm, Sat 7:30-9 pm, Sun 5:30-7 pm. Limit to first 273 swimmers for each swim.

SCUBA: On Wednesday nights scuba and snorkeling classes are available through

Washington Divers. Please call 676-8029 for more information.

KAYAKING: A time for patrons to bring in their kayaks to practice rolling and basic techniques. The fee is regular admission.

RENTALS: A time for patrons to reserve the aquatic center for their own private parties. The fees are based on one hour of use and the number of people you have in your party and pools you wish to use. The number of lifeguards scheduled during your rental is based on the number of people you have in your party and the pools you wish to use. Rentals must be reserved and paid for at least 2 weeks in advance to allow appropriate planning and scheduling of staff and equipment. All rules remain the same.