



## ONE LAST RACE

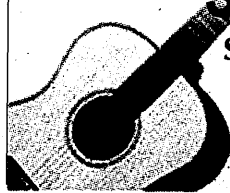
Instant Winner plays one of its last shows before breaking up.

Accent, Page 5

## TREATS FOR TRICKS

Students should not wear skimpy costumes on Halloween.

Opinions, Page 10



## STAGE FRIGHT

Students gain confidence at Open Mic Night.

Accent, Page 6

## CASCADE CUP

Viking Football

1 p.m., Oct. 25 at Civic Field

Western Washington University, Bellingham, Washington

ISSUE 10  
VOLUME 127

# The Western Front

FRIDAY  
OCT. 24, 2003

## AS board plans to post evaluations online

BY MEGAN LEWIS

*The Western Front*

Many Western students have little information about their professors before they register for a class. Students do not know what to expect in regard to the style, depth and quality of instruction until they take a seat on the first

day of class.

Maya Tomlin, Associated Students vice president for academic affairs, said she is exploring the idea of posting course evaluations online, allowing students to research professors before entering their classes.

"Some students are much better

at doing an essay test than a multiple-choice test, while some students learn better with hands-on things and other students are better at being lectured at," AS President Paul Graves said. "With the evaluation, the student can know which class will best fit them."

The debate for online course

evaluations has been progressing within the AS for three years, but each year, the plan has come to a halt, Tomlin said. The difference this year is that Tomlin said she plans to start small, testing the idea in several classrooms instead

SEE Online, PAGE 4

## Magazine limits its entries to Western

BY LAURA MCCLAY

*The Western Front*

Jeopardy Magazine has recently put forth a new challenge to the Western community. Formerly accepting entries from all over the world, Jeopardy is now featuring only the work of Western students, faculty, staff and alumni.

Jeopardy, Western's literary journal, publishes poetry, photographs, creative non-fiction, artwork and much more.

"The administration presented a challenge to Jeopardy, which is basically that we are no longer accepting admissions from the outside world," said Emily Jackson, Western senior and Jeopardy editor in chief. "It's going to be only representative of the Western community."

Jackson said the administration felt it was not fair to use students' money to fund a magazine that published submissions from outside Western.

The goal of this year's 40th edition is to compete with all the previous issues, she said.

"People are afraid that the quality of content will go down because we're no longer doing the outside world," Jackson said. "They're afraid that not that many people will submit, and then the quality of the magazine will drop, and it will poorly reflect on the Western creative community."

Western alumnus and former editor Carter Hasegawa said he is skeptical about limiting Jeopardy to the Western community. He said outside contributors added respectability to the magazine because it published students' work next to nationally recognized authors.

"Now that the magazine is closed to off-campus submis-

SEE Entries, PAGE 4

## Commission scrutinizes Mayor's supporter

BY ROB MORRELL

*The Western Front*

Foster Rose, former Bellingham mayoral candidate, is the subject of an investigation by the Washington State Public Disclosure Commission after endorsing Bellingham Mayor Mark Asmundson for re-election on Oct. 17, Director of Public Outreach Doug Ellis said.

The commission is investigating whether Rose endorsed a candidate in order to gain advantage in his effort to obtain a job.

Mayoral candidates Asmundson and Brett Bonner said Rose approached them and asked for a guaranteed position as an administrative assistant to the mayor in return for his public endorsement.

The commission does not suspect Asmundson of wrongdoing at this time, Ellis said.

Bonner said Rose, who received 19.5 percent of the votes in the September primary, approached him twice about the possibility of being hired as the administrative assistant.

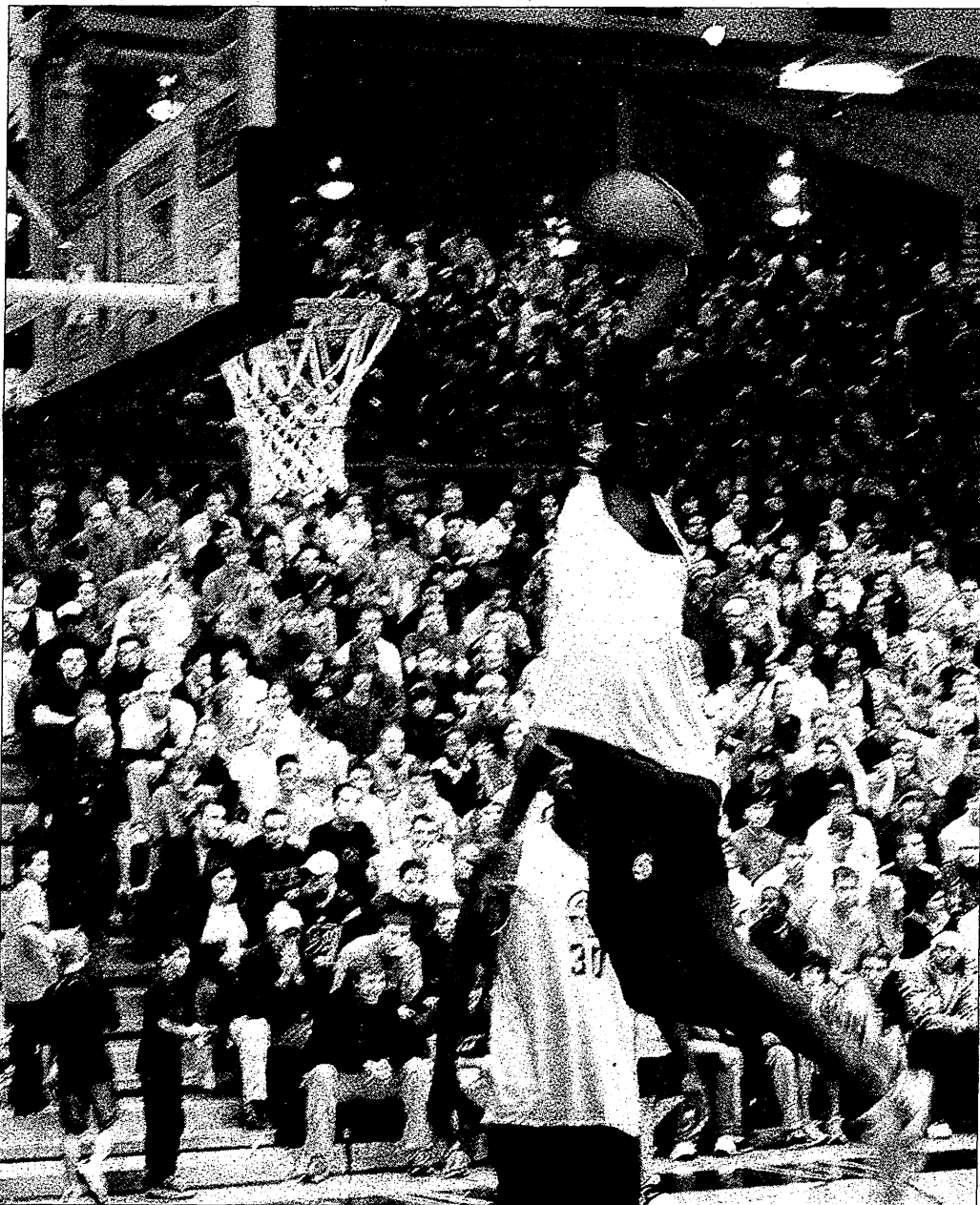
Asmundson and Bonner deny making any sort of employment promise to Rose.

"Anyone who's given me money has not asked for anything and has not been promised anything," Bonner said.

Rose, who refused to comment, could face a \$10,000 fine for the endorsement, which violates a state law restricting campaign donations, political advertising and other election affairs.

Rose said he plans to release a letter within the next few days to state his reaction to the investigation and explain his relationship to Asmundson and Bonner.

## Sonic boom



JUSTIN MCCAUGHAN/THE WESTERN FRONT

Seattle Sonics forward Ansu Sesay snares an ally-oop pass from guard Luke Ridnour and throws down a left-handed dunk in the Sonics' scrimmage Thursday at Carver Gym. More than 2,500 fans filled the stands to watch the Sonics and Ridnour, a Blaine native. SEE Sports, PAGE 8

## UP-Front

Politicians say health care will dominate legislative session.

Time should be the most valued asset in life.

News, Page 4

Opinions, Page 10

For news tips, call (360) 650-3162 or e-mail The Western Front at [wfront@cc.wvu.edu](mailto:wfront@cc.wvu.edu)

Get your news online at [www.westernfrontonline.com](http://www.westernfrontonline.com)

## Lack of cultural studies upsets professors

BY SHARA B. SMITH

*The Western Front*

Fairhaven professor and Director of American Cultural Studies Larry Estrada spoke at Yale University from Oct. 13 to Oct. 18 about the role of ethnic studies in the era of globalization. He also observed the role of Chicano and Latino studies on Yale's campus.

Estrada said Latino students often choose to go to colleges on the East Coast to pursue cultural studies, and

students at Yale and other Ivy League schools are specifically pushing for Chicano and Latino studies.

"There is an increasing population of Chicanos and Latinos on the East Coast," Estrada said. "The current growth in the town of New Haven, where Yale is, is similar to the population growth here in Whatcom County."

Estrada said a movement dubbed "cultural wars" exists in academia.

SEE Latino, PAGE 12



SHARA B. SMITH/THE WESTERN FRONT  
Western junior Alberto Mejia visited Yale University to discuss cultural studies.

## COPS BOX

### University Police

**Oct. 21, 9:40 a.m.:** Officers responded to a complaint of people smoking near the entrance of the Biology Building. When officers arrived, no one was there.

**Oct. 21, 12:37 p.m.:** Officers responded to a report of a female in Alpha falling and hitting her head in the shower. A friend transported her to the Student Health Center.

**Oct. 21, 10:27 p.m.:** Officers responded to a report of two truckloads of snow dumped in the Buchanan Towers parking lot and built into a ski ramp. Officers instructed the suspects to destroy the ramp.

### Bellingham Police

**Oct. 21, 10:06 a.m.:** Officers responded to a report of a fraudulent check written for \$649.47 in the 500 block of Holly Street. Police are investigating the case.

**Oct. 21, 1:23 p.m.:** Officers arrested a 43-year-old man for violation of a court order. Officers transported the man to Whatcom County Jail where they booked him.

**Oct. 21, 7:19 p.m.:** Officers arrested a 24-year-old man for attempted robbery. The suspect received a lifetime ban from all Brown and Cole property.

**Oct. 22, 3:17 a.m.:** Officers responded to a report of whistles coming from a wooded area near south campus.

*Compiled by Melena Eaton.*

# Viking Voices

Should the Arntzen Hall Atrium be expanded at the expense of two classrooms?

*Compiled by Rachel Fomon.*



**Mark McAuliffe**  
Senior, history

*No, they should use classroom spaces and make more computer labs instead of putting in sub-adequate dining services.*



**Jen Sheehan**  
Junior, psychology and education

*Yes, as long as the classrooms can be replaced in other buildings.*



**Ken Davis**  
Junior, communication

*No, I think we need those classrooms. I'm sure classrooms are more important than a few more tables.*

# AP Wire

## news briefs

### STATE NEWS

#### Bellingham teen accused of threatening teacher

Police arrested an 18-year-old Bellingham student for threatening to kill his teachers. The Whatcom County Sheriff's Office said it charged the teen for felony harassment last Friday.

The day before his arrest, the teen, who attends Timber Ridge High School in Nooksack, made racist statements and talked about burning crosses before teachers pulled him aside.

#### WSU apologizes for newspaper content

The Daily Evergreen, Washington State University's student newspaper, ran a front-page apology to students after receiving complaints that recent content in the paper offended some students.

The Oct. 15 issue of The Daily Evergreen included a sports story about American Indian mascots that was accompanied by an illustration of a football helmet with an unflattering caricature of a black man.

Other controversial content appeared in an opinion-page illustration of good and evil in which the devil looked black and the angel looked white.

### NATIONAL NEWS

#### College students like Bush, survey finds

A recent Harvard University poll found President George W. Bush has more support among college students than among the general public.

Sixty-one percent of the more than 12,000 college students surveyed approve of the job Bush is doing. This is approximately 10 points higher than the president's approval rating in several recent polls of the general population.

The poll also indicated that students are concerned about Bush's policies. More than 80 percent agreed that the Bush administration has been hiding

something or not telling the truth about Iraq.

#### Sniper suspect opts for different defense tactics

Sniper suspect John Allen Muhammad has decided to abandon his attempt to be his own lawyer and will let the court-appointed attorneys represent him in the Washington, D.C., sniper case.

### INTERNATIONAL NEWS

#### U.N. security failures criticized in deaths

An independent panel is criticizing the United Nations for putting hundreds of its staff members in Iraq at risk.

The panel is accusing the U.N. of major security failures that caused avoidable casualties when the U.N. headquarters in Baghdad was bombed in August.

The bombing killed more than 20 people, including the top U.N. envoy in Iraq, and injured dozens

more. The report from the panel exposed widespread violations of U.N. security procedures, poor assessments of threats to the organization and a loose attitude of its leaders toward security issues.

The panel called for improved security for U.N. employees who are still in Iraq and were unable to leave after the bombing.

#### Number of attacks on troops in Iraq increasing

The commander of U.S. forces in Iraq said the number of attacks on his troops has increased.

The average of 20 to 25 attacks per day has increased to a peak of 35 attacks per day over the last three weeks, Lt. Gen. Ricardo Sanchez said.

Sanchez added that talks still are going on among the United States, Turkey and Iraq to determine whether any Turkish troops will join the post-war mission.

*Compiled by Jack Carr.*

*AP Wire courtesy KUGS 89.3-FM.*

**Get your news online**  
westernfrontonline.com

The Western Front is published twice weekly in fall, winter and spring; once a week in summer session. Address: The Western Front, Western Washington University, CH 110, Bellingham, WA 98225-9100. The Western Front is the official newspaper of Western Washington University, published by the Student Publications Council, and is mainly supported by advertising.

Opinions and stories in the newspaper have no connection with advertising. News content is determined by student editors. Staff reporters are enrolled in a course in the Department of Journalism, but any student enrolled at Western may offer stories to the editors.

Advertising inquiries should be directed to the business office in College Hall 07, or by phone to (360) 650-3161.

Members of the Western community are entitled to a single free copy of each issue of The Western Front.

## WWU Official Announcements

Deadline for announcements in this space is noon Friday for the Tuesday edition and noon Wednesday for the Friday edition. Announcements should be limited to 50 words, typewritten or legibly printed, and sent through campus mail to "Official Announcements," MS -9117, via fax to X/4343, or brought in person to Commissary 113F. DO NOT SEND ANNOUNCEMENTS DIRECTLY TO THE WESTERN FRONT. Phoned announcements will not be accepted. All announcements should be signed by originator.

PLEASE POST

**STUDENTS EXPECTING TO GRADUATE AT THE END OF SPRING QUARTER** must have a degree evaluation on file in OM 230 by Dec. 5. Students planning to graduate at the end of summer quarter must have a degree on file by March 12. For information, call X/3240.

**MATH PLACEMENT TEST (MPT).** Registration is not required. Students must bring photo identification, student number, Social Security number, and a No. 2 pencil. A \$15 fee is payable in exact amount at test time. Allow 90 minutes. Tests are in OM 120 at 9 a.m. Oct. 30, Nov. 6, 13, 20, Dec. 4 and 11; and 3 p.m. Oct. 27, Nov. 3, 10, 17, 24, Dec. 1 and 8.

**A BLUE AND WHITE BALL**, sponsored by the Student Alumni Association, begins at 9 p.m. Oct. 25 in the VU Multipurpose Room. \$5 at the door; \$4 with student identification.

**INTERNATIONAL PROGRAM, COUNCIL ON INTERNATIONAL EDUCATIONAL EXCHANGE (CIEE)** will have an information table in the VU from 10 a.m. to 2 p.m. Oct. 28.

**INTERNSHIP FAIR.** "Community Connections — An Internship, Volunteer and Service Learning Fair," will be held from 2:30 to 4 p.m. Oct. 28 in the Viking Union Multipurpose Room. For more information, call X/3240 or X/7759.

**HUMAN SERVICES MAJOR INFORMATION SESSION**, 10 a.m. Oct. 30 in CB 285; for information, call X/7759.

**INTERNATIONAL PROGRAM, AUSTRALearn** will have an information table in the VU on from 10 a.m. to 2 p.m. Oct. 30.

**MILLER ANALOGIES TEST (MAT).** Registration, limited to 16 students, is required in OM 120 or call X/3080. The MAT is not administered individually. A \$42 fee is payable at test time. Test takes about 1 1/2 hours. Testing: OM 120, 2 p.m. Nov. 4 and Dec. 2.

**HEALTH PROFESSIONAL PROGRAMS INFORMATION FAIR**, 10:30 a.m. to 2 p.m. Nov. 5, VU Multipurpose Room. Learn about 20 programs of study that lead to health profession careers. For more information, see the special events link at www.careers.wvu.edu.

**A POST-BACCALAUREATE ELEMENTARY TEACHING CERTIFICATE** recruitment informational meeting will be held at 7 p.m. Nov. 5 at the main Bellingham Public Library, 210 Central Ave. Information: 650-2326.

**WEST-B.** State-approved educator preparation program applicants and persons from other states seeking a Washington residency teaching certificate need a minimum passing score on basic skills assessment. Residency teaching certificate applicants who completed an educator preparation program outside Washington and have not passed WEST-B may be granted additional time. Testing: Nov. 22; Jan. 10, March 13, May 1. To register, see www.west.nesinc.com.

**FALL COUNSELING CENTER GROUP OFFERINGS** include "Relaxation Training," drop-in session, 2 p.m. Thursdays, OM 540H; and "Take Back Your Body," 3 p.m. Mondays, OM 540H. For more information or to register, stop by OM 540 or call X/3164.

**THE ASIA UNIVERSITY AMERICA PROGRAM IS HIRING** Western students to be international peer advisers for February to July and September 2004-February 20. Applications are available in HS 42, by calling X/3297, at www.ac.wvu.edu/~aup/encontent/home/employ.shtml, or by sending e-mail to Eric.Smith@wvu.edu. Application deadline is Oct. 31.

**THE HAROLD LANT MEMORIAL SCHOLARSHIP COMPETITION** is open to students who have applied to an accredited law school. To request information or an application, contact the Academic Advising Center, OM 380. Application deadline is Jan. 5.

### On-Campus Recruiting

For more information, see www.careers.wvu.edu or stop by OM 280.

Walt Disney World, Oct. 28; Dawson & Gerbic, LLP, Oct. 29; Grant Thornton, Oct. 30; Accredited Home Lenders, Oct. 30; Microsoft Corp., Nov. 3-4.

If you accidentally  
 GOT pregnant,  
 could you still make  
 it to graduation?

Depo-Provera is 99.7% effective  
 in preventing unintended pregnancies.

If you're not ready, you're not ready. That's why more women than ever choose *Depo-Provera*. You need just 1 shot every 11 to 13 weeks to protect you from pregnancy. So, you can focus on history, not maternity.

*Depo-Provera* does not protect you from HIV/AIDS or other sexually transmitted diseases.

You shouldn't use *Depo-Provera* if you could be pregnant or if you have had any unexplained periods. You should not use it if you have a history of breast cancer, blood clots, stroke, or liver disease. When using *Depo-Provera*, there may be a loss of some of the bone mineral stored in your

bones. This could increase your risk of developing bone fractures.

Some women using *Depo-Provera* have side effects. The most common are irregular periods or spotting. Many women stop having periods altogether after a few months. You may gain weight when using *Depo-Provera*. About two thirds of the women in clinical trials reported a weight gain of about 5 lb during the first year of use.

If you're not ready to get pregnant, be ready with effective birth control. Talk to your health care provider to see if prescription *Depo-Provera* is right for you.

See what *Depo-Provera* is all about.  
 Call toll free 1-866-519-DEPO or visit  
[www.depo-provera.com](http://www.depo-provera.com).



Birth control you think about just 4 x a year.

Please see important product information on the adjacent page.



# Politicians discuss future of health care

BY TRAVIS SHERER  
The Western Front

Doctors told Ferndale resident Lanea Lemmon she had one year to live after they diagnosed her with a fatal disease she received from a blood transfusion in the '70s. Five years later, Lemmon and her husband struggled to pay her \$24,000-per-year hospital bills.

"The bottom line is we didn't get any treatment, and I'm still here," she said.

Lemmon and many others spoke out Thursday at a health care discussion sponsored by Washington State Rep. Doug Ericksen, R - Bellingham, and Washington State Sen. Dale Brandland, R - Bellingham.

Ericksen said health care reform will be the hottest topic during the next legislative session.

"This year's 60-day session is going to be primarily about health care, like last year's was about

Boeing," Ericksen said.

Ericksen said he is trying to remove the barriers that prevent small businesses from paying too much for many unwanted aspects of state health care plans.

People in the crowd asked for changes in health care for veterans, the mentally ill and the homeless. They questioned future legislation dealing with second-hand smoke as a job condition and high prescription drug prices.

Ericksen said the number of participants impressed him and showed that health care is an important issue among Whatcom County residents.

"None of these topics (are) really new to me," Ericksen said. "Hearing (the residents') stories is motivating, but it is important to realize what is actually possible."

A Bellingham family doctor, David Lynch, joined 41 other Whatcom

County doctors to help lower health costs through a program called SimpleCare. The program, which Washington State Insurance Commissioner Mike Kreidler said he opposes, allows people to manage their own care and decide when to use their insurance deductible, he said.

"College students pay top dollar on medicine and health care," Lynch said. "If you went to the grocery store and you had to submit inquiries to someone to buy your groceries for you, they would cost a fortune."

Washington allocates 55 percent of the budget to health care and more than 90 percent is divided among education, health care and prisons.

"In Washington, we educate, we medicate and we incarcerate," Brandland said.

Ericksen said this is an issue that affect business owners and customers because of cost.

# Entries: New process

CONTINUED FROM PAGE 1

views each entry, and the magazine publishes the individuals with the most votes. Jackson said this is different from previous years when one person would decide what would be published.

*"This year's editors have a difficult task ahead of them."*

Matthew Summers, Western senior and associate editor of Jeopardy, said having a literary magazine available is important for students because it is a good foundation for creativity.

"I think all artists try to struggle for acceptance," Summers said. "They're not sure if they're good enough. They're not sure if they're good at all. And when you get positive reinforcement like that, it is just a good starting point."

Summers was first published in a community college literary journal, and he said seeing his name in print influenced him to become a creative writing major.

"To have someone you don't know come up to you and say, 'Are you that guy? Did you write that poem? That's really great,' I mean, that's the greatest feeling in the world," Summers said.

The fall deadline for submitting work to Jeopardy is Dec. 2. A group of students who wanted to help decide which entries are chosen will review all submissions, Jackson said.

Each member of the group

views each entry, and the magazine publishes the individuals with the most votes. Jackson said this is different from previous years when one person would decide what would be published.

"This is going to be a community effort in what goes into this magazine," Jackson said.

"It's not going to be some person arbitrarily deciding, 'This sucks, so it doesn't go in.' It's going to be a lot of people making that decision."

Another change for this year's edition of Jeopardy is the different types of creative pieces individuals can submit. Formerly, Jeopardy published poetry, artwork and prose. This year, entries will expand to include song lyrics, written music, comics, screenplays and scripts.

Jeopardy adviser Kate Trueblood said she believes in the new mission for the magazine because, as an undergraduate at the University of California, Berkeley, her first publication was in the college's literary journal.

"I have been mentored in my life by people who wanted to see me go forward," Trueblood said. "To advise Jeopardy is my way to give back to a community that fostered me and allowed me to have the chance to get published."

CONTINUED FROM PAGE 1

of implementing the plan right away, she said.

"I am doing what I can, but bureaucracy is a snail-paced process," Tomlin said. "I really want to get it done."

Tomlin consulted the online faculty evaluation task force, which includes students and faculty, to help place the evaluations online.

Tomlin said the task force is unsure whether it will keep the same format as the existing in-class evaluations or design a new one to be posted online.

To test the online evaluations, physics professor and task-force member Jim Stewart said he will use a format similar to the University of Wisconsin's evaluation, which is an

in-depth questionnaire.

"I think if it is done right, having public knowledge on what different classes are like is a good thing," he said.

The problem with displaying the evaluations online is that some students may not be as objective as needed and may abuse their privilege by using it to air their "trivial" complaints, Stewart said.

"I think you are going to have a sort of unspoken resistance because nobody likes to have their dirty laundry aired in public and because people, to some extent, question the student's ability to seriously evaluate them," Stewart said.

Some faculty members may feel as though the evaluations give professors a bad reputation and persuade students to not take their classes,

Stewart said.

"I think it's good so students can learn about teachers, and if teachers get a bad reaction from it, then they should change their teaching style," Western senior Lisa Christopher said.

Despite the problems associated with the online evaluations, Western sophomore Sarah Case said displaying students' views about a course will force professors to take the evaluations seriously.

"If I have a really great professor, I really want to get the word out there for my friends to take them, and if I have a really bad professor, I want to make sure everybody knows that," Case said. "So it's been frustrating when I have a professor that is not my favorite, but already has tenure and doesn't really look at the evaluations."

## Depo-Provera<sup>®</sup> Contraceptive Injection

medroxyprogesterone acetate injectable suspension

DEPO-PROVERA<sup>®</sup> Contraceptive Injection (medroxyprogesterone acetate injectable suspension, USP)

This product is intended to prevent pregnancy. It does not protect against HIV infection (AIDS) and other sexually transmitted diseases.

### What is DEPO-PROVERA Contraceptive Injection?

DEPO-PROVERA Contraceptive Injection is a form of birth control that is given as an intramuscular injection (a shot) in the buttock or upper arm once every 3 months (13 weeks). To continue your contraceptive protection, you must return for your next injection promptly at the end of 3 months (13 weeks). DEPO-PROVERA contains medroxyprogesterone acetate, a chemical similar to (but not the same as) the natural hormone progesterone, which is produced by your ovaries during the second half of your menstrual cycle. DEPO-PROVERA acts by preventing your egg cells from ripening. If an egg is not released from the ovaries during your menstrual cycle, it cannot become fertilized by sperm and result in pregnancy. DEPO-PROVERA also causes changes in the lining of your uterus that make it less likely for pregnancy to occur.

### How effective is DEPO-PROVERA Contraceptive Injection?

The efficacy of DEPO-PROVERA Contraceptive Injection depends on following the recommended dosage schedule exactly (see "How often do I get my shot of DEPO-PROVERA Contraceptive Injection?"). To make sure you are not pregnant when you first get DEPO-PROVERA Contraceptive Injection, your first injection must be given ONLY during the first 5 days of a normal menstrual period; ONLY within the first 5 days after childbirth if not breast-feeding; and, if exclusively breast-feeding, ONLY at the sixth week after childbirth. It is a long-term injectable contraceptive when administered at 3-month (13-week) intervals. DEPO-PROVERA Contraceptive Injection is over 99% effective, making it one of the most reliable methods of birth control available. This means that the average annual pregnancy rate is less than one for every 100 women who use DEPO-PROVERA. The effectiveness of most contraceptive methods depends in part on how reliably each woman uses the method. The effectiveness of DEPO-PROVERA depends only on the patient returning every 3 months (13 weeks) for her next injection. Your health-care provider will help you compare DEPO-PROVERA with other contraceptive methods and give you the information you need in order to decide which contraceptive method is the right choice for you.

The following table shows the percent of women who got pregnant while using different kinds of contraceptive methods. It gives both the lowest expected rate of pregnancy (the rate expected in women who use each method exactly as it should be used) and the typical rate of pregnancy (which includes women who became pregnant because they forgot to use their birth control or because they did not follow the directions exactly).

Percent of Women Experiencing an Accidental Pregnancy in the First Year of Continuous Use

Method	Lowest Expected	Typical
DEPO-PROVERA	0.3	0.3
Implants (Norplant)	0.2*	0.2*
Female sterilization	0.2	0.4
Male sterilization	0.1	0.15
Oral contraceptive (pill)	-	3
Combined	0.1	-
Progestogen only	0.5	-
IUD	-	3
Progestasert	2.0	-
Copper T 380A	0.8	-
Condom (without spermicide)	2	12
Diaphragm (with spermicide)	6	18
Cervical cap	6	18
Withdrawal	4	18
Periodic abstinence	1-9	20
Spermicide alone	3	21
Vaginal Sponge	-	-
used before childbirth	6	18
used after childbirth	9	28
No method	85	85

Source: Trussell et al. *Obstet Gynecol.* 1990;76:558-567.

\*From Norplant<sup>®</sup> package insert.

### Who should not use DEPO-PROVERA Contraceptive Injection?

Not all women should use DEPO-PROVERA. You should not use DEPO-PROVERA if you have any of the following conditions:

- if you think you might be pregnant
- if you have any vaginal bleeding without a known reason

Birth control you think about just 4 x a year.

- if you have had cancer of the breast
- if you have had a stroke
- if you have or have had blood clots (phlebitis) in your legs
- if you have problems with your liver or liver disease
- if you are allergic to DEPO-PROVERA (medroxyprogesterone acetate) or any of its other ingredients

### What other things should I consider before using DEPO-PROVERA Contraceptive Injection?

You will have a physical examination before your doctor prescribes DEPO-PROVERA. It is important to tell your health-care provider if you have any of the following:

- a family history of breast cancer
- an abnormal mammogram (breast x-ray), fibrocystic breast disease, breast nodules or lumps, or bleeding from your nipples
- kidney disease
- irregular or scanty menstrual periods
- high blood pressure
- migraine headaches
- asthma
- epilepsy (convulsions or seizures)
- diabetes or a family history of diabetes
- a history of depression
- if you are taking any prescription or over-the-counter medications

### This product is intended to prevent pregnancy. It does not protect against transmission of HIV (AIDS) and other sexually transmitted diseases such as chlamydia, genital herpes, genital warts, gonorrhea, hepatitis B, and syphilis.

### What if I want to become pregnant after using DEPO-PROVERA Contraceptive Injection?

Because DEPO-PROVERA is a long-acting birth control method, it takes some time after your last injection for its effect to wear off. Based on the results from a large study done in the United States for women who stop using DEPO-PROVERA in order to become pregnant, it is expected that about half of those who become pregnant will do so in about 10 months after their last injection; about two thirds of those who become pregnant will do so in about 12 months; about 83% of those who become pregnant will do so in about 15 months; and about 93% of those who become pregnant will do so in about 18 months after their last injection. The length of time you use DEPO-PROVERA has no effect on how long it takes you to become pregnant after you stop using it.

### What are the risks of using DEPO-PROVERA Contraceptive Injection?

**Irregular Menstrual Bleeding**  
The side effect reported most frequently by women who use DEPO-PROVERA for contraception is a change in their normal menstrual cycle. During the first year of using DEPO-PROVERA, you might have one or more of the following changes: irregular or unpredictable bleeding or spotting, an increase or decrease in menstrual bleeding, or no bleeding at all. Unusually heavy or continuous bleeding, however, is not a usual effect of DEPO-PROVERA; and if this happens, you should see your health-care provider right away. With continued use of DEPO-PROVERA, bleeding usually decreases, and many women stop having periods completely. In clinical studies of DEPO-PROVERA, 55% of the women studied reported no menstrual bleeding (amenorrhea) after 1 year of use, and 68% of the women studied reported no menstrual bleeding after 2 years of use. The reason that your periods stop is because DEPO-PROVERA causes a resting state in your ovaries. When your ovaries do not release an egg monthly, the regular monthly growth of the lining of your uterus does not occur and, therefore, the bleeding that comes with your normal menstruation does not take place. When you stop using DEPO-PROVERA your menstrual period will usually, in time, return to its normal cycle.

**Bone Mineral Changes**  
Use of DEPO-PROVERA may be associated with a decrease in the amount of mineral stored in your bones. This could increase your risk of developing bone fractures. The rate of bone mineral loss is greatest in the early years of DEPO-PROVERA use, but after that, it begins to resemble the normal rate of age-related bone mineral loss.

**Cancer**  
Studies of women who have used different forms of contraception found that women who used DEPO-PROVERA for contraception had no increased overall risk of developing cancer of the breast, ovary, uterus, cervix, or liver. However, women under 35 years of age whose first exposure to DEPO-PROVERA was within the previous 4 to 5 years may have a slightly increased risk of developing breast cancer similar to that seen with oral contraceptives. You should discuss this with your health-care provider.

**Unexpected Pregnancy**  
Because DEPO-PROVERA is such an effective contraceptive method, the risk of accidental pregnancy for women who get their shots regularly (every 3 months [13 weeks]) is very low. While there have been reports of an increased risk of low birth weight and neonatal infant death or other health problems in infants conceived close to the time of injection, such pregnancies are uncommon. If you think you may have become pregnant while using DEPO-PROVERA for contraception, see your health-care provider as soon as possible.

**Allergic Reactions**  
Some women using DEPO-PROVERA Contraceptive Injection have reported severe and potentially life-threatening allergic reactions known as anaphylaxis and anaphylactoid reactions. Symptoms include the sudden onset of hives or swelling and itching of the skin, breathing difficulties, and a drop in blood pressure.

### Other Risks

Women who use hormone-based contraceptives may have an increased risk of blood clots or stroke. Also, if a contraceptive method fails, there is a possibility that the fertilized egg will begin to develop outside of the uterus (ectopic pregnancy). While these events are rare, you should tell your health-care provider if you have any of the problems listed in the next section.

### What symptoms may signal problems while using DEPO-PROVERA Contraceptive Injection?

Call your health-care provider immediately if any of these problems occur following an injection of DEPO-PROVERA:

- sharp chest pain, coughing up of blood, or sudden shortness of breath (indicating a possible clot in the lung)
- sudden severe headache or vomiting, dizziness or fainting, problems with your eyesight or speech, weakness, or numbness in an arm or leg (indicating a possible stroke)
- severe pain or swelling in the calf (indicating a possible clot in the leg)
- unusually heavy vaginal bleeding
- severe pain or tenderness in the lower abdominal area
- persistent pain, pus, or bleeding at the injection site

### What are the possible side effects of DEPO-PROVERA Contraceptive Injection?

#### 1. Weight Gain

You may experience a weight gain while you are using DEPO-PROVERA. About two thirds of the women who used DEPO-PROVERA in clinical trials reported a weight gain of about 5 pounds during the first year of use. You may continue to gain weight after the first year. Women in one large study who used DEPO-PROVERA for 2 years gained an average total of 8.1 pounds over those 2 years, or approximately 4 pounds per year. Women who continued for 4 years gained an average total of 13.8 pounds over those 4 years, or approximately 3.5 pounds per year. Women who continued for 6 years gained an average total of 16.5 pounds over those 6 years, or approximately 2.75 pounds per year.

#### 2. Other Side Effects

In a clinical study of over 3,900 women who used DEPO-PROVERA for up to 7 years, some women reported the following effects that may or may not have been related to their use of DEPO-PROVERA: irregular menstrual bleeding, amenorrhea, headache, nervousness, abdominal cramps, dizziness, weakness or fatigue, decreased sexual desire, leg cramps, nausea, vaginal discharge or irritation, breast swelling and tenderness, bloating, swelling of the hands or feet, backache, depression, insomnia, acne, pelvic pain, no hair growth or excessive hair loss, rash, hot flashes, and joint pain. Other problems were reported by very few of the women in the clinical trials, but some of these could be serious. These include convulsions, jaundice, urinary tract infections, allergic reactions, fainting, paralysis, osteoporosis, lack of return to fertility, deep vein thrombosis, pulmonary embolus, breast cancer, or cervical cancer. If these or any other problems occur during your use of DEPO-PROVERA, discuss them with your health-care provider.

### Should any precautions be followed during use of DEPO-PROVERA Contraceptive Injection?

#### 1. Missed Periods

During the time you are using DEPO-PROVERA for contraception, you may skip a period, or your periods may stop completely. If you have been receiving your DEPO-PROVERA injections regularly every 3 months (13 weeks), then you are probably not pregnant. However, if you think that you may be pregnant, see your health-care provider.

#### 2. Laboratory Test Interactions

If you are scheduled for any laboratory tests, tell your health-care provider that you are using DEPO-PROVERA for contraception. Certain blood tests are affected by hormones such as DEPO-PROVERA.

#### 3. Drug Interactions

Cytadren (aminoglutethimide) is an anticancer drug that may significantly decrease the effectiveness of DEPO-PROVERA if the two drugs are given during the same time.

#### 4. Nursing Mothers

Although DEPO-PROVERA can be passed to the nursing infant in the breast milk, no harmful effects have been found in these children. DEPO-PROVERA does not prevent the breasts from producing milk, so it can be used by nursing mothers. However, to minimize the amount of DEPO-PROVERA that is passed to the infant in the first weeks after birth, you should wait until 6 weeks after childbirth before you start using DEPO-PROVERA for contraception.

### How often do I get my shot of DEPO-PROVERA Contraceptive Injection?

The recommended dose of DEPO-PROVERA is 150 mg every 3 months (13 weeks) given in a single intramuscular injection in the buttock or upper arm. To make sure that you are not pregnant at the time of the first injection, it is essential that the injection be given ONLY during the first 5 days of a normal menstrual period. If used following the delivery of a child, the first injection of DEPO-PROVERA MUST be given within 5 days after childbirth if you are not breast-feeding or 6 weeks after childbirth if you are exclusively breast-feeding. If you wait longer than 3 months (13 weeks) between injections, or longer than 6 weeks after delivery, your health-care provider should determine that you are not pregnant before giving you your injection of DEPO-PROVERA.

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## AT THE FINISH LINE

### SEATTLE BAND INSTANT WINNER WILL PERFORM THEIR SECOND TO LAST SHOW SATURDAY

By DREW SWAYNE

The Western Front

The Seattle-based ska band Instant Winner describes itself as "rock with horns." The band is coming to Bellingham to play its next-to-last show at The Factory Restaurant and Bar tomorrow night.

"Basically, it's going to be a warm-up show for our last one," bassist Stacy Jellison said.

Instant Winner is singer and guitarist Neal Martin, guitarist and trumpet player Chris Swartz, bassist Jellison, drummer Morgan Hushagen, trombonist Brien Beebe and saxophonist Aaron Watt.

After playing together for so long, Swartz said the band is like a family.

"You move past being friends," Swartz said. "You just know each other really well."

The band has played in Bellingham for a number of school-sponsored shows at Western, including a reggae show at the Ridgeway-Complex.

"This will be a good chance to try the bar circuit instead and see what happens," Martin said.

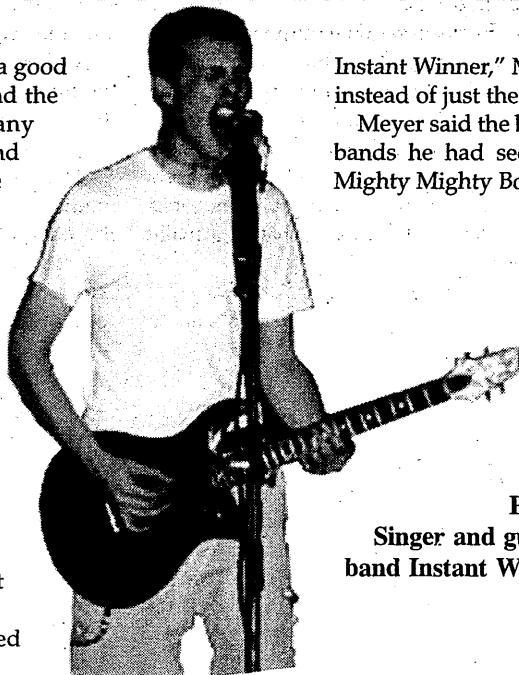
Jellison said the band has a good connection with Western, and the band members have many friends in the area. The band should have played more shows in Bellingham because of this, he said.

"There are a lot of kids up there, so it is a good place to play," Swartz said.

Seattle resident and musician Jon Meyer said he saw Instant Winner at The Paradox Theatre last year.

Meyer said he went to the Paradox to see Brodie and ended up enjoying Instant Winner also.

"I thoroughly enjoyed



Instant Winner," Meyer said. "It was like I saw two shows instead of just the one."

Meyer said the band was on the "harder edge" of the ska bands he had seen in the past and was similar to the Mighty Mighty Bosstones.

SEE Instant Winner, PAGE 6

PHOTO COURTESY OF INSTANT WINNER. Singer and guitarist Neal Martin, of Seattle-based band Instant Winner, performs at the Acoustic Cafe during the summer.

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# Standing room

## Open Mic Night attracts students

By EMILY BUTTERFIELD  
The Western Front

One of the only places for students and Bellingham residents to participate in an all-ages Open Mic Night is at the Underground Coffeehouse on Wednesdays. Coffee, pool and friendly people also are part of the scene.

People pack the coffeehouse every week to watch or participate in Open Mic Night. Some come to play pool and others relax with

their lattes on one of the comfortable sofas. Everyone is welcome from 7 p.m. to 10 p.m.

"Open Mic Night gives people the opportunity to be seen and heard in front of a live audience," said Eric Vermeers, co-coordinator for the Underground Coffeehouse concert series.

Vermeers said the acts at Open Mic Night vary each week. Most people sing and play guitar, but some choose to perform with oth-

ers. Performances have included spoken-word shows, poetry readings and stand-up comedy.

"It helps facilitate people's expressions on campus," Vermeers said.

Each week, an average of 150 people show up to watch the performers, and approximately 20 people sign up to show off their talent on stage.

Western freshman Evan Williamson said the coffeehouse is one of the most responsive places to play.

"The people at it are so friendly, and there is so much you can get involved with ... the audience participation is awesome," he said.

Williamson has been performing for four years and has played regularly at the Anacortes Department of Safety, an old police station that four people turned into a music venue, hostel and art gallery.

Williamson said the Department of Safety and the The Underground Coffeehouse draw similar crowds, but the Underground Coffeehouse is more relaxed.

"You feel totally comfortable because everyone is down with ideas and easy going," Williamson said. "They are really (respectful of) who is on stage and responsive and energetic; they get involved with the performer."

Williamson said he prefers the acoustic quality at the Underground Coffeehouse to the Department of Safety.

"The Underground Coffeehouse is more open," Williamson said. "There is hardly any feedback."

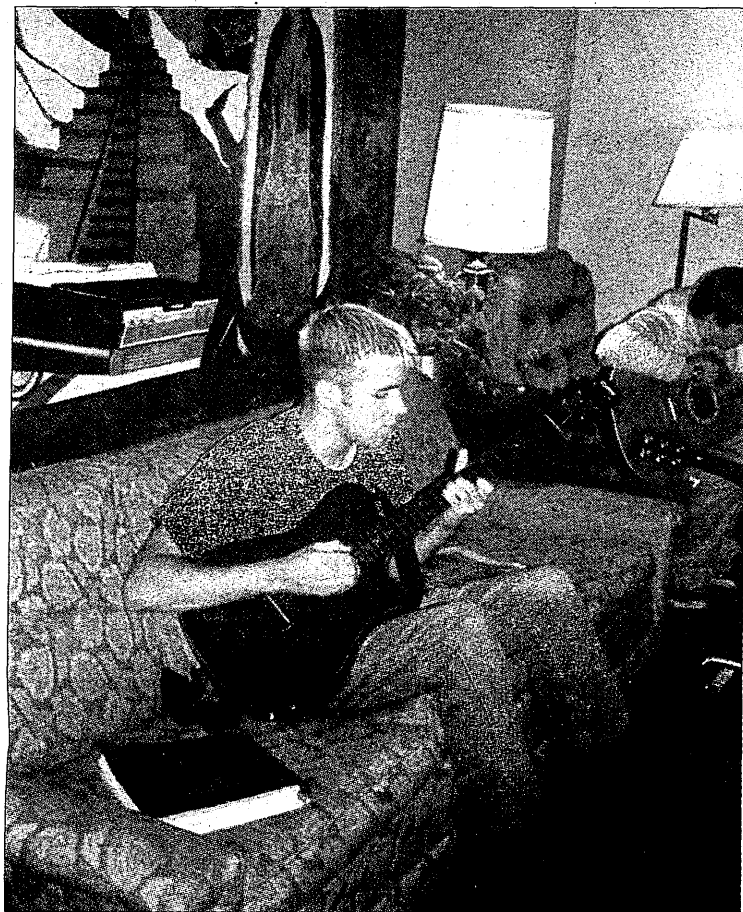


Western freshmen David Zhang, Luke Bradley and Mark Guthrie perform at Open Mic Night. Williamson's collaboration. Williamson had all the acoustic performers "Lights" at Open Mic Night.

Williamson said Open Mic Night also is a great place to meet people.

"It exposes musicians to people and exposes musicians to other musicians," Williamson said.

Williamson is collaborating with Western freshman Mike Preuss; the two met the first time they performed at Open Mic Night, and have started a musical collaboration called Murder Mountain.



EMILY BUTTERFIELD/ THE WESTERN FRONT  
Western freshman Mark Guthrie practices his songs at the Underground Coffeehouse before he performs. Guthrie said his biggest influences are Pearl Jam and the Dave Matthews Band.

# Instant Winner: Band to play one of its last shows



PHOTOS COURTESY OF INSTANT WINNER.  
From left, Neal Martin on guitar, Aaron Watt on saxophone and Brien Beebe on trombone play at the Krispy Kreme grand opening in Puyallup in July.

CONTINUED FROM PAGE 5

"I enjoyed the show, but I felt sorry for the band — that they missed their chance," Meyer said. "Ska really just came and went. It should have been a genre rather than just a movement."

Martin and Hushagen started the band by playing Nirvana covers in a junior high school talent show, Jellison said.

"Nirvana was probably our first big influence," Martin said. "Then we got turned on to the whole ska thing."

Martin said he and Hushagen met some horn players while going to Puyallup High School in Tacoma. The band members then recorded the Yellow #5 EP at their high school, which they released in 1999; he said.

"It was a total do-it-yourself CD," Martin said.

The band went through a few different names, beginning with Eviscerate and eventually changed its name to Yellow #5 after an ingredient in Mountain Dew, Martin said.

"Yellow #5 was a dye in Mountain Dew that

would lower your sperm count," Martin said a band in Pennsylvania owned rights to the name Yellow #5. The band decided to change its name to Instant Winner.

Martin said KGRG 89.9 FM acquired a copy of the Yellow #5 EP and was playing one of the songs off the album.

The band then played at the Investigator's area band, at a show in Tacoma, he said.

"They were on stage that night, handing the torch," Jellison said.

Since then, Instant Winner has had many lineup changes at one point or another. "We were in the band for a while," he said.

A total of 11 people have been in the band, Jellison said.

"We think of Instant Winner as us," he said. "We still hang out; no hard feelings."

Swartz said he joined the band after he has watched the lineup change over his stint with the band.

"One of my friends who joined

*"Ska really just came and went. It should have been a genre rather than just a movement."*

Jon Meyer  
Musician and Seattle resident



# only and performers



EMILY BUTTERFIELD/ THE WESTERN FRONT participate in Western freshman Evan Ashlock's song "They Saw the Park"

Western freshman and audience member Philip Ashlock said he enjoys watching the creativity at Open Mic Night.

"The performers are really expressive of their abilities and emotions," Ashlock said. "It's nice to be on the receiving side of the creative outlet in a laid back environment."

Ashlock said he believes the Washington music

scene has a lot of potential.

Many successful independent bands are from the Northwest, such as Death Cab for Cutie, Modest Mouse and Sunny Day Real Estate, he said.

Western graduate student Miranda Keefe, whose stage name is Miranda, said she has been singing in youth choirs since fourth grade.

"I love performing both mine and others' music," Miranda said. "I love connecting with an audience; I love the applause. Whenever I see someone on stage making music, I want to be up there doing it, so I do."

Miranda regularly performs at the Fairhaven Pub and Martini Bar's Open Mic Night on Mondays. She said she has a secret to hiding mistakes she makes on stage.

"You can't fail on stage if you see all that happens as part of the act of entertaining and connecting with the audience," Miranda said. "One key: Never apologize for mistakes, just include them."

Western freshman Mark Guthrie has been singing and playing the guitar for 10 years and mainly has performed in parks and at parties. He said the comfortable coffeehouse environment is much different.

"It's smaller, and more people are there to watch," Guthrie said. "It's peaceful and laid-back."

Guthrie said he participates in Open Mic Night because all the people

who play are encouraging.

"I've been here the last two weeks, and it has been an inspiration for me," Guthrie said. "It encourages you to go up and play your best and write more music."

Guthrie said attending Open Mic Night is an enjoyable extracurricular activity.

"You get to lounge back, drink coffee and watch everyone perform original music," Guthrie said.

Vermereers said Open Mic Night encourages people to come out and participate.

"So many people just go from class to class and don't express themselves creatively," he said.

Western freshman David Zhang has been singing and playing the guitar for three years and said he writes his own music.

Zhang said he enjoys taking part in Open Mic Night because the audience is so supportive.

"It gives students the opportunity to share their own music in a really positive environment," he said. "Everyone is really friendly, and they don't care if you mess up or aren't good. They are just there to listen to you."

He said the environment creates an intimate setting.

"You'll probably see people you know from classes and get to see them perform instead of some artist you don't know," Zhang said.

# in the spotlight

a calendar of local music, arts and entertainment

October 24

Homecoming dance

Mocktail party

Viking Union 565; free

As part of Drug Information Week, the Drug Information Center is sponsoring an alcohol-free party from 7 p.m. to 9 p.m. Attendees can receive two free drinks by bringing a friend.

Senior breakfast

VU Multipurpose Room; free; 650-3353.

Seniors graduating this academic year are invited to the senior breakfast at 9 a.m. The Career Services Center and the Alumni Association are sponsoring the breakfast, and a guest speaker will speak about life after school. Students must reserve a space.

Homecoming

C Lot, across from Fairhaven College; free

Fireworks and a bonfire will accompany hot chocolate, cider, doughnuts and raspberry brownies. The Atlantics will perform an array of music from '50s rock to Motown and Top 40. 7 p.m.

VU Multipurpose Room; free; 650-3353

The homecoming formal/semi-formal dance is this Saturday at 9 p.m. Tickets available at the door.

October 28

Folk music

Underground Coffeehouse; free

Local indie-folk artist Tom Wiebe and moody folk singer, Sean McKee will perform at 8 p.m.

October 30

Gypsy music

Performing Arts Center concert hall; \$16 general, \$12 senior, \$14 Western faculty, \$10 student at the door, \$6 students before Oct. 30; 650-6146

The Istanbul Oriental Ensemble, led by Burhan Ocal, will perform forms of 18th and 19th century folk and classical Gypsy music. The ensemble is comprised of leading musicians from Turkey.

Compiled by Andrea Sears and Laura McClay.

# as a group in Bellingham

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in the band, s the six of h the old in 1998 and throughout d the band

left for the Navy," Swartz said.

The band has released three albums and generated a large local following, playing nearly 200 shows since the release of Yellow #5. Instant Winner also played the Ernie Ball stage in the 2000 Warped Tour at the Gorge Amphitheater.

"It was a good promotional tool," Swartz said. "It was good to get our name out."

Recently, the band released a split CD with four other Seattle-area bands called "All the Kings Horses" and has received radio play on KNDD 107.7 The End during its specialty show, The Young and the Restless, which The End spotlights local bands.

Last week, the band posted on its Web site, InstantWinnerOnline.com, that the members were breaking up. The band decided to break up two weeks ago during a band meeting, Jellison said.

"One of the guys said he wanted to quit because he got married," Jellison said.

Martin said the band had been the same for approximately six years, and it was obvious that some of the members were not having fun anymore.

"I think everybody was getting tired, and we were ready for a break," Martin said. "I just want to work right now and save money.

I just want to take my mind off an organized band."

Derek Smith, manager of Club Impact in Tacoma, where the band played its first show, said it was a shock when he found out the band decided to break up.

"The average lifespan of a band is about five years," Smith said. "All good things must come to an end."

Beebe said he did not want the band to break up.

"For me, the only thing going on in my life was the band," Beebe said.

Members of the band said they all have different plans for the near future.

"Right now, I have no definite plans," Beebe said. "If something presents itself, I'll feel it out, keep my options open."

Jellison said he did not want to take a break from the band.

"Me and another couple guys in the band want to start our own project," Jellison said. "It's going to hopefully be even better."

Jellison said the new project likely would have no horns because he would like to move Beebe off of horns and onto guitar or drums.

"It will be punk influenced, but it won't be a punk band," Jellison said.



PHOTO COURTESY OF INSTANT WINNER. Instant Winner guitarist Chris Swartz plays at a Krispy Kreme opening in July.

# SPORTS

8 • OCTOBER 24, 2003

The Western Front

www.westernfrontonline.com



## Ridnour returns to area for Sonics scrimmage

BY BOBBY HOLLOWWA  
The Western Front

The line of fans hoping to see some of the local NBA stars stretched from the front entrance of Carver Gym to the back of Arntzen Hall Thursday night.

The Seattle Sonics impressed fans with a 20-minute scrimmage that ended with Sonics guard Brent Barry and the "green team" defeating Sonics guard Luke Ridnour and the "white team" 45-42.

The Sonics players, making their first trip to Western since 1987, had the crowd in a frenzy from the beginning of the practice. Ridnour, a standout at Blaine High School and three-year starter at the University of Oregon, was on the receiving end of the loudest cheers.

"I was real excited to get a chance to come back and play where I grew up," Ridnour said. "It's special to get to do something like that."

Ridnour lived up to the hype that made him a first-round pick in the 2003 NBA Draft. After launching an air ball on his first shot, he scored eight points and dished out several smooth passes.

The highlight of the night came when Ridnour hooked up with forward Ansu Sesay for a half-court ally-oop. Ridnour then stole the ensuing inbound pass and center Jerome James finished the possession with a thunderous dunk.

Sonics head coach Nate McMillan said he was happy no one was injured, and he was pleased with the way the team played.

"It's great to be in a high school-type atmosphere," McMillan said. "You want to go out and perform your best for fans like this."

Sonics principal owner Howard Schultz said the team has been performing community practices like this for the past four years and has received great support from fans.

"With Luke being from Blaine, it's a great opportunity to build on our fan base up here," Schultz said. "We are excited about this season and Luke being a part of it."

The crowd reached 2,553,

Carver's capacity, and many fans were turned away, said Steve Brummel, director of athletic marketing at Western. Fans still found ways in, however, leaking through unguarded side doors.

Sonics fan and Whatcom Community College student Greg Cutler and his girlfriend were two of the people who arrived too late to get in. The pair did not make it to the event until 6 p.m. when the doors were already closed.

"When you're late, you meet the consequences," Cutler said. "I would have liked to see Ridnour play, but what can you do?"

Two players did not make the trip because of injuries and family matters. NBA All-Star guard Ray Allen was nursing a sore ankle, and center Calvin Booth was with his wife who was in the early stages of labor.

*I was real excited to get a chance to come back and play where I grew up.*

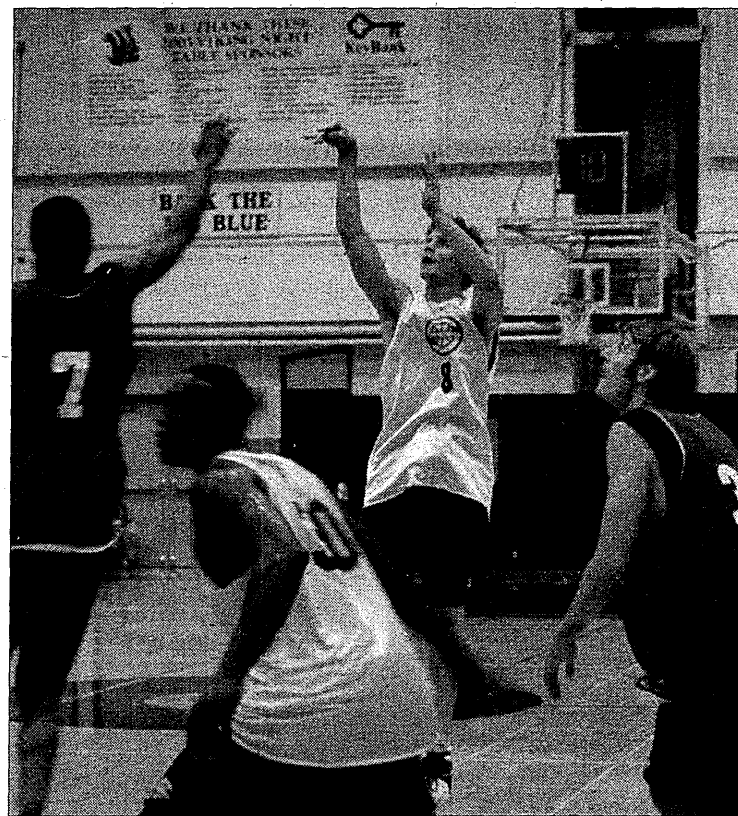
**Luke Ridnour**  
Seattle Sonics guard

SEE Sonics, PAGE 9

### WOMEN'S GOLF

**Tuesday, Oct. 21 @ San Diego State University  
Lady Aztec Fall Invitational, Chula Vista, Calif.**

Western shot a final-round 322 and slid three spots to finish in 13th place out of 21 teams Tuesday at The Auld Course. The tournament was Western's last for the fall season.



JUSTIN MCCAUGHAN/THE WESTERN FRONT  
Seattle Sonics rookie guard Luke Ridnour launches a three-point shot over the outstretched arm of Seattle forward Rashard Lewis in the Sonics' scrimmage Thursday at Carver Gym.

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# Sporting events should go back to being about the games



**Travis Sherer**

COMMENTARY

When walking into a sporting event turns into a seven-step seminar sponsored by Viagra, it is obvious that the game no longer is the center of the sports.

Most of the more popular sports in the United States have become so broken down in the name of marketability that the sport is secondary to the entertainment around it. Sports leagues need to regress to their beginnings, when the fans went just to see the game.

Now, a select few stadiums exist without a corporate attachment, such as Minute Maid Park or Tropicana Field. The few real fans who actually come early are ambushed by more advertise-

ments than they can stand. Forty minutes before game time, the Mariners' public address announcer belts out every possible location a fan could be lucky enough to spend their money at.

At the entrance, employees give out free posters with a MasterCard logo on them so big it casts a shadow over the team logo and the featured player. Just before the game, fans see the first pitch on the JumboTron, sponsored by Viagra, followed by the catch phrase "We know how to start things up right."

The need for DiamondVision and out-of-town scoreboards in stadiums is absurd; they typically are for the person attending the game who has no idea what is going on. These screens do not just update the score, they tell the crowd when to applaud, when to stand up and what to cheer about. They also will show what happened if someone was not paying attention, and in some cases, even

remind fans who is actually playing in the game

America is the only country where sporting events come with instructions for the fans. In other countries, such as England or Spain, soccer fans have home-made chants and sing for the entire game. The most popular fan-inspired chant at U.S. events is "the wave," which often is short-lived.

Even the sporting environment has to be manufactured for fans. The song "Who Let the Dogs Out," like many other pop songs and movie clips, plays at every sporting event to pump up crowds across the nation.

The reason behind most of the commercialism in sports is that

the leagues need to reach out to as many potential fans as possible to increase their profit and the popularity of their sport. Nothing is wrong with trying to reach a new and bigger fan base, but the bottom line is that popularity is not worth compromising the integrity of the sport.

*'America is the only country where sporting events come with instructions for the fans.'*

Most of sports have crossed this line, or are about to. Major League Soccer is toying

with the idea of expanding the goals to create higher-scoring matches to combat poor attendance. The National Basketball Association has moved the three-point line, which basketball created to combat poor attendance in the first place, closer to the basket, and it may do so again. Most sports are whittled down

to the most action-packed moments, leaving the rest as a thing of the past. For example, the style of baseball known as small-ball has disappeared because of tightly wound baseballs, lower pitching mounds, steroids and smaller ballparks.

Now, only home runs, the single most popular baseball statistic, and the occasional superb pitching performances are worth seeing. The people who suffer through these changes are lifelong, diehard fans who become disgusted with the new games and new fans.

Sports always have been a form of entertainment through participation and speculation. Suddenly, however, these competitions seem to be too boring to fit into pop culture. Leagues such as Major League Baseball, MLS and the NBA should not pander to the masses and change solely for profit.

## Sonics: Practice and scrimmage allowed fans to seek autographs, meet players

CONTINUED FROM PAGE 8

Fans had the opportunity to win prizes and meet players after the game. Sonics fan and Whatcom County resident Rhiannon Daniels got her neck autographed by Sonics center Vitaly Potapenko, and Ferndale resident Brandon Burke won an autographed Ridnour jersey in the Sonics' raffle. The raffle tickets were one dollar each, and all proceeds went to the Sonics' charity, the T.E.A.M. Foundation.

"It's sweet," Burke said. "I bought the ticket about two seconds before the numbers were

called."

Fans who have watched Ridnour from the time he was a freshman in high school were in attendance to see their hometown hero.

"It was great to see the team up close," Blaine resident Dave Blake said. "I have been a Sonics fan forever, and this is a great opportunity."

The regular season starts for the Sonics Oct. 29, when the team will face the Los Angeles Clippers in Japan.

"It's exciting to start our season over there," Ridnour said. "But it's business, and we want to win those games."



JUSTIN MCCAUGHAN/THE WESTERN FRONT  
Seattle Sonics guard Brent Barry autographs a fan's jersey after the Sonics practice and scrimmage Thursday at Carver Gym. More than 2,500 fans attended the event.

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# OPINIONS

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The Western Front

OCTOBER 24, 2003 • 10

## Frontline

### Western should provide a Hispanic culture major

Western claims to be a liberal arts school, but it relies heavily upon the Western Hemisphere and classical studies, or on the history of the Caucasian people. For the school to be taken seriously, it must install academic programs that focus on Hispanic culture.

Western offers American cultural studies as a major, but it offers no Chicano or Latino studies programs. Solely offering classes about the Hispanic culture and not providing a major or minor in that area will not bring non-Hispanic people to the classes.

The United States is drastically changing. According to the 2000 U.S. Census, people of Hispanic origin are the largest-growing ethnic group, comprising 12.5 percent of the population. As the United States endures globalization, its places of education must offer a diverse range of ethnic studies.

Struggles of Hispanic people throughout history have played a vital role in the development of this country. The sweat of the migrant field workers and their constant struggle with stereotypes are no less important than history of the United States black population. If universities add African studies programs as a reflection of demand from the general public, then Western should become a progressive university and institute a major that would keep the schools at the forefront of American culture.

Western's campus is becoming much more diverse. In 2003, Western's enrollment of ethnic students grew larger than ever, with 1,791 new ethnic students this year, which is 14.1 percent of the student body. Hispanics are 22 percent of the enrollment. With the Hispanic population growing, Western needs to accommodate those students with new courses of study.

Providing more ethnic studies courses will not only help the students who partake in them, but also the school as a whole. Widening cultural studies will attract a diverse student body.

In defense of Western, 397 Hispanic students make up only 3 percent of the total student population.

The Hispanic population is small, but by providing a major for it will only make the student body as a whole more diverse. Students who are not of Hispanic origin also may be interested in Hispanic-oriented classes.

Western administrators claim to have a commitment to the liberal arts, but saying this does not make it true. To truly embody the spirit of the liberal arts, Western must demonstrate it is committed to supporting ethnic studies.

*Frontlines are the opinion of The Western Front editorial board: Brandon Rosage, Katie James, Jeremy Edwards, Jenny Maag, Mugs Scherer, Justin McCaughan, Abiah Weaver, Eric Berto, Matt DeVeau, Bryan Sharick, Kellyn Ballard, Shanna Green, Joe Mack and Matt McDonald.*

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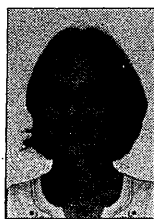
### And we quote:

*'Ah, yes, divorce, from the Latin word meaning to rip out a man's genitals through his wallet.'*

— Comedian Robin Williams



## Holiday is no excuse to be sleazy



Sarah A. Freeman

COMMENTARY

Halloween has become an excuse for young women to exploit their sexuality, instead of their creativity, resulting in costumes far more perverted than the traditional ghoul or ghost.

In its origins, the concept of Halloween marked the end of the harvest season and the beginning of the cold nights of winter. It was a time to exchange culinary treats and deter evil spirits with scary costumes and huge bonfires. Over the centuries, these traditions have changed, but a level of innovation and ingenuity has remained. Snickers and M&Ms have replaced sweet breads and nuts.

For young ladies, however, evolutions in costumes have not maintained the same level of integrity. Women often choose costumes that reflect a side of their personality they rarely show, but Halloween gives them an excuse to. Observing the numerous ensembles available to the female shopper, one can deduce that virtually everyone wants to be readily available for viewing by male counterparts as symbols of sex and promiscuity.

Not only is fabric scarce, but so is the creativity in costumes. Halloween-goers assume their costume must be sexy or they suffer the consequence of not fitting in. Thinking outside the bubble of promiscuity no longer is an option. After all, with less material involved, more people will like a costume.

Sleazy costume options include the she-devil "velvet vixen" or the "upstairs

French maid" accessorized with fishnet body stockings, open crotch and enough material to fill a plastic sandwich bag. Halloween Spirit, a costume store in Bellingham, carries dozens of provocative versions of both devils and maids. Military service options include the "sexy service girl" or "booty camp," which will undoubtedly make dedicated service women proud.

Even more disturbing adult options are the "sweet wittle girl" outfit, which is merely a pink see-through miniature slip with a lollipop accessory. It is one thing to appeal to the sexual nature of young men, but another to use prepubescent sexuality as a lure.

Sure, it is a treat to test the limits of sexuality and be free to disregard inhibitions. For many males, the buffet of flesh and erotica are a wel-

SEE **Costume**, PAGE 11

## Time is a treasure not to waste



Carl Weiseth

BLUNT VIEWS

I heard a clever commercial a few years back that pointed out that every human is a perishable item born with an expiration date. Although I can't even remember what they were selling, it certainly led me to ponder how wasteful we are with the limited time we have before our proverbial milk begins to curdle.

If one commodity is more precious than any other to humans, it is time.

On average, a man's shelf life is roughly 74 years, and a woman's is 80 years, according to the National Center for Health Statistics.

Now that I have reached my 20s — more than one quarter of the way through my sex's life expectancy (though I hope not my life's sex expectancy) — I have begun to develop a healthy respect for the hourglass of life.

Nearly any success in life relates to time in one way or another. Grades, money, relationships and even keg stands are perfect examples. Although we can all think of numerous exceptions, in general, the quantity of time we put into learning and personal betterment has a direct correlation to our future achievements and prosperity.

Because of this, it seems wasteful to ever spend time doing absolutely nothing — or even merely doing something with little or no future reward, like watching television. Sure, we all need to relax, but why not relax in an enriching way?

The Discovery Channel can be pretty damn informative, but reading a book always will trump television in terms of intellectual stimulation. Some crazy people, such as myself, grow to enjoy books more than television. Books expose you to new ideas, teach you new facts, increase your vocabulary and, most importantly, are way more sexually explicit than public television.

Just think how many books Western students could read if they brought an enriching or entertaining piece of literature to school each morning.

If books aren't your thing, or you suffer from severe dyslexia, consider all the other tasks you could be accomplishing or skills you could be learning.

Balance your checkbook during that boring math class you usually

SEE **Life**, PAGE 11



**Sonics: Practice and scrimmage allowed fans to seek autographs, meet players**

CONTINUED FROM PAGE 10

come substitute for an average night at The Royal Restaurant, Nightclub and Sports Bar or The 3-B Tavern. Conservative individuals may even benefit from a night of promiscuity and free will, but the cost to support such practices is

excessive. Society has enough problems that originate from abuses of a sexual nature and should not invite another opportunity to diminish those values further. A better option is to establish intellect as a component of sexuality and desire, and use attire as a vehicle to do so.

Though tradition rests on a bag of

sugary sweets, this holiday should be concentrated less on what costume participants can get in the sack. It should focus more on how creative people are. Halloween should be an opportunity to stretch people's imaginations and develop costumes that are innovative and original. In an ideal world, Halloween stores

would resemble hands-on stores such as Jo-Ann Fabrics or Michaels. Costumes should be something participants put on, compared to something they take off.

This Halloween, people should make an effort to separate from the harem of she-devils and slutty nurses to create a costume idea

that is truly innovative. They should expand on the possibilities of studio makeup and the abundance of fabrics available, or sift through the racks of the local Goodwill. Doing so will help ensure that they maintain the ingenuity of Halloween and not just try to turn tricks for treats.

**Life: Humans have a short shelf life and should make the most of their time**

CONTINUED FROM PAGE 10

sleep through. Pay your bills during the interminable wait for computers in ATUS labs. Learn to make condom balloon animals, speak German and crochet while you pass the hours (days, weeks, years) waiting for a doctor at the Student Health Center.

Ever wish you could play the

drums? While you drive, you can begin building the hand speed and dexterity necessary for percussion by drumming on various elements of your car's interior in tempo with the radio. Ignore the foot pedals of your fictitious drum set while driving, however, unless the reverberation of shattering glass and ambulances happens to

be a sound effect you desire.

Car trips also nicely accommodate the ability to learn foreign languages, business skills and increased motivation. Sure, listening to Naughty by Nature might heighten your fluency in rapid-spoken ebonics, but think of the long-term rewards you could reap with a newfound ability to

negotiate transatlantic business mergers in Japanese.

Most importantly, learn to whistle. Whistling is a fantastic way to build your musical aptitude and tone recognition. You can practice during any point in the day that doesn't require silence or beer-bonging. (Sex and swimming should probably remain non-

whistling activities as well).

College students have notoriously busy schedules, both academically and socially. We might as well fill the unused portions of our day with some menial task or learning process in order to later benefit from additional free time, increased intelligence or an enhanced skill.

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# Latino: Introducing a cultural studies major would attract more ethnic students

CONTINUED FROM PAGE 1

"Some scholars only want Western-based studies," he said. "There are people who think other cultural studies are a corruption of the classical studies."

Estrada said Western does not offer a major or a minor in Chicano and Latino studies at this time.

Phillip Montague, professor and chairman of Western's philosophy department, said he only would support introducing cultural studies on campus if he agreed on what resources and funding would be devoted and what the content of the curriculum would include.

Fairhaven junior Alberto Mejia, an American cultural studies major, said some people feel threatened by cultural studies and do not consider it legitimate in universities.

"To see Chicanos, Latinos and other students of color represented and excelling in the Ivy Leagues was empowering and impressive," Mejia said.

Introducing ethnic studies at Western is dependent upon how much the university wants to follow its mission statement, Mejia said.

"A driving force in the Chicano student movement is that a lot of Chicanos and their allies before us have sacrificed so much to have us in the university setting, so it is our responsibility to future generations to accommodate and empower them," he said.

Sonia Arevalo-Hayes, senior assistant director of Multicultural Support Programs and Retention, said a total of 1,791 students of color are enrolled at Western for fall quarter, representing 14.1 percent of the entire student body.

"We have a real phenomenon," Estrada said. "The Latino population is the fastest growing in the United States, but there is a lack of representation of Latinos in both students and faculty nationally."

Estrada said the lack of Latinos in higher education is due in part to an assault on affirmative action.

"We're going to see a disproportionate amount of Latino students unable to continue on to a higher education," he said.

Students are becoming more militant in the East Coast schools, demanding increased representations of Chicano and Latino faculty members and curriculum, Estrada said.

He said a part of ethnic studies is understanding Chicanos and Latinos in the greater culture.

"I think if students and faculty at Western join together, we could get Chicano and Latino studies here," Estrada said.

Michael Vendiola, coordinator and program adviser for the Ethnic Student Center, said he sees students gravitate to the center because they are not finding connections in their curriculum.

"Having ethnic studies would be an opportunity for students to have ownership in the curriculum and have their cultures represented," he said.

Vendiola said he has seen students of color drop out of Western in their first or second quarter because they do not feel connected.

"Western's master plan prioritizes diversity and technology," he said. "But if diversity is a priority on this campus, how is it manifested?"

Vendiola said Western has taken steps to prioritize diversity, but the administration needs to make more of an effort.

Bill Lyne, Western English and American cultural studies professor, teaches the African-American experience and African-American literature classes.

"American cultural studies is the most under-funded program at the university," he said. "They are getting by on a shoestring."

Lyne said many faculty members would be supportive of and engaged in the idea of cultural studies on campus.

"I think it would interest a lot of students," Lyne said. "There is definitely an audience here."

Fairhaven senior Stephany Hazelrigg said she would like to see an entire college at Western devoted to ethnic studies.

"We need student forums, discussions and debates about the pros and cons of implementing cultural studies," Hazelrigg said. "As a state institution, Western has an obligation to teach ethnic studies."


Hazelrigg said she is dismayed that Western is trying to fill its student-of-color quota but not offering a curriculum in ethnic studies.

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