

MYSTERIES REVEALED

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Tuesday, October 13, 2009 | Volume 148, Issue 6

THE WESTERN FRONT

INDEPENDENT STUDENT NEWSPAPER SERVING WESTERN WASHINGTON UNIVERSITY SINCE 1970 I WESTERNFRONTONLINE.NET

Campus police aid Bellingham **SWAT** training

Katherine Garvey THE WESTERN FRONT

In conjunction with the Bellingham Police Department, Western's University Police is holding two training sessions for the SWAT team at Western's commissary. The training will allow the team to familiarize itself with the campus while exercising techniques and tactics, Sgt. David Garcia from University Police said.

The first session was held Monday night from 10 p.m. to 2 a.m. Tuesday morning; the next will take place Oct. 26.

The training involves a small-scale, inside-oriented operation, so residents in the surrounding areas including Fairhaven and Buchanan Towers are not alerted, said Lt. Craige Ambrose, commander of the SWAT team.

"If it's just going to be working on the inside of the building that's not accessible to the public and not going to be in the public eye, then there's no reason [for notification]," Ambrose said. "It's pretty low key."

Garcia sent out safety plans to the employees in the commissary beforehand explaining what was to happen. Police also

see SWAT page 6

Diming with the flu

Western's Dining Services delivers boxed meals to sick students

Ben Woodard THE WESTERN FRONT

Residence halls and Dining Services are joining forces to tackle the H1N1 and seasonal flu on campus.

The Dining Services Web site went live with an online sick-box request form Oct. 5 for students seeking boxed meals because they are too sick to leave their rooms. Sick students with a meal plan or munch money can order a meal that is deliv-

ered directly to their residence hall.

pected of sickening at least 2,200 students - 2,000 within the first ten days of classes-Associate Director for Western's University Residences John Purdie decided to take preemptive action if a similar outbreak occurs at Western.

Purdie said he was observing the semester schools in session one month before fall quarter

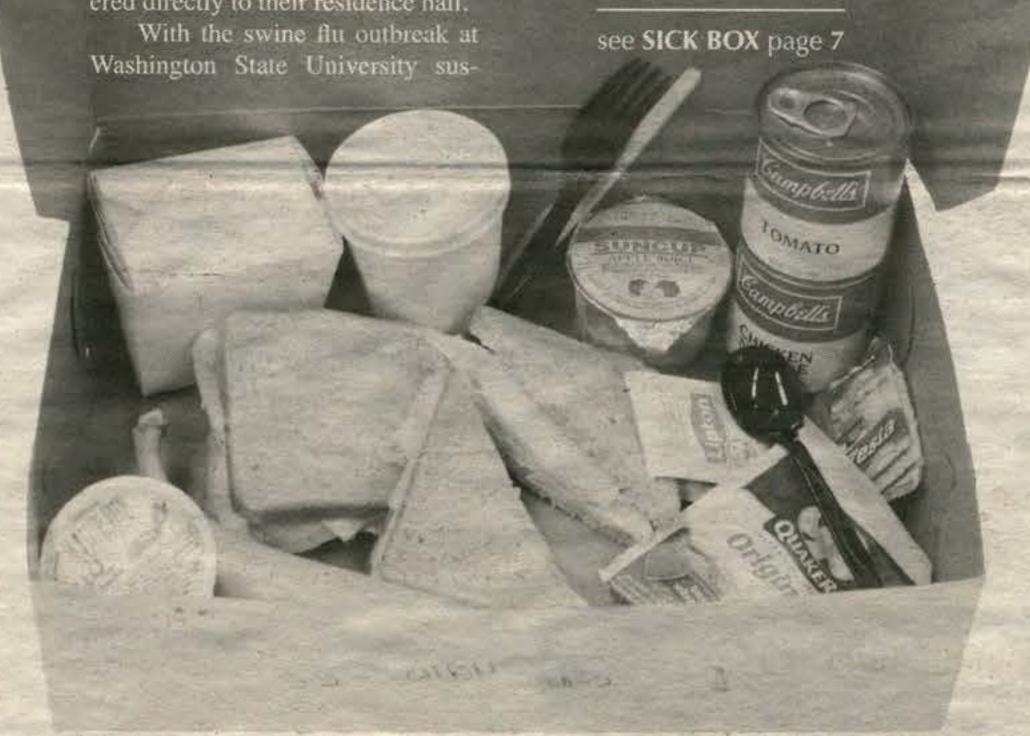


photo illustration by Ben Woodard THE WESTERN FRONT



photo by Emily Linroth THE WESTERN FRONT

in Munro we trust

Former secretary of state joins Western's Trustees

> **Emily Linroth** THE WESTERN FRONT

Western alumnus Ralph Munro accepted his appointment to Western's Board of Trustees Oct. 1, a position he will serve until Sept. 30, 2015.

The board represents the people of Washington state in their management of Western. It elects the president of the university and ensures policies reflect Western's mission of excellence in academics and community service.

Munro said he hopes to push for innovative solutions in

see MUNRO page 5

Citizen's Forum confronts zoning codes

Policy, enforcement of student rental housing codes caught up in county's sprawl versus infill debate

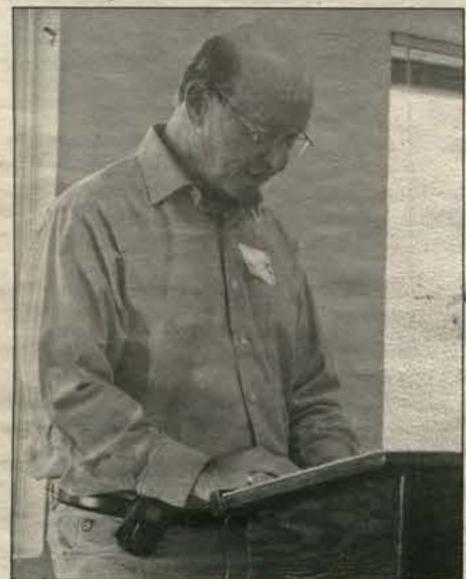


photo by Emily Linroth THE WESTERN FRONT Bellingham resident Dick Conoboy speaks about managing growth at the Citizen's Fo-

rum on Saturday.

Emily Linroth THE WESTERN FRONT

Rental housing management and Western's relationship with the community were key topics at a meeting of a local growth discussion group called Citizen's Forum on Saturday, where tensions were high as community members met to talk about issues regarding zoning codes and enforcement of nuisance laws.

Many of the issues discussed have persisted for years as the greater Bellingham community and Western try to figure out how best to coexist. Western's campus has room to house 30 percent of its students, said Steve Swan, vice president for University Relations. This means 70 percent of students are looking for housing in the greater community.

That majority of students, expand-

ing outward from the university, act as a microcosm for the sprawl versus infill debate Whatcom County now faces. The city and county have been arguing for years whether to let development spread into rural county land or to build more within city limits to support a growing population.

Among the crowd were Western students, landlords, concerned neighbors and city and county officials.

Bellingham resident Dick Conoboy spoke first, stating many of the problems and potential solutions on the table. Conoboy is a member of the Campus Community Coalition and the board of the Samish Neighborhood Association, but spoke independently of those organizations. He is also known as "Zonemaven" from his blog, where he routinely writes about zoning issues in the Bellingham area.

Conoboy's main concerns focused on landlord licensing, nuisance ordinances and zoning rules.

Landlords are not required to apply for permits like businesses are, and many rental owners at the meeting balked at the idea because they said permits are too expensive and would prevent them from making any profit on their rentals. Others disagreed.

"These rental properties are businesses, and they should be licensed as such," said Anne Mackie, a resident of the York Neighborhood.

A landlord licensing program would make landlords accountable for who they rented to and how well they enforced rules, Mackie said. It would also help ensure properties are up to city health and

see ZONING page 4

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photo by Hailey Tucker THE WESTERN FRONT

Anna Townes rehearses as Edna and James Tweedale rehearses as a series of writers Drake, Jake and Blake; In "The Mistakes Madeline Made," premiering at the Underground Theatre in the Performing Art Center at 7 p.m. Oct. 22-24 and 28-31 and at 10 p.m. Oct. 24 and 31.

TEST YOUR WESTERN WASHINGTON UNIVERSITY KNOWLEDGE

In the 1956-66 academic year, the cost of student housing was closest to which amount per year?

A. \$600 C. \$900

B. \$700 D. \$1000

ANSWERS ONLINE www.westernfrontonline.net

Buchanan Towers is named for Sam Buchanan who was once employeed at Western in what capacity?

A. Teaching

C. Administrative

B. Classified staff

D. Student government

SOURCE: Normal College Knowledge Charles J. Flora

Cops Box

Bellingham Police

Oct. 10

 Juvenile students were found on a grade school campus lighting an aerosol can on fire causing it to explode. No damage was caused to the property.

Oct. 11

 At 12:27 p.m. a male was reported walking through traffic kicking and punching vehicles. He was arrested on suspicion of disorderly conduct on Lincoln Street.

Oct. 12

 At 1:15 a.m. a male was shot by an unidentified person on Meridian Street. The victim underwent emergency surgery at the hospital. Further investigation is being conducted.

Oct. 12

 At 3:12 p.m. police responded to a report of hair found in a yard at the 1200 block of Undine Street. Upon further investigation, it was found to be doll hair.

Cops Box compiled by Samantha Oberholzer

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CORRECTIONS

A story in the Oct. 9 issue titled, "Eliminating budget expenses," was meant to say the 10x10 Campaign will try to cut utility use by 10 percent within participating buildings—not campus-wide—by 2010.

In the Oct. 6 article "Drug, liquor violations most reported campus crime," a source was quoted though the source asked to speak off the record.

A source in the Sept. 25 article "Annual 'Night' carries on without football," was quoted though the source had not been interviewed for the story.

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Research team races for international victory

Western's Vehicle Research Institute developing energy-efficient car for a chance at \$10 million

Nick Schiffler THE WESTERN FRONT

A team of Western students is attempting to win \$10 million by building a car that gets 100 miles per gallon, performs well on the road, is environmentally friendly and is fun to drive.

They are competing for the Automotive X Prize, an international competition to be held next summer.

Western's X Prize team is contending against more than 100 other teams, many of which are established auto companies, from 25 states and 11 different countries.

Western senior Brent Wise is the student team leader of Western's X Prize group. He said the competition has many different aspects.

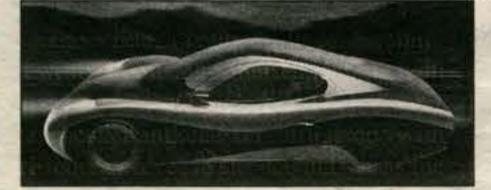
"You need to meet the 100 miles per gallon as well as all the specifications for the vehicle," Wise said. "Emissions, safety, you need to be able to mass produce it for an affordable price. But also there's going to be timed races. Essentially, whoever meets all those qualifications and gets the lowest time is the winner."

The X Prize team includes students from the Vehicle Research Institute and the business management and communication departments.

The students from the VRI work on manufacturing and testing the car, along with creating and implementing designs.

The business and communication students involved with the project are in charge of creating a marketing plan, which will be used to attempt to massproduce the car once the car is complete.

The team has been working within the VRI to build their vehicle since 2007. The car that will be entered in the competition,



This concept drawing of the Viking 45 in its completed form can be found on the Vehicle Research Institute's Web site.



photo by Nick Schiffler THE WESTERN FRONT

Western senior Brent Wise and senior Boris Black inspect a carbon-fiber ring, which is intended for use on the Viking 45.

a gas/electric hybrid called the Viking 45, is under construction. The team has nearly completed the prototype vehicle, Viking 40, but they are still fine tuning the car.

"We're targeting our prototype to be done for sometime in November," Wise said. "So you might see a yellow convertible racing around Bellingham."

Director of the institute Eric Leonhardt said he does the majority of the logistical work on the project as well as helping build parts for the vehicle. He said there are still a few things the team needs to overcome.

"We just need more students working on the project," he said. "So it's really a time issue. We have to have enough students in the lab, getting the key components done."

Western senior Tyler Sabin is one student working on the project, and has been since fall of 2007.

"I wouldn't miss this for the world," he said. "I got accepted into Harvard, Stanford, Cornell and a lot of other schools, but I knew this would be the place where I could really make a difference in the auto industry."

"I think that we really have to show the world how we can make high-efficient cars that can be fun to drive, are safe and meet [standard] emission requirements. Hey, if we can do it at Western, then certainly the automotive companies can do it."

Eric Leonhardt Director of the Vehicle Research Institute

Sabin is currently working on a roll bar made of composite materials, which are an important aspect of the vehicles Western's team is constructing. Composites are more expensive than regular materials, but are as strong and are significantly more lightweight. For example, a normal metal roll bar might weigh approximately 100 pounds, but Sabin said his will likely be closer to 16 pounds.

Western's team is already sponsored by a pair of composite manufacturers, but Sabin said they are still in need of as many sponsors as they can get.

"Right now the big snag is funding," he said. "We need funding to help get in the supplies to finish building the car."

Wise agreed and said the travel expenses, for mandatory conferences and the stage races themselves, will also be an issue. He said the team will be attending an X Prize conference in Las Vegas in November, and the actual stage races in the summer will likely take place in the Midwest.

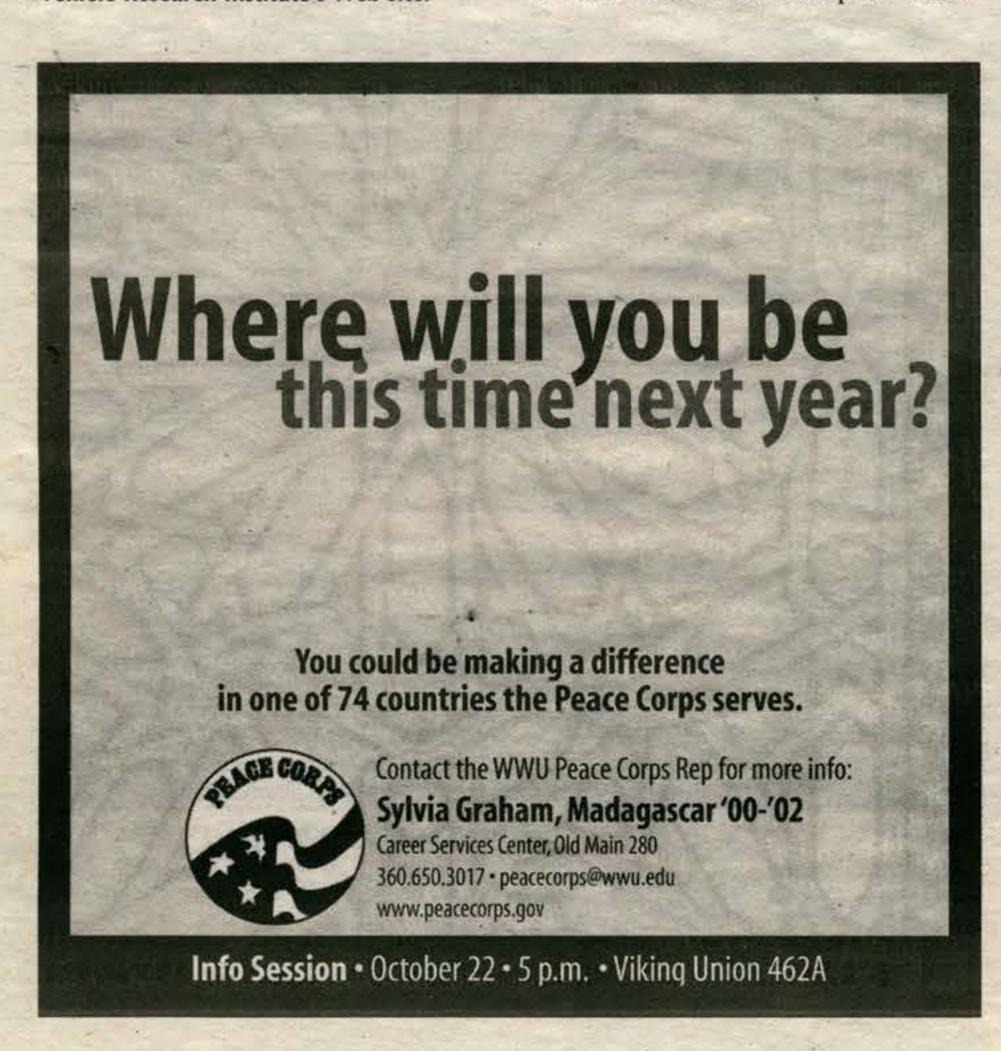
The construction of the car is only one part of the project. Another requirement is a theoretical business plan that would allow the vehicle to be mass-produced and be accepted by the market. To fulfill that, a group of Western business students created a proposal and submitted it earlier this year. Wise said he is happy with the product they created, and expects to hear back from the competition soon.

In the upcoming weeks, the team will be working hard on putting the vehicles together. Sabin said he is putting in approximately 20 hours a week on the project, but also said the potential benefits make it well worth it.

"I'm getting first-hand experience on how to design and build a composite car," he said. "When we go to competition, there's 111 teams and many of them represent companies. So I might be able to network and get a job right out of college."

Leonhardt said the goal for the institute, as well as Western's X Prize team, is to set a good example for the automotive industry.

"I think that we really have to show the world how we can make high-efficient cars that can be fun to drive, are safe and meet [standard] emission requirements," he said. "Hey, if we can do it at Western, then certainly the automotive companies can do it."





Tackling renewable energy solutions

Public forums will be held to assess Western's strategies for reducing gas emissions in the future

Carey Rose
THE WESTERN FRONT

Western's Climate Action Plan, drafted in June 2009, faces public scrutiny this week through a series of on-campus forums as Western attempts to move closer to climate neutrality.

The plan outlines several strategies for reducing greenhouse gas emissions on campus, including educating students and staff on conservation, streamlining and trimming energy use in buildings on campus, further encouraging alternative transportation and investigating the conversion of the steam plant to run on biomass instead of natural gas.

Drafted by the Office of Sustainability and Facilities Management, the plan is a result of former Western President Karen Morse's signing of the President's Climate Commitment in January 2007.

The plan calls for immediate technical climate neutrality through the purchase of Renewable Energy Credits that will offset the carbon emissions Western is generating as well as movement toward actual climate neutrality by reducing and eventually eliminating on-campus greenhouse gas emissions altogether.

Western currently owns enough credits to offset two-thirds of its carbon footprint, said Seth Vidaña, coordinator of the Office of Sustainability.

"We're so close, and credit prices are going down, so why not make technical climate neutrality our first measure?" Vidaña said. "We'll have a real and immediate impact on global climate while figuring out how to progress...to actual climate neutrality."

Credits work to make renewable energy sources more competitive in the marketplace, as they generally have higher costs of production than fossil fuel sources, said Ron Bailey, property manager of Western's Facilities Management.

"The owner of a wind farm can sell the cost of the power, but he will still have additional costs," Bailey said. "They can sell the value of it being a renewable energy as a separate commodity and remain competitive."

The ability to remain competitive will encourage the production of further wind farms, Vidaña said. Still, Vidaña said credits are a temporary solution, and the eventual goal of the plan is to buy less and less of them as actual greenhouse gas emissions on campus are reduced.

Part of the plan hinges on the continuation of Western's Green Energy Fee, Vidaña said. The fee currently pays for the credits that Western owns, and was approved and implemented for the 2005-2006 school year, but will need to be voted on for its continuation, Vidaña said.

"The AS votes [are good] for four years, and this is the fourth year," Vidaña said. "You can't have a fee that goes on forever."

Western junior Lauren Squires, coor-



photo by Carey Rose THE WESTERN FRONT

Seth Vidaña, coordinator for the Western's Office of Sustainability, receives feedback from students and staff at an open forum on the draft of the Climate Action Plan. Feedback will be considered for revisions as the plan moves toward its next draft.

dinator for Western's Environmental Center, attended the Oct. 7 forum.

"One of the really exciting things...
is that our green energy fee has made us
almost climate neutral," Squires said. "If
students start owning that fact, that would
put more [of the students'] energy into reducing our actual carbon footprint."

One of the programs the plan calls for is further education for students concerning the Green Energy Fee, Vidaña said.

The plan will not only impact Western, Vidaña said, but will also act as inspiration to institutions both within the Whatcom community and nationwide.

"After we purchased our green energy, the city and county also signed on for green energy," Vidaña said. "In 2006, we were at the top of the list for largest green power purchase, and now we are number eight. We were inspiration for that."

The next step, according to the timeline set forth by the Office of Sustainability, is to gather input from Western's Board of Trustees and the president's cabinet before finalizing the plan and sending it to the trustees as an action item.

"This is an opportunity to take a leadership role in taking responsibility for our climate footprint, and to provide leadership nationally for other schools to do the same," Vidaña said.

Scheduled meetings

Oct. 15: 8:30 a.m. in Viking Union room 462.

Oct. 20: 3 p.m. in Science Lecture room 110.

Oct. 21: 3 p.m. in Science Lecture room 110.

ZONING: Rule of three provokes landlord-tenant debate

from 1

safety codes and protect students and other renters from faulty plumbing or electrical fires.

"It's a terrible liability for the city to have been warned about [the danger]," Conoboy said.

He said he believes the county council will consider the issue of licensing landlords in December.

Bellingham has nuisance ordinances that deal with litter, noise, parking and overcrowding, but these codes are currently criminal rather than civil. This means police who respond to a situation need to prove beyond a reasonable doubt that the infraction happened and can thus criminally charge landlords.

Many violations are not prosecuted because they lack sufficient proof for criminal charges. Civil charges are less difficult to prove and are dealt with through payment of fines or damages rather than potential imprisonment. Some residents felt civil charges would be more effective than criminal ones.

The group also discussed zoning codes.

Bellingham's rule of three allows no more than three unrelated people to live in the same residence. Since landlords are not licensed and it is difficult to enforce the rule everywhere and at all times some houses have many more than three students living together.

Some residents complained their neighborhoods were destroyed when rent became too much for single families and houses filled up with multiple students who together could afford the cost.

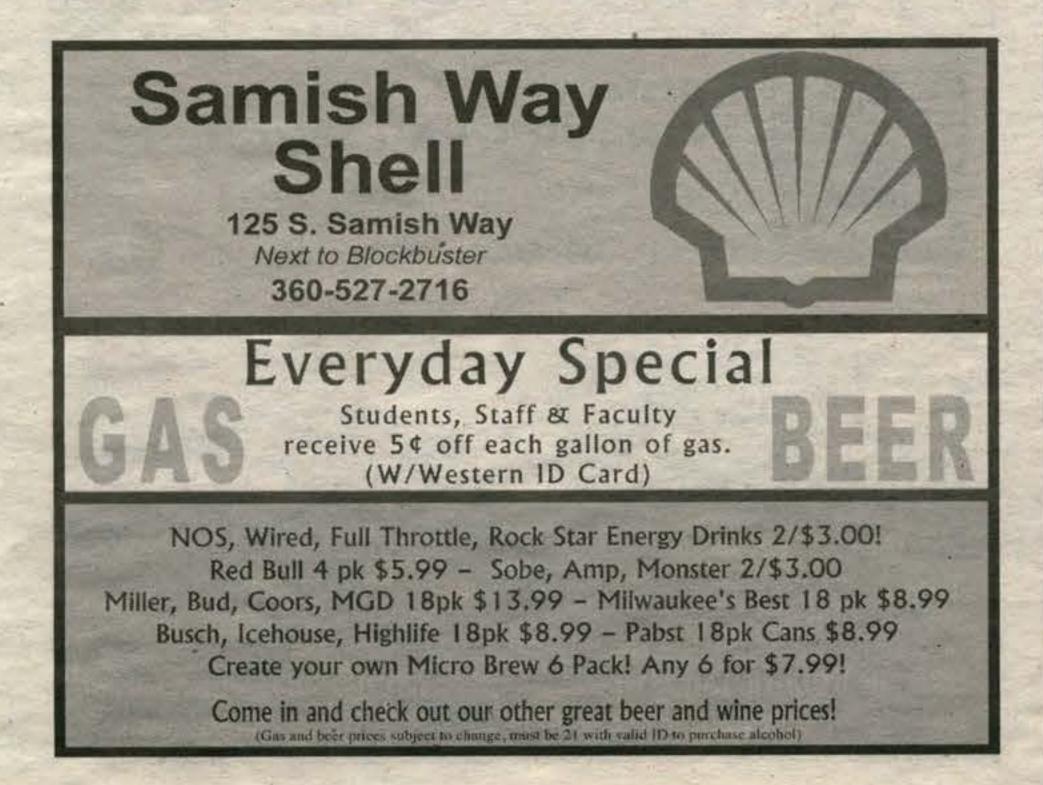
While some students were good neighbors, others threw wild parties that forced neighbors to call the police and eventually move away when they could no longer handle the noise and other violations, such as students peeing in their yards.

The Campus Community Coalition's Web site has guidelines for living off campus, but Conoboy said he does not think many students read them.

"The biggest thing the university can do is change the conversation and emphasize the conversation about abiding by the law," Conoboy said.

Western does not have a code of conduct for its students because the university does not have a Greek system, Swan said. Several citizens suggested Western consider creating one.

"We want to be good neighbors, and we're trying to work hard at it," Swan said.





MUNRO: Program preservation top priority for Munro



photo by Emily Linroth THE WESTERN FRONT

Ralph Munro (left), Sarah Ishmael (center) and Matt Jarrell (right) sit in on the October 2009 board of trustees meeting at Western.

from 1

communicating with students in new ways to reach them better, as well as maintaining the quality of university programs under current budget restrictions.

"This isn't rocket science. This is back to grassroots politics," Munro said at the Oct. 8 board meeting, harkening back to his own days at Western in the 1960s.

Munro was born on Bainbridge Island on June 25, 1943. His mother and older brother were both teachers, and he followed in their footsteps by attending Western and graduating with a bachelor's degree in education in 1966.

While at Western, Munro became heavily involved in politics. He was the president of Highland Hall and eventually the student body president.

"I just always have liked politics, and liked being able to help people through politics," Munro said.

Munro held a variety of jobs, from running snow plows in the Whatcom County to working as a bartender at a place called Shakey's Pizza Parlor in downtown Bellingham. After graduating, he worked as an industrial engineer at Boeing.

Munro remained active in politics and was elected Washington's secretary of state in 1980, a position he held until 2001.

In 1976, Gov. Dan Evans appointed Munro to Western's board. Before Munro could attend his first meeting, Evans finished his term as governor, and his successor withdrew the names of trustees he appointed. Now, more than 30 years later, Munro is back on the board.

Board Chair Phil Sharpe said he thinks Munro brings a great depth of experience to the board, especially because he understands how the legislative process works at the state level.

"He understands the dance of the legislature, which dances to its own music," Sharpe said.

Bruce Burpee, one of Munro's college roommates, thinks Munro will bring a great deal to the table as well.

"He's obviously going to make a great board member," Burpee said. "He's very thoughtful, he really thinks things through. He's always been that way. He was a good roommate."

While finishing up at Western, Munro lived at 516 North Garden St. in a house that stood where the parking lot below the Viking Union building is now. He and is roommates dubbed the house "Gringos, Ducks and Canucks" because of the variety of people who lived there.

Burpee recalled a snowy night in the 1970s when Munro visited him at his home east of Deming. Munro learned to play the bagpipes for his father, and he brought them that night and played outside. Burpee said the music echoed through the entire valley

"He's got diverse interests, and he's always wanted to help others," Burpee said.

Sharpe said Munro is revered by both Democrats and Republicans because he has been a dedicated public servant.

"I've never heard anybody say anything bad about Ralph Munro," Sharpe said. "That's just a phenomenal thing for someone who's been in public office that long."

Although Munro has spent plenty of time in political offices, he said he still finds time to have fun.

The evening after Munro attended his first board meeting on Oct. 8, he and Sharpe went down to one of Munro's old haunts, Cap Hansen's Tavern, to have a beer.

Munro lives on Triple Creek Ranch near Olympia with his wife, Karen. The farm is an archaeological site as well as an important region for waterways that feed Puget Sound. It is protected from development by a conservation easement.

For the last eight years, Munro has spent one month per year in East Africa vaccinating children against polio.

"I've always had a great desire to assist and help people, and I've done a lot of that, but there's always a desire to do more," Munro said.



photo courtesy of Ralph Munro THE WESTERN FRONT

Munro spends one month each year in Africa vaccinating children against polio.

A brief history of Munro

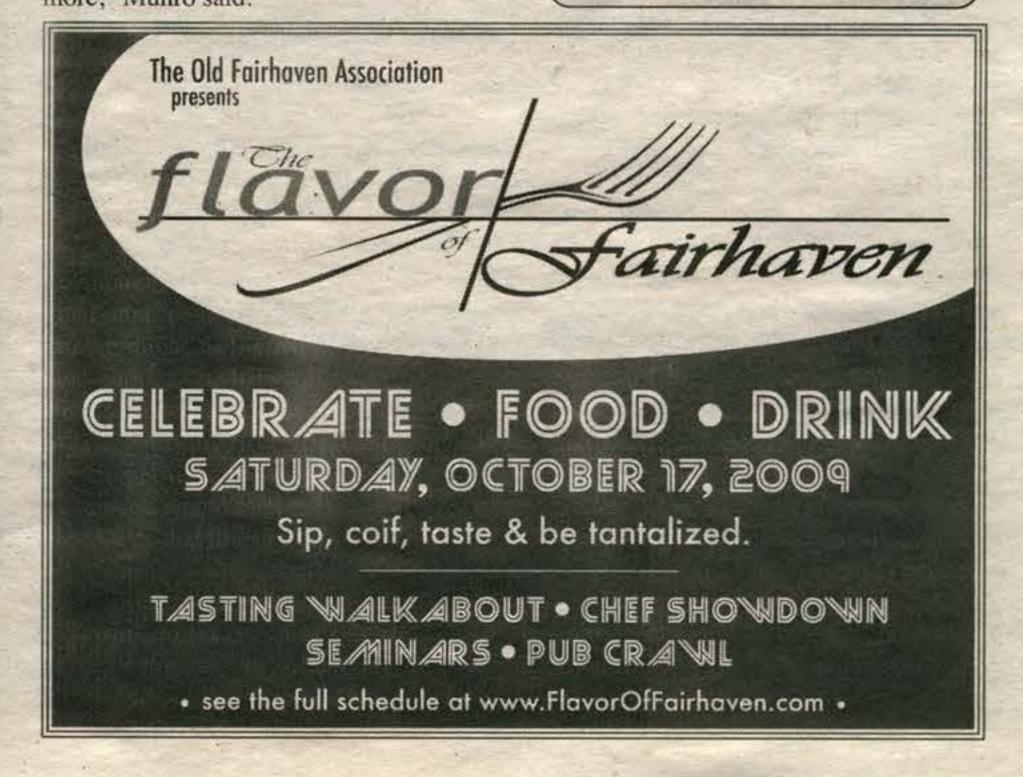
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SWAT: Campus training sessions began spring quarter 2009

from 1

briefed custodians and gave them reflective vests to show they are not part of the training, Garcia said.

The team has trained in buildings all over the city. Exercises on Western's campus began spring 2009, Garcia said.

"If you can imagine where SWAT

Before a training exercise in the chemistry building last spring, Steve Gammon, professor and chair of the chemistry department, said the department was not sufficiently notified. Students and faculty, not including Gammon, who had stayed in the building after normal hours were still there when the training began.

Garcia said nothing major happened



photo by Alex Roberts THE WESTERN FRONT

Bellingham Police and Western's Police occupied Western's commissary building for four hours Monday night and early Tuesday morning to conduct one of two SWAT training sessions scheduled during October. The commissary was chosen, in part, because of its relatively remote location.

might be needed, we try to be familiar with those areas and train there if possible," Ambrose said. "This is not new."

Training scenarios include situations with an active shooter, dealing with a barricaded suspect and rescuing a barricaded hostage. Volunteers portray the suspects and hostages.

as a result.

"Nobody got hurt or anything or hauled off to jail," Gammon said. "The people on campus who were organizing it, they agreed that there was a breakdown in the notification. We got lots of assurances that that would never happen again in that manner." While Ambrose said they operate openly in the police department, smaller-scale exercises such as this and Monday night's are designed to be discreet.

"We're not looking to draw impact,"
Ambrose said. "This is not a show; this
is not a demonstration. People can
usually look and see and make
an assessment that it's
the police and they're
doing some training."

in when a situation is too dangerous for a normal patrol response, Ambrose said. For example, the police would employ officers from the SWAT team in order to issue a "high-risk warrant" to a convicted felon with the presence of firearms, he said.

The team of approximately 26 officers consists of negotiators, tactical operation dispatchers and a hazardous devices team, Ambrose said.

Western sociology professor Ronald Helms researches criminology and punishment. In his criminal and research policy class Friday, he discussed security on university campuses.

"Colleges, in order to function well, have to be open environments," he said. "We want security but at the same time we want an open environment we can engage in."

There is a lot of debate in determining the most appropriate policies and protocols with regards to an emergency such as a shooter on campus, he said. "It's not an easy solution—you have to know what's going to happen," he said.
"Most of [the protocols] never get played out. We hope that they never get played out here."



illustration courtesy of Brandt Frandle

Western students return from Guatemala

Victoria Law
THE WESTERN FRONT

Western's chapter of Engineers Without Borders, a nonprofit humanitarian organization, traveled to Guatemala in June 2009 to conduct a community health assessment of Candalaria Compesanto, a Mayan community in Guatemala.

The Guatemala Sustainable Project is currently working to benefit a community of approximately 38 families in Chisec, Guatemala between Guatemala City and Tikal.

Engineers Without Borders have a number of events planned to help raise fund for their organization. A raffle drawing associated with a cultural night will be coming soon.

"We have a few ideas for the upcoming year," Nguyen said. "We want to sell coffee that we received from an ex-Peace Corps volunteer in Hondorus, and we also thought about selling Krispy Kremes on campus."

The organization will need to raise between \$25,00 and 35,000 by June 2010, when they will return to Guatemala for the construction of the lavanderia.

During the dry season in Candalaria Compesanto, the local river is the only source of water the women can use to do their laundry. As a result, the river has become polluted from bleach and laundry detergent.

"The community depends on this river for drinking water, bathing and for income from ecotourism. When the quality of this river water decreases, their health and economy are in threat," The Nguyen said.

Nguyen is a senior at Western and one student out of the five who traveled to



photo courtesy of Forrest Copeland

Rachel La Bouve (left), Miranda Savory (center) and local Mayan boys.

Guatemala this summer.

After surveying potential sites for a lavanderia, which would be built to allow women to do their laundry in safe conditions without the worry of contamination, the members of Engineers Without Borders and the community agreed the lavanderia would be built with the help of Engineers Without Borders and the people from Candalaria Compesanto.

A lavanderia is a simple clotheswashing facility for the community. The design will consist of a concrete wash basins that allow women to stand comfortably while doing their laundry. Water will be pumped into the basins and flow out into a series of artificial wetlands that serve to filter and clean the water before it is returned to the river.

Students from the organization will travel back to Guatemala summer 2009 to

complete the project. They need to raise enough money, recruit more members, design the basic structure of the lavanderia and get the word out to supporters so the project can be accomplished.

Rachel La Bouve is another senior at Western and a member of Engineers Without Borders, traveled to Guatemala this summer.

"We need students to get interested to help keep this project going," La Bouve said. "It would be a shame to see it fail."

"Most of the labor will be done by the community because they will also be in charge of the maintanence of the lavanderia, and we want them to know how to fix it if something were to happen to it," La Bouve said.

La Bouve and Nguyen said the project is the beginning of a five-year commitment the organization has with the community.

"We hope to work with the community on other issues they are currently facing such as their sewer system, schoolhouse improvement and health clinic improvement," Nguyen said.

La Bouve and Nguyen will not be able to return to the organization next year and will not be able to travel to Guatemala for the building of the lavanderia because they are graduating.

The organization is looking for freshmen, sophomores and juniors to help keep the project going over the next few years. Students interested do not need to be engineering majors.

Engineering professor Derek Yip-Hoi is the organization faculty mentor and may travel to Guatemala next summer with the organization.

"If you are interested in learning different languages, dealing with environmental issues and understanding issues of culture and community this club is for you," Yip-Hoi said. "EWB gives you the opportunity to work on real projects and gain real-world experiences."

Nguyen said she debated with the idea of traveling to Guatemala last summer for the assessment of the community.

"I talked to my Spanish professor and she really convinced me," Nguyen said. "She said traveling was such a great experience. It's like you are the ambassador in such a way that you get to represent the country you are coming from and really experience people from different walks of life."

Forty people attended the organization's first meeting. Nguyen and La Bouve said they do not know how many people will commit as of now, but they said they hope to see more people joining in the near future.

SICK BOX: Dining Services has 300 boxes prepared, Philbrook said

from 1

started and began collaborating with Dining Services Director Ira Simon to devise a plan that would allow residents to be quarantined to their room while still receiving adequate nutrition through their meal plans.

If the student is in stage one of the flu—the first 24-48 hours of flu-like symptoms—then he or she can look forward to Gatorade, saltine crackers and a few cans of soup.

For those in the second stage—after the fever subsides and the three to four days following—food such as gelatin cups, sandwiches and rice are on the menu.

Students who are too sick to get to the dining halls have been able to get food in the past by lending their Western card to a roommate, friend or resident adviser who can bring food back to the residence hall, but Purdie said that system can be cumbersome and food available in the halls might not fit the appetite of the sick student.

The potential size of an outbreak could overload dining and residence hall staff, so to handle a dramatic outbreak, Dining Services in collaboration with University Residences and the Student Health Center devised the sick-box system, Purdie said.

"We were looking at it from a number of different avenues," said Lisa Contact y Philbrook, director of business development

for Dining Services. "One was the potential volume: it could be hundreds of sick meals a day."

Philbrook said Dining Services was in contact with Dr. Emily Gibson, director of the health center, to find out how much nourishment students would need in each stage of the flu.

Gibson said in an e-mail she told

Dining Services sick students would need "easy access to lots of clear liquids with electrolytes (like sports drinks and soda), broth, jello, popsicles and easy to digest starch—crackers, rice, pasta, toast."

Beyond recommending the essentials, Gibson said she played a small role in planning the sick boxes but did not know the exact contents on which Dining Services decided.

As of Friday morning, 21 sick boxes had been delivered to 12 students around campus. So far, Dining Services has delivered to Nash, Ridgeway Alpha, Delta and Gamma, Edens and Fairhaven residences.

Do you have the Flu?

Take the evaluation at the Student Health Center Web site.

Yes

Contact the health center.

650-3400

To you have the Flu?

Take the evaluation at the Student Health Center Web site.

Stay Healthy

To you have the Flu?

Take the evaluation at the Student Health Center Web site.

Stay Healthy

To you want to go

Contact your professors.

Tell your RA.
Find someone to keep tabs on you.

home?

Go to the University
Residences homepage and
fill out the sick-box meal
request form.

infographic by Ben Woodard THE WESTERN FRONT



ing Services has supplies for 300 sick boxes and is prepared to keep that threshold until the flu season passes.

"We're at the very beginning of this," Philbrook said. "We're not anywhere near the peak of what the demand could be [for sick boxes]."

When the program was first implemented at the beginning of fall quarter, sick students were instructed to call the dining hall closest to their dorm to place an order for a sick box.

Purdie said that system was flawed because students sick with the flu are often bad at communicating, especially when leaving voicemails. Commonly, students would not leave their room numberor phone number when they placed the order, or would not say what stage of the flu they were in.

The online form now in place is aimed at reducing the communication problem. It was inspired by the sack-lunch order form already implemented for students and staff to pick up their dining-hall meal on the go.

Sick box deliveries are made twice a day. Meal requests received by 10:30 a.m. are delivered between 11 a.m. and noon. Those received by 5 p.m. are delivered be-

tween 5:30 and 6:30 p.m.

Two residents in Nash Hall have come down with the flu in the past few weeks, resident adviser Kelci Clare said.

Clare is one of the intermediaries between Dining Services and the sick students in Nash Hall. She accepts the deliveries and then relays the sick boxes directly to the students' rooms.

A new work shift has been added at residence hall front desks ever since the sick-box system was implemented. Usually, front desks were open from 1 p.m. to 10 p.m. throughout the week, but now because of sick-box deliveries, an RA must wait by the phone between 11 a.m. and noon for a call from Dining Services telling them a sick box is being delivered to the hall.

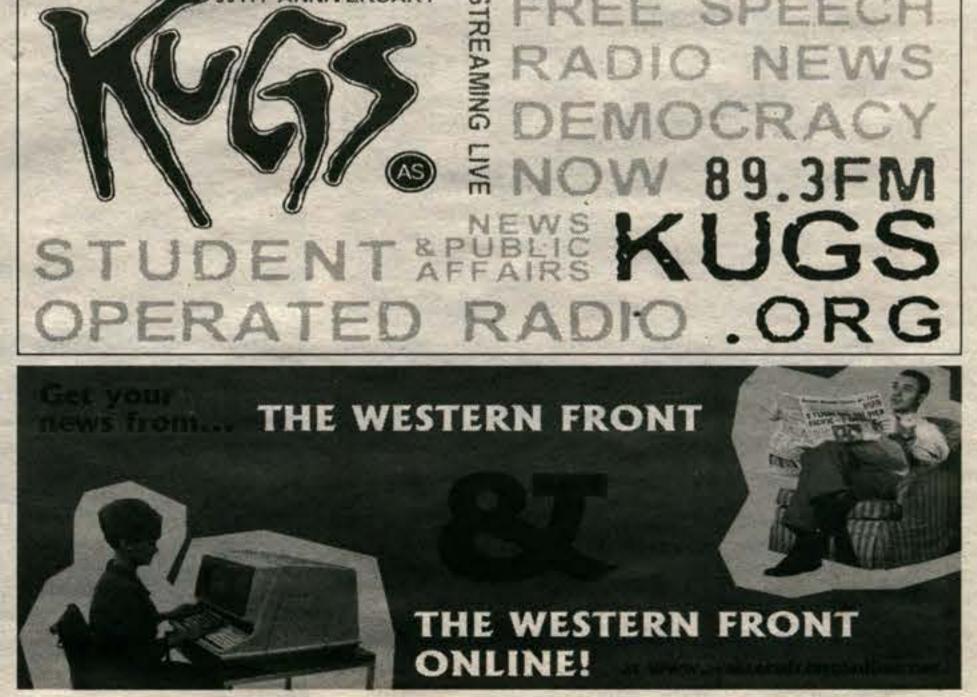
Students, faculty and staff have been containing flu germs by washing their hands, getting adequate sleep and covering their coughs and sneezes with their sleeves, Purdie said.

"We have flu in the buildings; we've always had flu in the buildings," Purdie said. "We don't want students and staff to put down their guard and then have an outbreak on campus."









ARTS & LEE

A careful eye toward the ground uncovers a world of magnificent mushrooms



photo by Skyler Wilder THE WESTERN FRONT Western senior Lisa McAvoy clutches her field guide, "All that the Rain Promises and More" inside Sehome Arboretum while out scouting for mushrooms.

Andrea Davis-Gonzalez THE WESTERN FRONT

On a sunny yet breezy day last spring, Lisa McAvoy was getting ready for a hunt. In a trenchlike valley near Lake Padden, she was surrounded by Alder and Maplewood trees. The faint sounds of rustling leaves and chattering passersby joined the chorus of birds chirping overhead. Blankets of moss -covered fallen timber and white specs of sap sat atop rotten logs. She skimmed the landscape around her. Her gaze locked on her ivory prey.

What McAvoy found was only a small colony of what she considers an "incredible kingdom," an empire that is frequently missed, but most commonly found in lawns, parks, trails and forests. McAvoy is talking about wild mushrooms.

"Just being outside is therapeutic," McAvoy said. "[Mushroom hunting] makes me get outside and enjoy myself. Mushrooms are the fruit of the

Mushrooms come in all different shapes, sizes and colors. Some are spotted, while others resemble brains or pieces of cooked lobster. More than 5,000 different species of mushrooms can be found in the Northwest, and each species has several varieties of mushrooms, said Fred Rhoades, Western biology professor and member of the Northwest Mushroomers Association.

McAvory said mushrooms are unique because they are neither animal nor plant, but fungi. She said ever since she worked on a project about mushrooms, she developed a hunger to know more about

Some people view mushroom hunting as an opportunity to identify and learn more about these edible, poisonous and sometimes hallucinogenic organisms, McAvoy said. Some people who hunt have a specific species in mind, while others hunt simply to see what they can discover for themselves, she said.

Western senior Dario Ré said he grew up mushroom hunting and enjoys identifying the different mushrooms he encounters. He said he carries a pocket guide with him to distinguish and learn more about different mushrooms.

"The act of mushroom hunting keeps me in tune with the forest," Ré said. "It's a way to be observant and to really understand my surroundings."

People are more likely to overlook things they are uneducated about, Rhoades said. Once people learn about new things, such as the different types of mushrooms, they tend to notice them more often. he said.

"This is going to sound a bit mystical, but it's like they speak to you. You feel the presence of them. I find them everywhere I go."

Dario Ré, Western senior

Although people often unknowingly trample over them, the wide variety of wild mushrooms in Whatcom County still piques curiosity and interest for others, said Jack Waytz, member of the Northwest Mushroomers Association.

Some of the best hot spots in the area to find these unique organisms are Lake Padden, Deception Pass State Park and Birch Bay State Park, Rhoades said. Campgrounds are another common place to find them, he said.

Fall and spring are the best seasons to hunt mushrooms, however, the types that grow differ each year, making them unpredictable, Rhoades said.

McAvoy said looking for mushrooms is addicting because she never knows exactly what she will come across on her next hunt. She described identi-

State Park.

fying a mushroom to trying to solve a mystery or a

Ré said being able to correctly identify mushrooms makes him feel like he is caring and showing respect for the environment.

"This is going to sound a little bit mystical, but it's like they speak to you," Ré said. "You feel the presence of them. I find them everywhere I

One-third of all mushroom species are poisonous and sometimes fatal. One-third is edible and the other third is neutral, which may be edible or mildly poisonous, but in either case is not appealing to eat, Rhoades said.

Rhoades said he has gotten sick from eating poisonous mushrooms when he was younger and less knowledgeable about mushrooms. Sometimes it is difficult to immediately determine whether a mushroom is poisonous, Rhoades said. He said he advises new mushroom hunters to not eat mush rooms unless someone can correctly identify them

Different poisonous mushrooms can have different effects on the body, ranging from mild stomach discomfort to death, Rhoades said. Poisonous mushrooms found locally include the Western flat top on Sehome Hill and the Wooly Chanterelle high in the Cascade Mountains.

The aspect of mushroom hunting Ré said he enjoys most is using edible mushrooms for different food recipes. Risotto and soup are among the many options Chanterelle mushrooms can be used when cooking, Ré said.

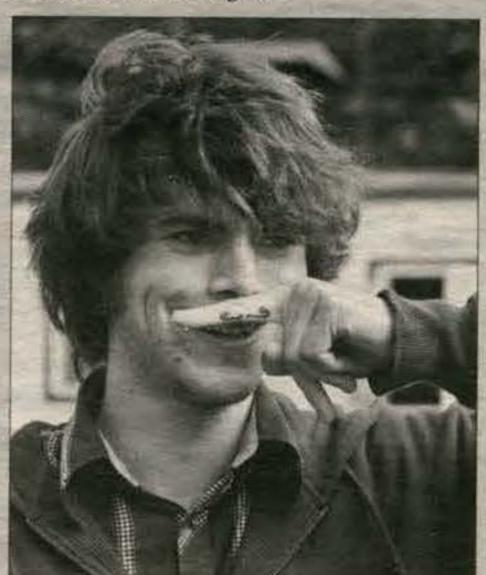
McAvoy said she finds wild, edible mushrooms more flavorful than store-bought white button mushrooms, which she said taste plain in comparison.

"I'm still learning so much that coming across new species and new edibles I haven't found before is a huge thrill," she said. "Once you start developing your palette for what mushrooms you like the best. then finding those is even more exciting because it's like finding treasure."

David Gonzales

Western's Mustache, Mullet and Big Hair Club gathers in Red Square on the fountain's edge to perform the club salute, in which members place one hand behind the head while the other hand fills in as a mustache. The club is currently waiting for approval to become an official AS club. (Left) Western sophomore Michael Vincent sports a make-shift mustache. (Right)







Western sophomore Daisy Deely draws a mustache on Western sophomore Graham Schickler's finger.

Watch where you step

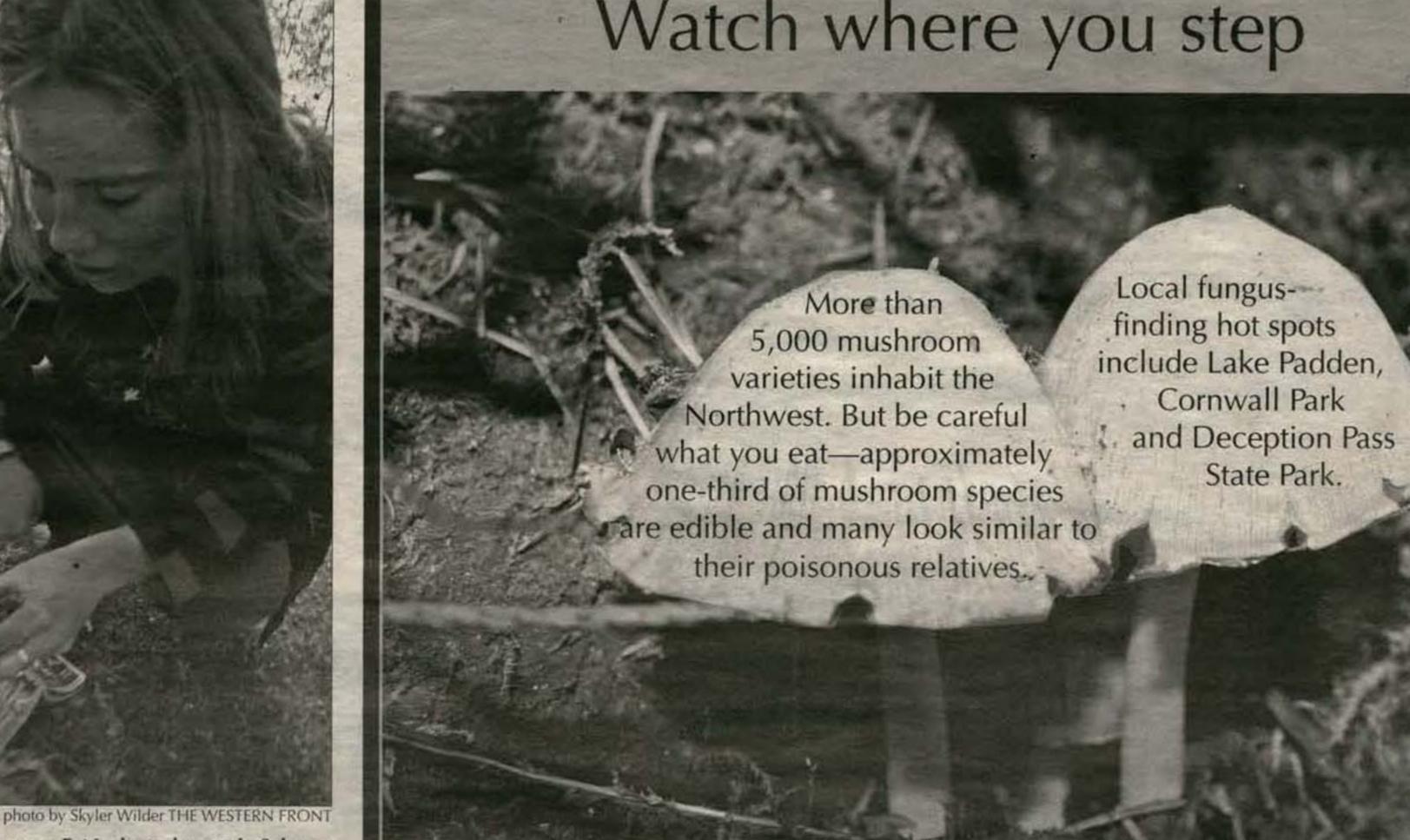


photo by Chris Collison THE WESTERN FRONT



"It's fantastic. I love it," Western sophomore Alex Fulton said. "Just wait till you see me with my fro."

Though not an official Associated Students club yet, the members are already meeting at 10 a.m. on Fridays in Red Square for hula-hooping. Future events will include treasure hunts in the Sehome Hill Arboretum and Lego-building sessions in Red Square.

"We do anything we did as kids to have fun. Like pretending we're pirates," Newberry said.

Mustaches and mullets, however, are not the first quirky club influences, Student Activities adviser Casey Hayden

Western has more than 200 AS clubs each year, including the Pokémon Club. the Western Mages Guild, the Juggling Club, Students of Optional Clothing and the Pog Club Revolution.

Hayden said he encourages students to create any type of club that will enrich student body life.

An AS Club Kickoff event will be held from 4 to 7 p.m. on Oct. 16 in the Vi-

king Union Multipurpose Room. Hayden thinking of forming a club or generally interested in AS clubs is welcome.

Initial funding for clubs can be as much as \$50 and additional funding may

"Queen Elizabeth had a mustache. Why do you think she was queen?"

Graham Schickler, Western sophomore

be applied for.

Newberry said they plan to spend their \$50 on fake mustaches and hula hoops for their upcoming meetings.

"We'll be handing out fake mustaches and be putting henna mustaches on fingers," Newberry said. "Or you can just write "mustache" on your finger."

The motto of the Mustache, Mullet and Big Hair Club is borrowed from an excerpt

from the sonnet by Emma Lazarus, "The said anyone who is currently in a club. New Colossus," which is displayed at the foot of the Statue of Liberty on Ellis Island.

> "Give me your tired, your poor, your huddled masses yearning to breath free, The wretched refuse of your teeming shore. Send these, the homeless, tempesttost to me."

"A lot of people from Ellis Island had mustaches," club member Daisy Deely said.

Newberry said not only do all great men have mustaches but all great people have mustaches.

"Queen Elizabeth had a mustache," club member Graham Schickler said "Why do you think she was queen?"

A full club listing and the club recognition packet to apply for new clubs is available on the

AS club Web site.

Lisa McAvoy discovers a Fat Jack mushroom in Sehome Arboretum. Though not her first choice, McAvoy said she would "fry it up" if it came down to it.

On-demand book printing debuts at Village Books

Keegan Prosser
THE WESTERN FRONT

Going to the local bookstore to find a favorite book just got much easier for Bellingham residents with the addition of a revolutionary print-on-demand machine to Village Books in downtown Fairhaven. It is the first of its kind to be installed on the West Coast.

Village Book's Espresso Book Machine Version 2.0, installed Oct. 5, is a machine that has the ability to print, bind and trim library-quality, colored paperback books in a matter of minutes. It is expected to be the next big thing in book publishing.

Jeff Marsh of Lebanon, Mo., developed the machine prototype 10 years ago and installed the first experimental machine in April 2006 at the World Bank InfoShop in Washington, D.C.

Chuck Robinson, who owns Village Books, said he has been keeping tabs on print-on-demand machines since the prototype. He said he decided to invest in the machine after having seen a demonstration at last year's BookExpo America.

Kathryn Trueblood, an associate professor for Western's English department, is bringing her editing and publishing class to Village Books on Oct. 23 to see a demonstration of the machine.

"It is going to affect the antiquated way that publishing operates," said Trueblood, who has been in the publishing business for more than 25 years.

She said the machine gives bookstores the option to print books when the reader wants them—versus having to order large shipments that sit on shelves until they are sold or returned to publishers.

Lindsey McGuirk, the digital marketing and publishing manager at Village Books, said the price of a book printed on the machine is comparable to books on the shelves at the store.

"We want the books to be easy to access as well as affordable for customers," McGuirk said.

EspressNet, the online database that accompanies the Espresso Book Machine, provides printable versions of 1.6 million book titles.

Robinson said all books available to consumers have proper copyrights and have been put into the database with permission from the authors and original publishers.

Users of the book printer will have access to more than two million separate book titles



LEFT: Lindsey McGurik, digital marketing and publishing manager of Village Books, will be the main contact for authors who want to self-publish. RIGHT: The Espresso Book Machine Version 2.0 was created by Jeff Marsh 10 years ago, and installed at Village Books in Fairhaven on Oct. 5.

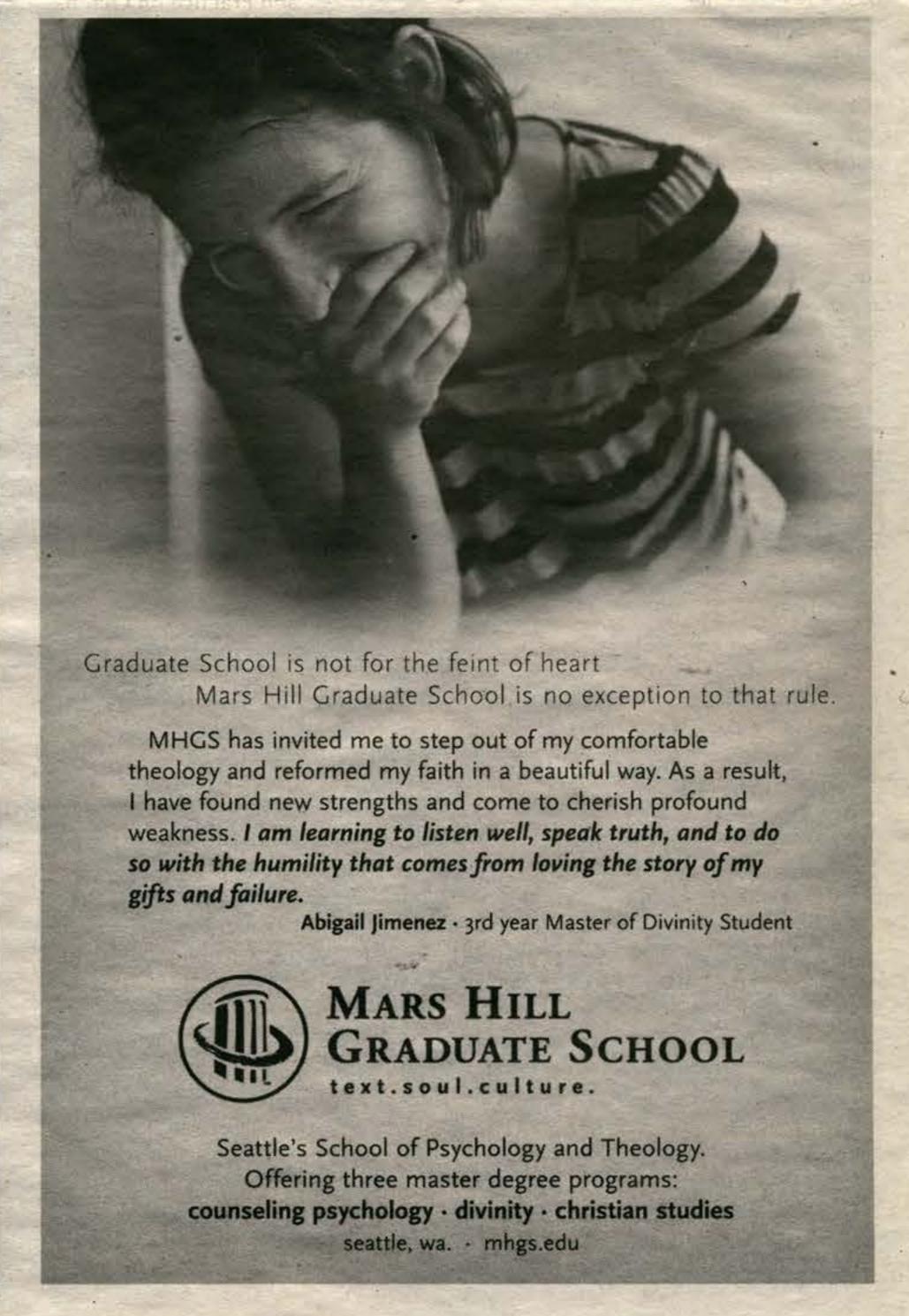
via Google Books. In addition to books available through the database, the machine will allow local authors to self-publish their books.

Village Books is charging a \$99 set-up fee for authors who choose to use the machine, which includes a one-hour consultation and question and answer session as well as one printed copy.

Any books printed beyond the first copy will cost three and a half cents per page—which, according to Trueblood, is much cheaper for authors up front.

"I envision a time when the notion of a book out of print is passé," Robinson said.





In your dreams: class analyses meanings behind our brain's nighttime adventures

Mark Stayton
THE WESTERN FRONT

Eric Schmitz had a dream. He was surfing through brightly colored computer chips in a database filled with electricity and magnetic fields. Though Schmitz, a Western junior, said he could not see the fields, he vividly felt their electricity course through his body. His homework was to make sense of the dream. Class started in half an hour.

While sitting on his skateboard on the sun-drenched lawn in front of Fairhaven's Stack Three, Schmitz recorded and analyzed his dream. By the beginning of his 3 p.m. Thursday class, "Dreams: Theory and Practice," Schmitz had articulated a stunning commentary on his own life.

"I kind of viewed this dream as almost like a vision of what reality is," he said. "Which is like this energy field, this database of energy, which is programmable by myself and whoever wants to be engaged with it."

Homework completed, Schmitz sat down in his dimly lit classroom lined with cozy chairs and couches, with the rest of his 11 classmates. It was a typical Thursday, the "dream-share" day in class, and student teacher Grace Wischerth moderated the class discussion on the content and perceived meanings of students' dreams. They related their experiences to the previous class, where Wischerth lectured on Freud's theory of dreaming and interpretation.

"One of the most important goals is to integrate theory with practice," said Wischerth, a Fairhaven senior who is teaching the course for the second quarter. "I think in a lot of traditional classes you miss a practical application of the material that you are learning."

After learning the basics of how to enhance and record their own dreams, students in the class take a look at the origin and meaning of dreams through the works of three different leading scholars on the topic over the course of the quarter. According to the class syllabus, students are expected to keep detailed dream journals, complete assigned readings and write two papers relating a personal dream to a theory. Later in the year, students will create art projects that convey feelings about their own dreams.

Wischerth, who is studying neuropsychology and philosophy, came up with the idea for the class while taking an independent study course on the neuroscience of dreaming. She learned about other approaches to dream interpretation through Fairhaven's interdisciplinary studies. Both Wischerth and her curriculum had to go through a rigorous preparation process before the class was approved, said Fairhaven professor Dana Jack, who has sponsored the class for more than a year.

Wischerth said much about dreaming is unknown, and her class is meant not as the definitive voice in dream analysis, but as a safe place for students to learn and talk about this mysterious occurrence and relate it to their own lives.

A how-to guide to remembering your dreams

Get at least six hours of sleep.

Don't drink alcohol or smoke marijuana before bedtime.

Write what you remember about your dream, not what you think makes sense.

Stay in the position in which you woke up while recording your dream.

Keep a pen or pencil and a notepad near your bedside and write down dreams as soon as you wake up.

> information from Grace Wischerth compiled by Mark Stayton THE WESTERN FRONT

"In most

of the literature that I've read, there's a lot going on in our heads that we're not aware of," she said. "That's one of the big things that we stress in the class, is trying to uncover those things."





photo by Mark Stayton THE WESTERN FRON

Eric Schmitz looks the part of a dreamer just outside Fairhaven's Stack Three before his class Dreams: Theory and Practice on Oct. 8.



Washington Health Foundation

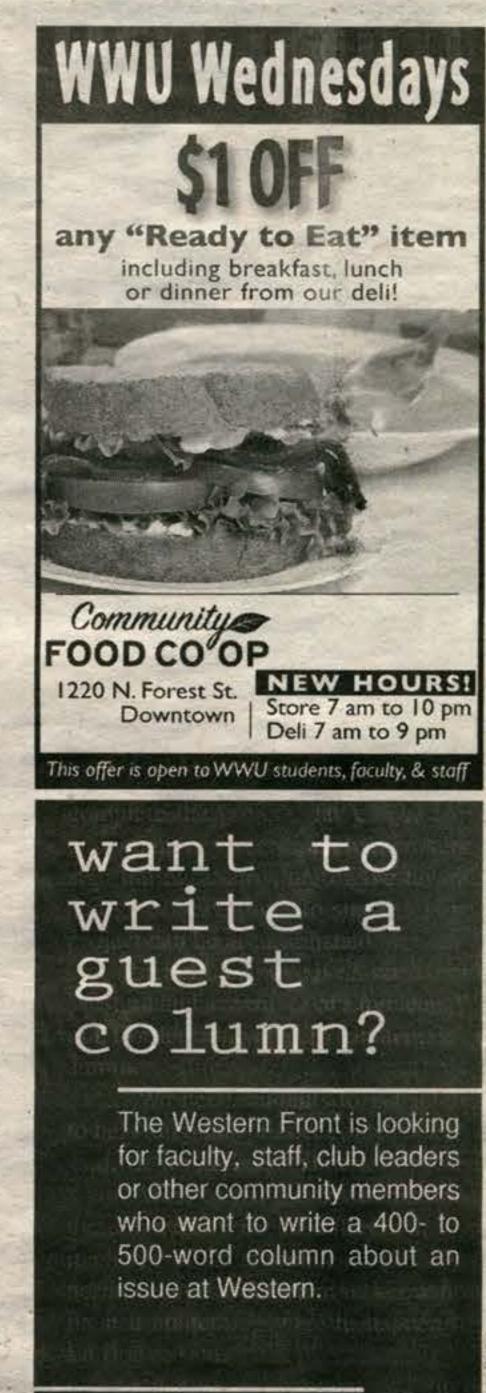
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AA/EO Institution



send your column ideas to:

opinion@westernfrontonline.net

Viking Voices
Opinions from around campus

How has campus construction impacted how you get to class?

Compiled by Lindsey Otta



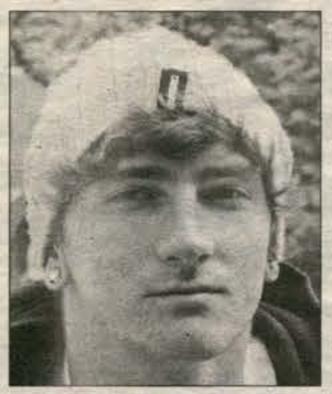
Lauren Howard
Sophomore

"It really hasn't affected me. I feel bad for people living in Buchanan Towers, because they're living over the construction."



Aubin Duncin Sophomore

"It's the downtown construction that affects me because I don't live on campus."



Travis Seaton Freshman

"Hasn't really affected me except it makes it dusty when I go longboarding and I kinda slip out."



Rachel Tomchik Sophomore

"It kinda slows me down when they're readjusting bricks, or if I'm going to places other than class."

Reports of the man on the moon's demise were greatly exaggerated



Scott Burger

Guest Science Columnist

Friday morning, NASA bombed the moon. Quite literally. NASA launched a big rocket with a payload equivalent to about one-and-a-half tons of TNT that impacted into a permanently shadowed crater at the lunar south pole. The aim of NASA's LCROSS mission was to see if there was any water-ice locked in the places on our celestial sister that are safe from the sun's rays.

Recent observations from India's Chandrayyan-1 satellite have shown that water should be prevalent in the lunar surface, so NASA aimed to stir some up. By having a rocket plow into the surface, it would kick up a large amount of stuff buried deep down, giving scientists a better understanding of how deep the water may extend, which is important if NASA is still seriously considering putting a manned base up there. As I watched at 4:30 a.m. with my telescope in my driveway, I expected a huge flash and a billowing debris cloud. The best we got were thermal images from the spacecraft itself, which showed a very small, very negligible impact had occurred.

That did not sit well with some people. Those people had been spewing a bunch of non-science (which sounds like nonsense and makes me nauseated in the process) over NASA having some hell-bent desire to obliterate our only natural moon. A writer for The Huffington Post, an aggregated blog Web site, scolded NASA's plans as irresponsible.

"I could say something scientifically lame and ask, 'What if it gets thrown off its axis?" author Amy Ephron wrote. "Or something funny and suggest something (that I actually sort of believe), like, 'what if it somehow throws off the astrology?" She further hypothesizes that the LCROSS mission could have somehow destabilized the entire solar system as well.

Scientifically minded people would be pulling their hair out and jumping up and down, huffing and puffing at the Post for such a post. Obviously unaware of any of the details of the mission, Ephron, among countless others before the impact, had warned that the moon would be blown to bits or blow up the entire solar system. If Ephron were to get her face out of her astrology books and into a legitimate scientific book on astronomy, maybe she'd live in less fear of science.

She offered an alternative to the mission saying, "If we'd just send up two guys with a bucket and shovels, we wouldn't have to bomb the moon at all." Her extreme naiveté astounds me. Not only does it cost hundreds of millions of dollars to send humans to the moon and return them alive, but you're putting their lives at risk in the process. Maybe she should be shot

into space.

Ephron brings up one good point, though: "Who has the right to say that it's okay to blow up a crater on the moon? Or Jupiter? Or Saturn, for that matter?"

No one has the right to just out and out bomb Mars or any other planet, but NASA isn't terrorizing moon people with a shock and awe campaign here. They're not firebombing the surface to order a Martian surrender. Scientists at the Jet Propulsion Lab aren't attacking the moon any more than an average asteroid does each month.

What worries me is that Amy Ephron's way of thinking could get in the way of future NASA missions. In a decade or two, we're going to send an orbiter to Jupiter's moon Europa, which has more water than all the Earth's oceans combined under its icy crust. It's an excellent spot to search for life, but the crust may be hundreds of miles thick. One way of getting around that is to, again, "bomb" the surface with a heavy projectile to break the ice and have a following craft dive into the water to search.

The uninformed Amy Ephrons of the world could easily convince those not trained in some scientific manner that NASA is just a bunch of rocket-toting maniacs and that a potential discovery outweighing that of sliced bread or fire would be a bad thing because they "don't like explosions."

Scott Burger is a Western senior studying physics.

In face of danger, communication is key

Frontline

Opinions of the Editorial Board

Years after the fact, the specter of the 1999 Columbine school shooting still looms over the collective heads of educational institutions. The 2007 shooting at Virginia Tech only re-opened those wounds.

In the wake of Virginia Tech, many colleges adopted new security measures and alert systems to let students know if any emergencies developed on their campus. Western is no exception.

Western's warning system has three components. According to Western's Emergency Communications Web site, students are alerted about emergency situations and natural disasters by text messages, e-mail and the sounding of the Big Ole whistle. The site asks students to use Westerns' Web4U service to make sure their contact information, including their cell phone numbers, are up to date.

Western has also gone a few steps further than simply creating a notification system for potential emergencies. Bellingham police have been coordinating with University Police to conduct SWAT training sessions on campus, presumably in preparation for an emergency situation involving a shooter or hostages.

University Police also published a set

of guidelines on their Web site on what to do in case of a shooter or shooters appearing on campus. Their recommendations include hiding in a room and barricading the door, taking cover behind heavy objects or fighting back with textbooks and "other small items" if cornered.

While all these security measures are comforting in a way, their effectiveness in properly alerting all of campus is questionable. There are many dead zones on campus, areas where only the most intrepid of cell phones can receive a signal. How are students supposed to receive notifications of a deadly shooter on campus when they have no service?

As many of these dead zones are the dank basements of the various buildings, such as the Communication Facility or Miller Hall, Big Ole and its piercing trill are not going to be much help either. The students who are stuck in class or working in a computer lab in a concrete basement may never receive notification of an emergency on campus.

However, little can be done to improve these circumstances beyond placing full-blown sirens in every building on campus, which would be costly for a scenario that in all likelihood will probably not occur. What students need to do instead is sign up on Web4U to register their contact information with the university.

If students in an area with poor reception happen to receive an emergency notification that nobody else has received, they need to let others know. Not all phone companies are created equal, and some provide better reception in certain areas. If students who are blessed with good signal strength are alerted, communicating with their peers is the least they can do.

This is not a system to be abused. Pranks involving emergency notifications are not funny and waste everyone's time. If there is ever any doubt about the authenticity of a notification, check Western's main Web page for confirmation, or call the Emergency Communications' hotline at (360) 650-6500.

As far as SWAT teams training on Western's campus is concerned, it seems excessive and unnecessary at first glance, and the training might well prove to be a unneeded measure, but perhaps it can help keep Western's students safe one day if the unthinkable happens. However, there is a difference between being paranoid and being prepared and Western needs to toe the right side of that line.

The Editorial Board is comprised of Editor-in-Chief Rebecca Rice, Managing Editor Audrey Dubois-Boutet and Opinion Editor Tristan Hiegler. Tuesday • October 13, 2009 | The Western Front

SPORTS 13

RUGBY ROLLS THROUGH LOGGERS Warthogs now sit atop the Pacific Northwest Rugby Union at 1-0

Western **Puget Sound**

Andrew Lang THE WESTERN FRONT

The Western Warthogs took the University of Puget Sound to the woodshed Saturday, routing the Loggers 63-12 on the turf field next to the Wade King Student Recreation Center.

The Warthogs ran over, through and around the Logger defense to capture the club team's season opener.

The win put the Warthogs atop the Pacific Northwest Rugby Union standings at 1-0 to start the year.

Leading Western's barrage of scoring in the 51-point blowout were juniors ' Gavri Grossman and Matt Colleen and sophomore Robert Boenish, each scoring two 5-point tries. A try is equivalent to a touchdown in American football.

Warthog members Matt Jensen, Austin Colvill, Brian Jensen, Daniel Espinoza-Gonzalez and Josh Lott each added to the team effort with a try of their own.

Western freshman Josh Lott said scoring his first try was an exciting expe-. rience.

"The guys were really excited for I was just in the right place at the right time."

Warthogs coach Corky Foster said the team played well for the first match of the season.

He said they played a hard-fought, good, clean game.

"Coaches can never really be happy with a team's performance, but [the players] remembered a lot from last year and played well together," Foster said. "I learned I like the guys more than I already do. They are very coachable and a great group of guys."

Foster also said he was excited about the number of players that play in the game.

Typically there are 15 starters and 7 subs, but the Warthogs were able to get 27 players in Saturday's match.

Team Vice President Colleen said he was satisfied with the team's performance. He said for a season opener, the Wart-

hogs are right where they need to be.

"We had a lot of heart out there," Colleen said. "I didn't see anyone shying away from tackles or backing down at all."

Despite the Warthogs' steamroll victory, team President Brian Jensen said there are kinks that need to be worked out, as typical with any new season.

"Everyone's individual skills looked

"We thought it was fantastic how so many people came out to see the game. It was so cool to hear the fans roar as we ran down the field."

Matt Colleen, Warthogs' vice president

me," Lott said. "Rugby is a team sport and good, but we need to start working better as a team," Jensen said. "We had a lot of guys out there and we were not hurting for subs. We've all been training hard and it really paid off."

Colleen echoed Jensen's sentiments about the team's progress.

"We have a lot of work to do," Colleen said. "Our formations were pretty flat. We also need to work on catching balls and eliminate knock-on penalties."

Jensen said he is optimistic for the 2009 season, as the Warthogs have two new coaches, a new style of play and a new attitude for the club.

"We've got a new system that we're working with this year that is going very well," Jensen said. "Last year was a little less formal; everyone knows what's going on this year. We have a pre-arranged plan of attack when we go out and play."

Colleen said he was very excited about the fan turnout for the first match of the season.

The Warthogs passed out fliers before the game, and Colleen said approximately 150 people were in attendance.

"We thought it was fantastic how so many people came out to see the game," Colleen said. "It was so cool to hear the fans roar as we ran down the field."

The Warthogs' next match is against Eastern Washington University in Cheney, Wash, on Saturday, Oct. 17, where they will look to continue their hot start of this young season.

Fans will have to wait awhile to watch the Warthogs on their home turf. Their next match in Bellingham is not until Nov. 7, when they butt heads with Seattle University Rugby.

ABOVE: The Western Warthogs lock up with the UPS Loggers in a scrum on Oct. 10, 2010. A scrum is a way of restarting the game when play has stopped. BELOW: Western junior Ben Brandt-Finell breaks a tackle during the Warthogs' win against University of Puget Sound.



Western escapes upset at Saint Martin's

Weary Vikings pull late rally to hold off 0-14 Saints

Andrew Barrows
THE WESTERN FRONT

Western

Saint Martin's

Western volleyball hit the road Saturday night to face Saint Martin's University at Marcus Pavilion in Lacey, Wash.

The Vikings came out visibly exhausted as they fended off a scrappy lastplace Saint Martin's team to hang on and beat the Saints.

It was a back-and-forth match early on. Each team won their respective sets by only two points, with the Vikings prevailing in four sets, 3-1.

The Vikings played on short rest; suffering a five set loss at home to Northwest Nazarene University Thursday night.

The Vikings, 12-7 overall and 5-3 in the Great Northwest Athletic Conference, did not bring their "A" game against the Saints, who were 1-14 overall and 0-8 in GNAC conference play.

"Our energy was sluggish and we let them rally too much," Western freshman Marlayna Geary said. "Our team needed to control the ball on our side of the net and we didn't."

The Vikings trailed the Saints for the majority of the first set until head coach Diane Flick called a timeout, visibly frustrated with her team's early performance.

"We kept it close with a great team, but by the end of the match we broke down defensively and that really hurt us."

Phil Ibarra, Saints' head coach

"We have no energy and we are playing flat and we are better than that," Flick said. "[The Saints] are picking all their spots and hitting the ball where they want, and that's not how we play defense."



photo by Andrew Barrows THE WESTERN FRONT

Western's head coach Diane Flick (center) speaks to her team during the second set. The Vikings prevailed in 4 sets, 3-1.

NEXT HOME MATCHUP

vs. Western Oregon University Wolves
Thursday Oct. 15th @ 7 p.m.

Carver Gym

The Vikings resurged from the timeout with a tightened defense escaping with a first set victory 25-23.

The Vikings again struggled with their energy level in the second set as the Saints capitalized on the Vikings' poor footwork and hitting errors.

Nearly half of the Vikings' 21 hitting errors came in the second set.

After two timeouts called by Western, the Vikings never recovered.

"This match [was] literally a game of inches, all [the Saint's] balls were sneaking through our blockers' hands and our mental errors were adding up," Vikings assistant coach James Suh said.

The Saints kept their offensive game strong, edging the Vikings in kills 19-13 and pulling off the second set upset over the Vikings 28-26.

Flick said the Saints play much better than their record shows and play excep-

"We went all out in the match and played tough defense," Saints head coach Phil Ibarra said. "We made contact and blocked [the Vikings'] ability to play the ball the way they wanted to."

After intermission, Saint Martin's came out with intensity, leading the Vi-

kings 12-6 and forcing Flick to call a timeout.

"Come on ladies, we are being too complex and we need to calm down and play our game," Flick said during a timeout.

The Vikings regained some team chemistry after the timeout.

They broke out of their hitting slump to come from behind and steal the set 25-23, going up 2-1 in the match.

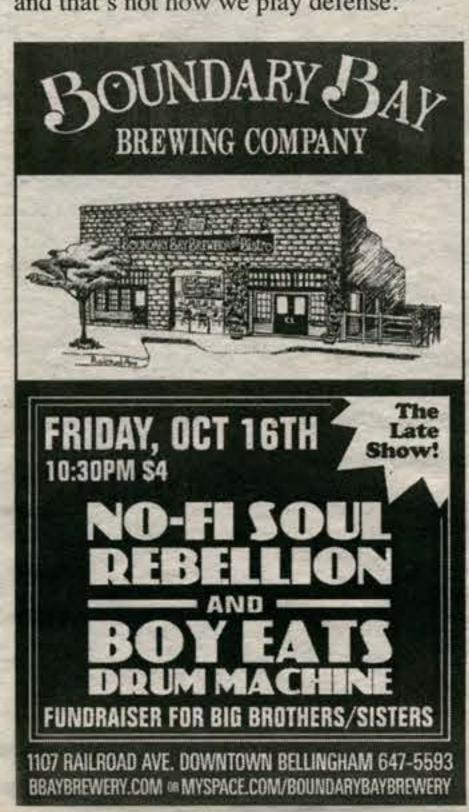
After three closely contested sets, Western came out looking to put the Saints away quick and easy.

The Vikings pulled out to a 12-6 advantage and never looked back.

They hit all their spots and edged the Saints 14-11 in kills for the first time in the match.

The Vikings began to fire on all cylinders and dismantled the Saints in the fourth set 25-16 to close out the match.

"We kept it close with a great team, by the end of the match we broke down defensively and that really hurt us," Ibarra said. "Flick is a great coach and we have become great friends over the years."





GETTIN DIRTY Western's ultimate frisbee team begins fall tryouts

Willy Delius THE WESTERN FRONT

Often explained as a blend of soccer, football and basketball, competitive ultimate Frisbee at Western is thriving.

Western men's ultimate Frisbee team, "Dirt," began fall practice Oct. 6. More than 300 students expressed interest in playing for the team, and 80 showed up for the first day of practice, Western senior and team leader Tom Rosatto said.

"Fall is an introduction to our spring season," Rosatto said. "Almost everyone out here has a background in Frisbee but not necessarily ultimate."

Dirt fields two teams for its competitive spring season - an A team and B team. The A team is made up of experienced players-generally upperclassmen-and has traveled as far as Las Vegas, Nev., and Washington, D.C., for competition in years past.

The B team is typically comprised of underclassmen, and their traveling schedule is less time-consuming, said Western senior defenseman Nate Castine.

Ultimate Frisbee rules are straightforward: two teams of seven players each try to score a "touchdown," worth one point. When the disc hits the ground or is intercepted, it is a turnover, and the first team to score 15 points wins. And one more thing: there are no referees.

Unlike most team sports, ultimate Frisbee is refereed by its players, who are counted on to be candid and fair with each other, all the while remaining competitive.

"The atmosphere of ultimate is different from other sports because of the lack of refs," Castine said. "There is an element of respect that doesn't exist in other sports."

The A and B teams Dirt assembles are made up of 20 players each. That allows room for approximately 40 players between the two teams, a noticeable difference from the 80 coming out to practice.

"If [upperclassmen] see passion, they help. And I have that passion."

Kevin Rodal, Western freshman

The team makes cuts in the fall because more people try out than there are spots on the team, Western senior player Ian Shives said.

Western freshman and first-year player Kevin Rodal is not fazed by the notion of cuts.

"If [upperclassmen] see passion, they help," Rodal said. And I have that passion," Rodal said.

Western's A team has made it through the sectional tournament, and into the regional tournament the past two seasons, but has fallen short of the national tournament each time.

It takes a top-two finish at regionals

to advance to the national tournament and the team has finished fourth two years running, Shives said.

Freshman Kevin Hanson jumps to catch a frisbee with his friends during Dirt team practice Oct. 8 on the lower Fairhaven field.

"We would love to get past regionals this season," Shives said. "The league is wide open this year, there's a level playing field."

The team's biggest rivals are the University of Washington and the University of British Columbia, both of which are in Western's section, Castine said.

Western is coached by UW professor Ben Wiggins, adding to the already existing rivalry.

"Coach Wiggins is great, and he does his best to commute up here when he can for practices," Castine said. "More importantly he coaches all the games."

There are more than 10,000 students on more than 600 college teams in the U.S. and Canada, according to the ultimate players association.

"If you look at the sport's history, Frisbee doesn't get a lot of respect," Castine said. "But in the past ten years, the sport has seen a huge uprising."

Financing for the team is done through team dues and fall fundraising events, Shives said.

Those events include working security at University of Washington football games and concerts, Shives said.

Dirt's first tournament will be played in Oregon in November. Also, the team will be hosting their "Dirty Deeds" tournament spring 2010.

For more information on Dirt, log on to the team Web site westernultimate.org.

DIRT?

photo by Rhys Logan THE WESTERN FRONT

The origin of the team name, Dirt, is quite different depending upon whom you talk to. The name was created in 2002 and embodies the prevailing culture of men's ultimate at Western.

What does Dirt mean to you?

"A bunch of gritty dudes coming together."

-Team leader Tom Rosatto.

"It started as a few dirty dudes. Now, it represents a lifestyle and a group of guys that wouldn't otherwise come together."

-Senior defenseman Nate Castine.

"Dirt players are all really happy to help out us younger guys. There's a very open environment."

-Freshman Kevin Rodal

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Vikings shut down Grand Canyon University Goalkeeper Broadbent logs four saves in 2-0 victory

Amanda Creuziger
THE WESTERN FRONT

The women's soccer team secured a 2-0 shutout against Grand Canyon University in Phoenix, Ariz., improving their overall record to 7-4-2 Monday.

Western senior goalkeeper Kylie Broadbent pulled out her fifth shutout of the year and the 13th of her career for Western in the victory.

"[She's] one of the most prepared players," head coach Travis Connell said. "A quality goalkeeper."

Normally, Broadbent would no longer be a part of the soccer team this season since she graduated in spring 2009. However, a call from Connell made her reconsider her plans.

Connell offered Broadbent the opportunity to come back and play for the team.

After taking time to talk to friends and family members, she accepted, deciding this would be her last chance to play college soccer.

"It was very much a community decision," she said.

For Broadbent to play on the team this year, she said
she needed to pursue another degree.

She had graduated from Western with a molecular biology/biochemistry degree, and now she is back in school, working toward a second degree in behavioral neuroscience.

Broadbent said her lease expired after graduation, so she was planning to move to Seattle.

"I was officially homeless," Broadbent said about her living situation in Bellingham.

Connell said having a quality player like Broadbent makes the team better. He said he was excited to have her back on the team.

Broadbent does not let distractions or emotions get in the way of her performance on the field, Connell said. He said she is very professional and mentally disciplined.

"She did very well last season and I am confident she will do even better this year," associate coach Greg Brisbon said in an e-mail interview.

Broadbent said she is hoping to bring more help to the defensive lines this season.

"She will bring leadership, which is something that always helps," Brisbon said. "Also, she is a very consistent playing goalkeeper."

Upcoming Schedule

Oct. 14 vs. Central Washington University, 3 p.m. (away)
Oct. 18 vs. Western Oregon University, 1 p.m. (away)

Oct. 24 vs. Montana State University Billings, 7 p.m. (HOME)
Oct. 28 vs. Seattle Pacific University, 7 p.m. (away)

Broadbent said one of the main reasons for returning to the team was her teammates. The camaraderie on the team has been a rewarding experience, she said.

"This team is unparalleled," she said, acknowledging the high level of talent among the players.

Broadbent said the safe atmosphere among the players transfers to the field.

She said it's important to be together as a unit and work hard. A great deal of the team's success was based off those friendships, she said.

"The people here make it so much more worthwhile," she said.

Broadbent said she began playing soccer at a young age in the backyard of her Spokane home.

"I just grew up with it, that was just everything," she said.

Broadbent played soccer in high school, but left it for a few years after deciding the competitive nature was too much for her.

She did not return to soccer until her senior year at Western.

"When I came home [to playing college soccer], it was home," Broadbent said. "I was back to where I was supposed to be."

Broadbent said her parents support her and attend her games as often as they can.

"I take this stuff seriously, really seriously," Broadbent said. "My parents are really good at humbling me."

While on the road, she keeps in constant contact with her instructors and schedules make-up class time.

She said when the team is not playing or practicing, they are working on their homework.

"Managing [school and soccer], it's not an easy task,"
Broadbent said.



photo courtesy of Dan Levine

Western senior goalkeeper Kylie Broadbent makes a stop against Seattle Pacific University during the Vikings' last home match on Oct. 3.



