

THE WESTERN FRONT

Volume 183, Issue 2

westernfrontonline.com

Wednesday, April 11, 2018

Western reshelves books in response to antisemitic vandalism

Maddie Smith
THE WESTERN FRONT

Over 120 items were added to Western Libraries as part of a reshelving ceremony on Tuesday, following antisemitic vandalism of seven books in the Jewish studies section of Wilson Library in March.

Some of these added materials are not held in any other libraries in the state, said Sandra Alfers, associate professor of German at Western, and founding director of the Ray Wolpov Institute for the Study of the Holocaust, Genocide and Crimes Against Humanity.

Western Libraries received donations from within the community to replace the vandalized books and add to the Jewish studies collection, Western's Dean of Libraries Mark Greenberg said in an email.

Donations came from individuals as close as the Western community and Whatcom County, to



Western Libraries hosts a book replacement event on Tuesday, April 10 in response to seven Jewish studies books being vandalized at Wilson Library. // Photo by Kevin Lake

individuals as far away as Nevada, he said. "Library materials

that explore race, religion, ethnicity, gender identity, class, place and

ability are critical elements in any effort to understand and improve

the human condition," see *VANDALISM* page 3

ON THE INSIDE:

Features : Cities in the Pacific Northwest are considering opening safe-injection sites. // p.6

Opinion: Protest is an important part of activism, but strategy and follow-through are key in affecting change. // p. 9

Sports: Vikings cap home schedule with losses to Saint Martin's. // p. 11

Western named one of top producers of Fulbright recipients

Isabel Lay
THE WESTERN FRONT

Western was named one of the top producers of the Fulbright Award, in line with institutions like Northwestern and Georgetown Universities, for the 2017-18 school year.

Four Western students were announced as winners on Feb.

see *FULBRIGHT*, page 5



Cassidy Bartlett is one of the 2018 Fulbright Scholarship winners. // Photo by Isabel Lay

Masked vegan activists show slaughterhouse scenes in Red Square



Members of Anonymous for the Voiceless hold LCD screens to educate the Western community about animal cruelty. // Photo by Julia Berkman

Julia Berkman
THE WESTERN FRONT

A demonstration in Red Square run by vegan group Anonymous for the Voiceless brought awareness to animal cruelty perpetrated by the meat and dairy industries.

On April 4, four masked demonstrators stood back-to-back with LCD screens depicting scenes of violence and cruelty animals experience during meat or dairy processing.

Anonymous for the Voiceless considers themselves to be an abolitionist group, meaning they are in favor of a complete overhaul of the meat and dairy in-

dustry, member Kayla Wilson said.

Jacqui Waters, another member of Anonymous for the Voiceless, has been vegan for almost two years.

Since changing her diet, she has lost nearly 100 pounds and is no longer anemic, Waters said.

Waters, who used to eat "like crap," now owns several chickens, who live inside her house as pets.

"We don't eat dogs and cats because we get to know them," Waters said. "If we just got to know chickens and cows, we wouldn't eat them."

see *VEGANISM*, page 4



@thefrontonline



@thefrontonline



facebook.com/westernfrontonline

Sign up for our weekly newsletter

For all the news you won't find in Western Today

westernfrontonline.com



Senior Phoenix Tagal skateboards in Red Square on Friday, April 6. Tagal has been skateboarding off and on since he was five years old and has recently picked it back up again. // Photo by Kevin Lake

AS board meeting

Julia Berkman
THE WESTERN FRONT

A new residence hall, a Buchanan Towers renovation and more Real Food are in the works, according to the Associated Students Board meeting on April 6.

The meeting began with a presentation by Leonard Jones, director of University Residences, and Kurt Willis, associate director of Housing.

Jones and Willis presented on the university housing and dining rates. According to the proposed Operating Budget, the housing and dining rates have steadily increased every year. The budget shows that the 4.5 percent increase is in line with the increases made within the past five years.

With new luxury student housing popping up, Jones and Willis are focusing on how to draw students back in.

In order to attract students to live on campus, Willis and Jones have two goals. For the immediate future, a renovation of BT will add

hotel-style keycard access to the building and rooms. In the next few years, Jones and Willis are helping plan out a new residence hall.

“We’ve seen that it usually costs more to renovate an old dorm than to just tear it down and build a new one,” Willis said.

A forum on the new dorm construction is scheduled for May 8. Students are encouraged to attend.

According to Willis and Jones, Western has renewed their contract with Aramark for another two and half years. With Aramark, they’re trying to reach a goal of 25 percent Real Food by 2020.

Real Food is healthy food produced in a way that doesn’t put a strain on the environment, those who harvest it or the animals who supply the product.

Right now, Western is hovering around 19 percent Real Food.

The motion to approve the new fees and plans passed 5-1, with AS Vice President for Diversity Erick Yanzon abstaining.

Western Reads appoints new director after six years

A look into new faculty director Molly Ware's plans to help Western students

Stella Harvey
THE WESTERN FRONT

Molly Ware, associate professor in the Woodring College of Education, has been hired as the new faculty director of Western Reads, a program on campus that aims to build community and encourage academic conversations across departments.

Dawn Dietrich, an associate professor in the English department, said Ware will replace her as the Western Reads faculty director. Dietrich said she has enjoyed getting to see the program develop over her time as director and looks forward to seeing how Ware moves it forward.

Dietrich said she is stepping down next year, after six years as director, to finish a book project.

“I couldn’t be happier,” Dietrich said. “When you step down from a program you really love, you want to see it thrive and continue.”

I feel that the program is in such great hands with Molly.”

Brent Carbajal, provost and vice president for academic affairs, agreed with Dietrich.

In an email, Carbajal said, “as a discussion facilitator, she thinks broadly about inclusion and about how to make conversations impactful for all, not just for some.”

Ware, a former middle-school science teacher, said the interdisciplinary positions she was offered at Western have given her a unique opportunity to help students become powerful teachers for their future students.

As a professor of education at Woodring College, Ware said she has grown into a dynamic and responsive educator and community member since she first arrived at Western.

see READS, page 4

The Western Front

The Western Front
Western Washington University
Communications Facility 222
Bellingham, WA 98225
Newsroom number:
360-650-3162
Email address:
westernfrontonline@gmail.com

Editor-in-Chief

Kira Erickson

Managing Editor

Eric Trent

News Editors

Zoe Buchli

Ray Garcia

Features Editor

Julia Furukawa

Sports Editor

Tyler Urke

Daily Editor

Rahwa Hailemariam

Photo Editor

Mathew Roland

Opinion Editor

Taylor Nichols

Design Editor

Sophia Greif

Social Media Editor

Hannah Wong

Copy Editors

Zoe Deal

Walker Sacon

Letters to the editor:

westernfront.opinion@gmail.com

Press releases:

wfpress.release@gmail.com

Faculty Adviser

Jack Keith

Jack.Keith@wwu.edu

Advertising Department

360-650-3160

Advertising Manager

Cameron Ohlson

The Western Front is published once weekly in the fall, winter, spring and summer quarters. The Western Front is the official newspaper of Western Washington University and is published by the Student Publications Council. It is mainly supported by advertising. Opinions and stories in the newspaper have no connection to advertising. News content is determined by student editors. Staff reporters are involved in a course in the department of journalism, but any student enrolled at Western may offer stories to the editors.

Have story ideas?
Email us at

westernfrontonline@gmail.com

to send them our way or discuss sharing information confidentially.

Mayor Linville opens farmers' market with cabbage toss

Community comes together for vegetables, handmade jewelry, coffee and more

Molly Workman
THE WESTERN FRONT

On a windy spring Saturday, vendors put up tents and laid out tables as they prepared for the first Bellingham Farmers Market of the season.

Mayor Kelli Linville inaugurated the Bellingham Farmers Market with a traditional cabbage toss to Sara Southerland, the food and farming manager for Sustainable Connections.

The cabbage toss, paired with ringing bells in the Depot Market Square on April 7, ceremoniously invited members of the community to open their reusable bags to local businesses in Whatcom County.

Linville spoke at the opening ceremony about the benefits of the market and the impact it has had on the local

economy. She spoke about growing up in Bellingham and remembering a time when the farmers market only existed in a dirt lot.

Now, the farmers market houses up to 140 vendors every weekend on a paved parking lot and in the heated depot building.

Southerland said the market’s theme this year is “cultivate community all year Long.”

“I want you to ask yourself, what’s one thing you can do to eat local?” she said.

Ken Ambrose, a Whatcom County local, said he looks forward to the market for the farm-to-table concept.

“The fresh vegetables, man,” Ambrose said. “I mean, you go down to the store and that’s been their process forever, but here it’s straight to the market.”

Market-goers can find

anything from fresh animal products and vegetables to handmade products, such as wool and jewelry and live entertainment.

Bellingham locals young and old came pouring into the market. Some were looking for a quick coffee, and others were looking to shop for their weekly meals or specialty items such as flowers and es-



Bellingham residents and visitors enjoy fresh produce. // Photo by Molly Workman

sential oils.

The Bellingham community can now enjoy the market every Saturday from 10

a.m. to 3 p.m. until December, on the city block of East Maple Street and Railroad Avenue.

VANDALISM

continued from page 1

Greenberg said. “These materials must be present

in an academic library.” Antisemitic incidents such as the book vandalism have been frequent on Western’s campus. There

were 11 antisemitic incidents between spring quarter 2016 and winter quarter 2017, according to a report released in late March 2017 by Western’s Task Force on Preventing and Responding to Antisemitism.

Increased antisemitism on Western’s campus parallel national trends, Greenberg said. In 2017, antisemitic incidents rose by 60 percent nationwide,

according to the Anti-Defamation League, an organization that works to end negative stereotyping.

Western’s task force came up with 21 recommendations to respond to the antisemitism on campus. All of the recommendations, “acknowledge [the] interconnected nature of racism, bias and hate,” Western’s President Sabah Randhawa said.

The first of these recommendations was to create a working definition for antisemitism, Alfors said. Western is the first university to adopt such a definition for educational purposes, she said.

Speakers at the reshelving ceremony included Greenberg, Alfors and Randhawa.

Two attendees of the event, freshmen Tova Breen

and Dina Slipock, said they really enjoyed the speakers.

“I really appreciate what they’re doing,” Breen, a Jewish student, said.

Slipock said she admired the ceremony and revitalization of the Jewish studies collections.

“I think it’s really important because knowledge is power,” Slipock said. “The more you know, the more you can be a smart, educated human-being out in the world.”

Alfors left her audience with words of inspiration to rise against acts of hatred, such as the book vandalism.

“Commit yourself to being engaged,” Alfors said. “To actively, thoughtfully and respectfully building bridges, not walls, and create much needed change.”



Western students, staff and faculty came together with the community in unity against previous acts of antisemitism. // Photo by Kevin Lake



**STUDENT OPERATED
NEW MUSIC
LIVE NEWS
DEMOCRACY NOW
+STREAMING ONLINE**

**EVERYBODY
DESERVES
EXPERT CARE**



Mt. Baker Planned Parenthood



Long Acting, Reversible Contraception
Call 877-714-1149

Bellingham • Mount Vernon • Friday Harbor
mbpp.org

INTERESTED IN ADVERTISING IN THE WESTERN FRONT?

FOR RATES, DISCOUNTS, AND MORE INFORMATION
EMAIL WWW.WESTERNFRONT@GMAIL.COM OR CALL 360.650.3160

VEGANISM
continued from page 1

For some, the violent images shown were too much to handle. Several students left the site of the protest with looks of shock on their faces, including a group of visiting middle-schoolers.

"I think this is something that everyone needs to see," Wilson said. "This is the standard practice. These animals are brought into the world, and the only life they know is pain, suffering and fear."

University police were nearby throughout most of the protest.

Paul Cocke, Western's director of communications and marketing, said the protesters were cooperative with officers.

At one point, officers Todd Osborn and Derek Jones stepped into the middle schoolers' view to hand out stickers. One person in the crowd commented, "You're blocking the piece!" to which the officers did not respond.

Cocke said the officers handing out stickers is "normal community policing."

It was not the officers' intent to block the screens or prevent the children from viewing violent images, he said.

Cocke said Anonymous for the Voiceless did not receive approval to hold their protest,

though Wilson has since stated they went through the necessary channels to register as a demonstration.

In an email, Anonymous for the Voiceless said they registered for their demonstration and received permission from Western Event Services Assistant Ash Peers on April 3.

"At first, we were confused [by the police presence], because we had set this up in advance hoping to be respectful of the school and its policies," Wilson said. "We understand though. The police have to keep the school safe."

Some people believe Red Square is a free-speech protected zone, though this has recently changed and all demonstrators are required to book time in advance.

According to Western's rules of freedom of expression and assembly, "the university may reasonably regulate the time, place and manner of expression to ensure that it does not disrupt the university's activities or the legal rights of others."

Regardless of whether or not the demonstration was permitted by the university, it left an impression on students walking by.

Maggie Herriott, a senior who eats vegan, was in sup-



University Police Officer Derek Jones passing out stickers to middle school students. // Photo by Julia Berkman

port of the demonstration.

"It's aggressive, but I think that the whole meat industry is a charade that's shown to consumers," she said.

Herriott said if she wasn't already vegan, she hoped this demonstration would have convinced her to change her mind.

Freshman Kayla Sadlier was disgusted, but not shocked, to see the the videos displayed in Red Square. She said she supported the demonstration despite how graphic the videos were.

port of the demonstration.

"Obviously big companies don't want you to see that because then you won't buy their products and give them money," she said.

Although Sadlier eats animal products, she believes there is a way to source it ethically.

"I've definitely been trying to not get animal products from places that don't source their stuff ethically and treat the animals with respect and care," she said.

A demonstration like this wouldn't be enough to con-

vince her to go vegan, Sadlier said.

Waters said the goal is never to shame someone into changing their diet, because no one is born a vegan. Every vegan goes through the process of cutting out animal products.

"You can't shame someone if you were like them once," she said.

Wilson said this was Anonymous for the Voiceless' first demonstration in Bellingham and they have more planned for the rest of the year.

READS
continued from page 2

Ware said she has always been interested in changing systems and structures so they work better for everyone. Going about this involves building a community where students, staff and faculty can work together to collaborate on creative so-

lutions. She said she sees Western Reads as another outlet to utilize her community skills to positively impact incoming students.

"I'm an integrative thinker, and so I am really motivated to be thinking about Western's interesting challenge of wanting students to explore and try different

things," Ware said. Western Reads offers students and faculty the opportunity to engage in formal and informal conversations about each year's book choice through a variety of activities and events, according to the program's website.

Dietrich said book nominations from students and

faculty are considered each year by a committee. The committee's selection is then provided to all first-year and transfer students for free and can be found at a discounted rate in the bookstore.

Ware says her vision for Western Reads is going to be developed over time. Currently, she said

structuring events so they build off each other and having more opportunities to explore their academic interests through Western Reads could have a great impact on helping students find their way.

"I really want to center the challenge of pre-major student retention and getting students to thrive in their first-year experience at Western," Ware said.

Ware said she views Western Reads as an opportunity to bridge the divide many students and faculty members may be feeling in the current political climate. She also wants to create more ways for students to get involved in Western Reads.

"I think we're at a time where things are really divided right now, and I really see this as an opportunity to create spaces where we can start to forge new pathways," Ware said. "If Western Reads is really going to fulfill its potential, we're going to need to create really integral roles for students."

For more information about Western Reads, visit their website <http://wp.wvu.edu/western-reads/>.



Molly Ware, Western Reads' new director, plans to bridge the divide that students and faculty members may be feeling in today's current political climate. // Photo by Kevin Lake

FULBRIGHT
continued from page 1

18, and will go abroad in various locations around the world.

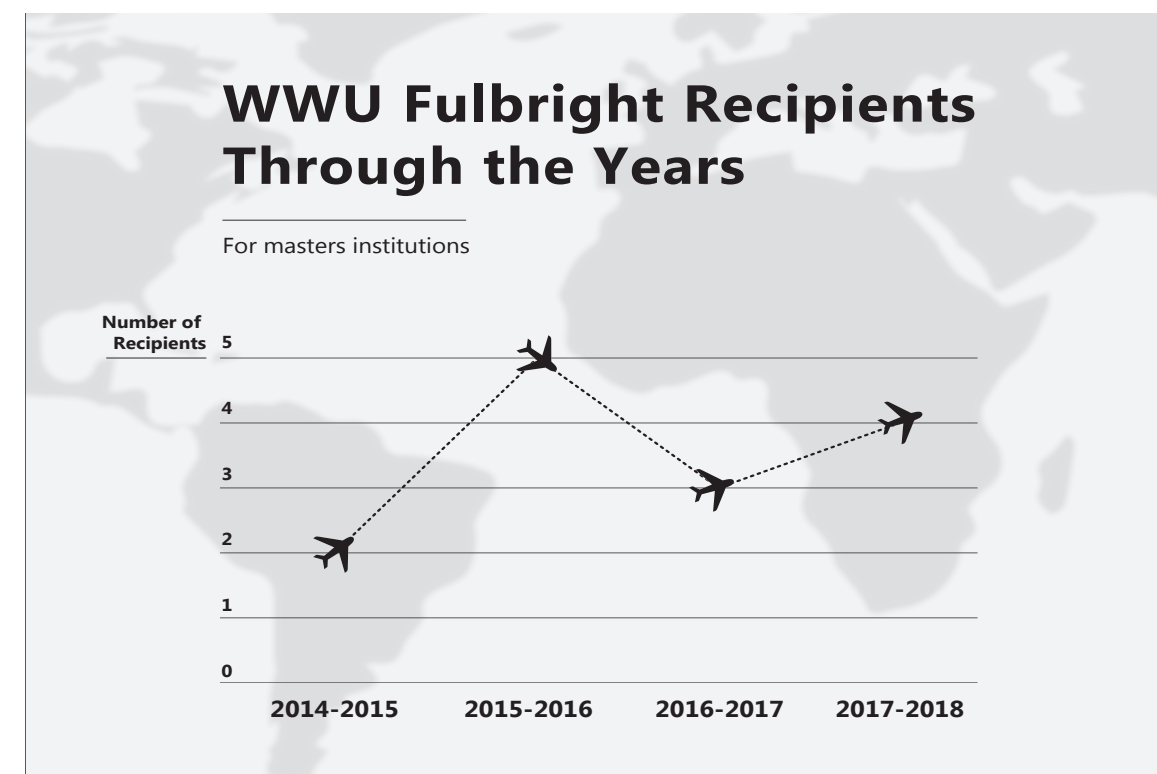
The program, which awards about 8,000 grants annually, is an international exchange where students and professors are given money to go abroad and teach, research or study, according to the Fulbright Award website.

During its first year at Western in 2009, the program had seven applicants, with that number increasing to 16 in 2018.

Students can find Tom Moore, the Fellowships Office Adviser, and any information they might need on applying for fellowships and national scholarships, in the Fellowship Office in College Hall 05.

"The Fellowship Office has only been around for eight or nine years," Moore said. "Any university of this size will have had a fellowship office for 30 or 40 years. The students at [that] college are aware of the opportunities. The challenge here [at Western] is making students aware that these opportunities exist."

In the top 20 Master's institutions, Western had a 25 percent award rate. Research institutions Northwestern and Georgetown had 21 per-



Infographic by Sophia Greif

cent and 19 percent award rates, respectively.

The top universities in categories like research institutions, rather than master's institutions where Western is ranked, have a much larger staff that contributes to their high percentage of winners, Moore said.

Michael Cavey is the public affairs specialist at the Bureau of Education and Cultural Affairs of the U.S. Department of State.

"Quite a few were tied with [Western]," Cavey said. "It's a pretty good ranking."

Moore said what sets Western apart as one of the top producers is the capability of Western students to succeed.

"There's no fooling the [Fulbright] readers, they understand what good students are," Moore said.

Senior Cassidy Bartlett, a 2018 Fulbright Award winner, spent six months on the

application building a résumé, writing two personal statements, including a grant statement and a statement of purpose, and filling out the actual application.

Bartlett, an English major with a creative writing emphasis, is going to the Czech Republic for 10 months to teach.

"Just traveling doesn't seem like a genuine experience," she said. "I like the idea of actually contributing

to where you live, and I feel like that's what Fulbright allows."

Because of the intensive application process, Bartlett felt that just applying opened up a lot of opportunities for her.

"I feel really honored because there are a lot of faculty here who are Fulbright Scholars," she said.

The Fulbright Scholarship has gained national recognition in the many years since its inception in 1946, and the prestige has become a large part of the award.

Moore said the Fulbright not only gives students the opportunity to teach and learn in another country, but it is also an accomplishment.

The award draws students to Western, according to Moore, and will persist now that Western has been named a top producer.

As for the future of the award, Moore said the upwards trend of applicants will continue, and the only thing holding them back is the staffing of the Fellowship Office.

"The Fellowship Office consists of me [part-time] and my student helper who works 10 hours a week. We would have more winners if we had a bigger staff," Moore said.

Faculty Senate Committee discusses faculty retention rates

Sandra Rees-Bowen
THE WESTERN FRONT



The Faculty Senate Committee discusses a proposed mentor program to assist minority and new faculty members. // Photo by Kevin Lake

Western's Senate Committee discussed initiating a mentor program to assist minority and new faculty members on Monday, April 9.

Vice Provost for Undergraduate Education Steve VanderStaaay has been heading a study for the past year that will be used to construct this program.

VanderStaaay said there are studies that show how utilizing a formal mentoring program can result in the long-term retention of new faculty, and is particularly effective for minority and international faculty.

In 2009, Western released

a document titled, "Best Practices: Recruiting & Retaining Faculty and Staff of Color," which discusses examples of faculty-mentoring program successes at other universities. It states that mentoring is a critical component for professionally developing junior faculty.

"It will be a highly time-consuming and a highly beneficial program," he said.

VanderStaaay said he was given great faculty to work with. One member, Samit Bordoloi, an assistant professor at the Woodring College of Education in Bellingham, has been extremely helpful, he said.

VanderStaaay said Bordoloi's experience in mentoring

for adults and faculty was invaluable and Bordoloi was able to recommend the model the committee is currently working with.

Bordoloi said minority faculty have been historically underrepresented and are recruited and retained at much lower rates.

This initiative is open to all new faculty and will help them as they adjust at Western, Bordoloi said.

Brent Carbajal, Provost and Vice President for Academic Affairs, said a mentoring program is needed at Western, as it is difficult to retain minority and new faculty due to the intricate nature of university policies.

BELLINGHAM FAMILY HEALTH CLINIC
Health Care for Living Well

Primary Health Care, Family Practice
Birth Control, Nexplanon, IUD
Coughs and Sore Throats
STI, ADD, UTI, Depression
Acupuncture, Weight Loss

Sports & Travel Physicals
Discounts Available Call for Details

Bonnie Sprague, ARNP, Tay Kopanos, ARNP
Steve Bogert, LAC

Near WWU
Convenient Same-Day Appointments
Most Insurance, Cash Discount
Call for an Appointment Today!
(360) 756-9793
www.BellinghamHealth.com

LOCAL NEWS
SPORTS, OPINIONS,
AND MORE

READ THE WESTERN FRONT

A painful predicament: Managing opioid addiction

By Sandra Rees-Bowen
THE WESTERN FRONT

As opioid overdoses are on the rise in Bellingham and across the Pacific Northwest, solutions have been proposed to combat deaths.

State legislators are pushing for more approaches to treat opioid addiction, including providing a place for users to reduce health risks in the form of safe-injection sites.

Whatcom County does not currently have safe-injection sites, but the Whatcom County Health Department does have a pilot program that can aid opioid users. Their program, Syringe Services, offers the confidential exchange of used hypodermic needles for new, sterile syringes and clean injection equipment.

As a new program, Syringe

Services is currently only open on Thursdays from 2:30-5:15 p.m.

Opioids in Whatcom County -

"Without Insite's supervised consumption services, Guy believes he would have died. He credits Insite for saving his life six times over a 10-year period by its staff bringing him back from near-fatal overdoses."

Jean Kohl-Welles
Seattle City Councilmember

While the rate of opioid-related deaths in Whatcom County is slightly lower than the statewide average, according to Whatcom County Health Department's 2016 Opioid Overdose Report, it's still rising.

The report found that, after

showing survey participants from Whatcom County data on opiate use, 66 percent of respondents said they thought prescription opiate abuse was a moderate to serious problem.

"Not only have opioid overdoses increased dramatically in recent years, we are seeing a massive increase of overdoses in Whatcom County," said Charles Watras, manager of the medication-assisted treatment program at Sea Mar, a local community health center.

Watras said need for their services has been increasing as deaths from opioid overdoses are on the rise. He said thousands of people died last year in the United States due to opioids.

According to Jessica McAllister, Syringe Services program coordinator, currently about 80 people per week use this program, however, these numbers fluctuate depending on the time of year.

"Clients hear about our program mostly through word of mouth from their friends," McAllister said. "But it is becoming more common for us to receive referrals from community medical providers as they become more aware of and accepting of our program."

According to McAllister, the individuals who work or volunteer at Syringe Services, as well as the staff at Sea Mar's medication-assisted treatment program, have the same goal: to help those struggling with

opioid addiction beat their addictions and begin to lead happy and healthy lives.

Opioids in King County -

King County is fighting a similar battle.

According to a report by the King County Heroin and Prescription Opiate Addiction

was one of the members who voted for the task force's creation. She has also been an open proponent of safe-injection sites, saying that she has been particularly

several other councilmembers as they visited two safe injection sites, a treatment facility and a day center which provides care to people experiencing homelessness and struggling with substance abuse.

Programs like these aren't new to the Vancouver area. One supervised injection site, Insite, has been open for 15 years.

Kohl-Welles said she spoke with Guy Fellicella, a former user who credits Insite for saving his life and posted about him on her blog.

"He lived on the streets, using drugs in Vancouver's Downtown Eastside for over 20 years. Without Insite's supervised consumption services, Guy believes he would have died. He credits Insite for saving his life six times over a 10-year period by its staff bringing him back from near-fatal overdoses and by engaging him to even-

QUICK NATIONAL STATISTICS

Data from the Center for Disease Control and Prevention shows the rate at which opioids are prescribed for pain has increased dramatically since the 1990s. In fact, it has quadrupled.

According to a CDC study conducted from 2007 to 2012, one in five patients experiencing chronic pain were prescribed opioids, putting them at higher risk of addiction or overdose.

Due to the addictive nature of opioids, once those prescriptions run out, many people turn to sources other than their medical provider to obtain opioids.

The CDC reported that many users previously prescribed opioids or pain relief obtained some illegally after their prescription ran out, with 60 percent of those users getting the medication from friends or family members.

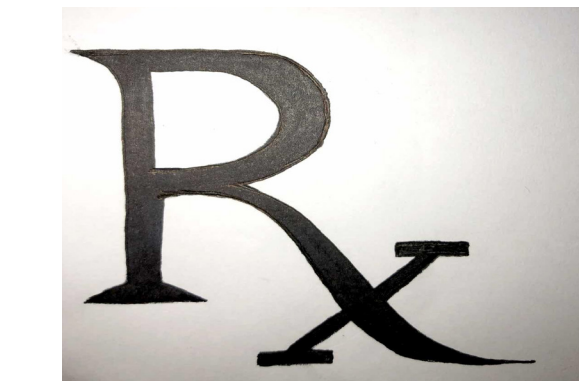
This trend gets more dangerous for users who instead get their opioids from dealers or strangers. They are four times more likely to overdose.

The King County Heroin and Prescription Opiate Addiction Task Force found that users who begin to obtain opioids illegally often turn to more dangerous alternatives when medications become too expensive or unavailable. For many users, this means heroin.

ually seek treatment," Kohl-Welles' blog post said.

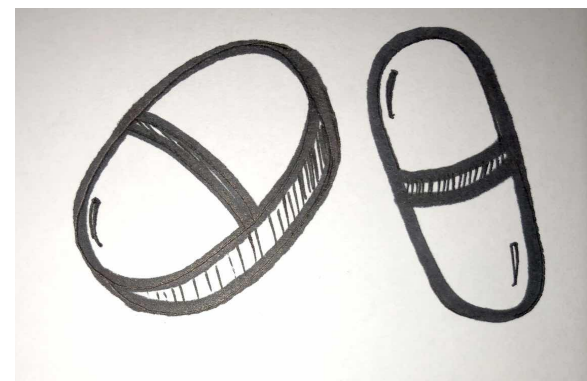
County," Apa said. This facility would be in addition to those currently open at Harborview Medical Center and at Schick Shadel Hospital in Seattle.

Apa said that while King County has yet to open a safe-injection site, that he and his team are striving to provide the community with crisis kits containing the opiate-overdose antidote naloxone to help save lives in the meantime.



James Apa, King County Public Health Department public information officer, said while safe-injection sites are not available at the moment, the King County Health Department has been working on making other resources more accessible.

"Recently we've been working to establish a new detox and treatment facility in King



The home of the Syringe Services Program at 1500 N. State St. in Bellingham. // Photo by Roisin Cowan-Kuist

Task Force, 229 individuals died from heroin and prescription opioid overdose in King County in 2015.

While King County currently does not have safe-injection sites, there are vocal supporters of them.

Councilmember Jeanne Kohl-Welles of King County

motivated by the recent death of her nephew from an opioid overdose.

In an effort to learn more about other cities that have made safe-injection sites a reality, Kohl-Welles said she visited Vancouver, British Columbia, in Nov. 2017.

Kohl-Welles accompanied

DIFFERENT TYPES OF OPIOIDS:

Alvinza
Butrans
Dolophine
Duragesic
Embeda
Exalgo

Kadia
Methadone
Nucynta ER
Opana ER
OxyContin
Palladone



Photo courtesy of Wikimedia Commons

Information courtesy of the Federal Drug Administration

Resources for Whatcom County:

- Substance Abuse Treatment and Prevention Programs
- Whatcom Prevention Coalition
- www.stopoverdose.org
- Narcotics Anonymous of Northwest Washington

Hungry, helpful and happening: THE BELLINGHAM FOOD BANK

By Alyssa Bruce
THE WESTERN FRONT

This last year alone, staff and volunteers served an astounding 180,000 people at the Bellingham Food Bank, according to their records.

Mike Cohen, executive director of the Bellingham Food Bank, said the food bank was able to provide 3.5 million pounds of goods to the community last year.

He said these resources went to people of all ages, genders and backgrounds. As a result, the food bank was able to serve 20 percent of the Bellingham community.

Among those clients are Western students, Emilia Prosser and Gennady Ensley.

"I have been there before when I have had no food at all," Ensley said. "It is just nice to go and get food that you want to eat."

Ensley said supplies have been limited at other food banks, many of them giving away only starches, pastas and other boxed or canned foods. She said

this is not the case at the Bellingham Food Bank.

Cohen said he is proud of the wide variety of nutrients and selection of food options they have been able to offer the community.

"Most of the folks who come here are people who have jobs and families," Cohen said. "So the nutritional makeup of the food they get here is critical."

He said he is especially excited for the next agricultural season, because the food bank buys a lot of produce from local farms. Local bakeries, farms and other food purveyors are also major contributors to obtaining such high-quality goods for the community, Cohen said.

"We are one of the busiest food banks in western Washington," Cohen said. "But we also generate a tremendous amount of support from our local community, so we are able to keep up."

Ensley and Prosser said they were impressed with the quality and variety.



The glowing lights of the Bellingham Food Bank on Ellis Street. // Photo by October Yates

On a recent trip, they said they found lots of fresh fruit, milk, eggs and even an entire tri-tip steak. Ensley said the food bank also offers essential non-food items like toilet paper or even pet food that get greatly.

Ensley and Prosser described the food bank as both welcoming and inclusive. They said part of that positive vibe comes from the volunteers who help run it.

Among those volunteers was Patrice Anderson, a friendly woman with silver hair. Packing up boxes full of goods, Anderson said she has been volunteering at the food bank for a few years.

Though she worked in retail for 37 years, the engaging atmosphere of the food bank has made her never want to leave. So many people want to be involved that volunteer positions are limited

and it can take a while for one to open up because it is such a positive place to be, Anderson said.

"The rewarding part is knowing how appreciated it is," Anderson said. "Some of the same people come through the line, and they are still so thankful every time."

The general consensus among employees and volunteers is that the food bank is ultimately succeeding in its efforts to help the community, but they are able to do so only because of the support they receive from the Bellingham community.

Cohen said the food bank is regularly taking donations at their location on Ellis Street where they also provide goods three days a week.

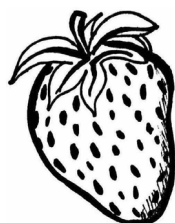
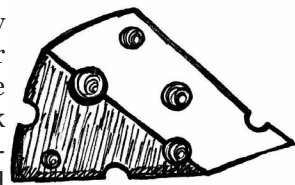
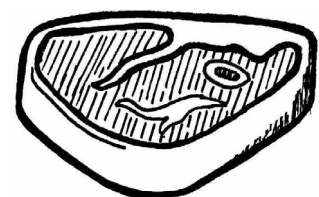
Anderson said the only requirement to receive goods is to provide a piece of mail to prove their residency

in Bellingham. They can return once every week as needed.

For Ensley, this is a great system compared to other food banks she has visited. Some require extensive paperwork and allow resources to be received on a monthly basis, she said.

Cohen said that the Bellingham Food Bank serves the young, the old, families and students regardless of background, with the most important part being that they reach as many people as possible.

"We are a friendly place," Cohen said. "Everyone is welcome here and we try to serve people with as much dignity as possible."



FRONTLINE

Opinions of the Editorial Board

Spring into action: Movements for change need more than protests

Student protests at Western are nothing new. From campus safety to climate change, students gather in Red Square throughout the year holding signs, chanting and sharing literature on the topics they care about.

Many students at Western have more liberal viewpoints, feel strongly about social justice issues and are not shy about sharing their ideas and opinions.

It's no surprise that universities are hotspots for public demonstrations. Protests spread ideas and knowledge, which educational institutions are dedicated to, and allow people to channel their frustration and passion into action.

These demonstrations are a critical step in calling for change, but too often they are a crescendo in a movement that dies down soon after. It's easy for people to go out in Red Square, draw attention to the issue they're championing and go home because they're not sure how to move forward after that.

Protests act as a rallying cry and bring power, enthusiasm and sheer numbers to a cause but change requires a persistent, well-organized movement targeting specific concerns and providing a path forward.

Historically, Western's administration has not changed policies in response to protests alone. When students have petitioned for change, the university has taken action when a targeted and organized campaign accompanied protests.

A group of RAs succeeded in pressuring the administration to address issues concerning fair compensation for their work when they put forth a strong campaign outlining issues and demanding specific solutions. They wrote a targeted letter to university officials including concerns about sexual harassment and student safety in dorms and created a website to aid their campaign with a list of testimonies and specific demands.

The students came in with a strategic plan and included solutions they wanted the administration to implement. They utilized protests to raise awareness of their movement, and the university paid attention because the students had a clear, organized plan of action to target the relevant officials and elicit a response.

In the end, the university raised wages and took steps to provide more support for RAs but their response to other concerns like resident safety were still inadequate.

A years-long student movement calling on the university to divest from fossil fuels included protests, sit-ins, open letters to university officials, a divestment resolution given to the AS Board of Directors and a presentation to the Western Foundation Board of Directors and officials involved with managing Western's investments.

The university finally responded by including language in the 2017 Sustainability Action Plan to consider environmental, social and governance criteria when selecting investments in the future. It took years of students organizing and pushing for change in many different ways to get those who manage Western's investments to make any changes.

It takes a lot of effort to sustain a movement and plan an organized strategy for activism when students have classes and extracurricular activities to juggle, and are graduating and moving on every quarter.

Even when students have created a cohesive and direct campaign and gotten the university to respond with action, that action has often been lackluster.

Protesting in Red Square is a great start, but the university needs to be convinced they will be negatively af-

ected if they do not take student concerns seriously, which is why voting and encouraging civic engagement is such an important part of activism.

While students are certainly a primary concern for the university, funding is also a motivator for institutional change, and Western is funded in large part by taxpayer dollars allocated by the state legislature.

State legislators will pay attention to student concerns if they think it will affect whether or not they are re-elected - if they think students will vote.

Voting in state elections is critical for citizens because state legislators determine our access to everything from healthcare to financial aid. While national politics are important, decisions made at the state and local level have a more direct and immediate effect on our lives.

History shows that power will not be given easily - it must be fought for. It becomes more important every day for citizens to advocate for change and hold those in power accountable for their words and actions.

Protesting is a critical first step in demanding action, but it's unlikely to be effective unless it's followed with dedication, perseverance and a specific plan of action.

The Western Front Editorial Board is composed of Taylor Nichols, Kira Erickson and Eric Trent

Viking Voices

Do you think student demonstrations are effective?



Liam Bateman
Junior



Meghan Morrison
Senior



Joe Giordano
Senior



Rachel Rothberg
Sophomore

"If it is unorganized and the message is not clear I do not think that it does a whole lot. But when people are able to come together and really form a movement it brings a lot of attention to really important issues. The university is supposed to serve the students, so I think that if the students are able to show that they are unhappy with something it can really make a difference."

"I definitely do. I think university is the perfect place to develop your voice because we are just now walking out into the adult world. Protests are definitely a way of developing our own opinions and our own voices and becoming independent beings. I think they are very effective and should definitely be allowed."

"Yes, I think peaceful, thought out and well-executed protests can be effective but if the protests are fueled purely by anger or outrage then that can lead to actions that are counterproductive to what the initial cause could be."

"I think they can be, yeah. I know that sometimes I have been not aware of some issues and then somebody will stand out in Red Square and talk about them, and it will open my eyes to things that are going on in the world that I didn't necessarily know about. I also think that being part of a protest can be effective in learning more about it."

Compiled by Alyssa Bruce

KNOCK KNOCK "WHO'S THERE?"



YOUR BEER!

@NEVERGOBEERLESS

THURSDAY - SATURDAY | 3PM - 10PM | SUNDAY | 1PM - 8PM

ORDER ONLINE: BBAYBREWERY.COM/BEERDELIVERY

Whatcom County Pregnancy Clinic
pregnancy testing & limited OB ultrasounds
nationally accredited

www.whatcomclinic.com
(360) 671-9057
1310 N. State St.
Bellingham, WA 98225

All services provided
free of charge

Making waves on stage

Women's rower Carly Lant is a member of Western's improv troupe, the Dead Parrot's Society

Ian Haupt
THE WESTERN FRONT

Audience members lie back in their seats, giggling as they gaze up at a domed screen. A comedy show at a planetarium?

That's where Carly Lant and the Dead Parrots Society performed a niche show Feb. 23. Improv scenes and stand-up routines were based on what was shown on the planetarium screen.

Lant, a sophomore at Western, competes on the women's varsity rowing team and performs improv and stand-up comedy regularly on campus.

"The end-all, be-all dream you could say, is to do something in comedy," Lant said.

She said the Dead Parrots Society, Western's improv troupe, was a big draw for her in deciding to come to Western. After attending open rehearsals put on by the troupe, she was called up to the performance team, an elite group of nine, last fall.

Lant began her comedy career by joining her high school's improv club. Bainbridge High School's club was student run and consisted of seven members. They rented their own spaces for shows, charging \$7 a person.

"And on occasion we made money from it, so it was cool," Lant said.

A friend from her high school improv troupe influenced her choice. She ran into him over winter break last year. He told her to try stand-up. She said a week later he was



Carly Lant is a sophomore on the women's rowing team and a member of the Dead Parrots Society. Lant's first time doing stand-up was at Western's Last Comic Standing. // Photo courtesy of Carly Lant

killed in a car accident on his way back to school. After that, she said she had to give it a shot.

Lant's first time doing stand-up was at Western's Last Comic Standing competition last year. She won. As a prize, she opened for comedian Ron Funches.

Lant joined the rowing team last year as a walk-on. She began rowing in high school, where her father

taught her to row at her school's Learn to Row Day.

Rowing is a family tradition in the Lant household. Her father, Mitch, rowed for Western in the 1970s. Her older brother, Henry, took it up in high school, and Lant followed in their footsteps.

"Carly is a natural athlete," John Fuchs, head coach of Western's women's rowing team, said in an

email. "She listens well, and brings a grinny comedic sense to the team."

The Vikings are the defending NCAA Division II Women's Rowing national champions and are currently ranked No. 1.

Adele Houston, a new coxswain on the team, said Lant has helped her with her transition into the sport.

"She's a freaking goof!" Houston said.

Lant was competitive with her older brother. She said she developed her sense of humor by trying to best him.

She said she looks up to the late actor and comedian Chris Farley because of his commitment. Her uncle, Hal Smith, was also a big influence on her.

"He's just the funniest guy alive," she said.

She strived to make him laugh growing up. Her uncle performed stand-up throughout college and now writes for The Seattle Times.

Lant said she avoids using political or sexual humor on stage. She said her material is based around nostalgia instead. One of her past bits was on the television show "Extreme Makeover: Home Edition."

She opened the notes section of her phone and scrolled through a bunch of joke ideas.

"These are all just premises," she said. "There's not a lot of bulk involved, but it's just anything that you could potentially beef up and make a joke out of. If you analyze something enough you can make a joke out of it."

Western to host wheelchair basketball tournament

Colton Redtfeldt
THE WESTERN FRONT

Western will be hosting a 3-on-3 wheelchair basketball tournament for people of all abilities on April 14 at Wade King Student Recreation Center.

Kip Leonetti, administrative assistant for the Campus Recreation Department, said that the department planned the event because they had seen more students playing basketball in wheelchairs than ever before.

Leonetti said the tournament is Western's first wheelchair-accessible basketball tournament. Faculty and community members over 15 years old are also allowed to participate.

Leonetti said people can register in teams of three-to-four or as free agents. The 20-minute games

will be played on a half court and sports wheelchairs will be provided to those who need them by the tournament coordinators, according to Leonetti.

Registration is free for Western students and costs \$10 for others. Leonetti said proceeds from the event will go toward promoting more adaptive sports opportunities at Western like goalball, a team sport for visually impaired players that uses a ball with a bell embedded in it, and inertube water polo.

Registration can either be done online at IMLeagues.com or by filling out a registration form at the rec center's front desk.

Lisa Osadchuk, a senior outdoor recreation major, is one of the students planning the event. At age 30, she developed Cushing's disease, a rare disease caused by an overproduction of the hormone

cortisol.

Before being diagnosed, Osadchuk coached a Special Olympics speed skating team and volunteered with an adaptive horseback riding program. After being diagnosed, she has been participating in local wheelchair sports.

"Many times we don't feel [like] a part of the campus community because events aren't inherently setup for us to attend," Osadchuk said. "For us to actually have an event that is all inclusive, that we don't necessarily have to make arrangements for, we can just show up and play and bring our able-bodied friends to, is huge."

Osadchuk said she hopes that events like the tournament will help bring people together, disabled or not.

"It's really important for students with disabilities on campus

to feel like a part of the community and to have that full college-experience," Osadchuk said. "I encourage everybody to come and try it out, even if they have never played or heard about it. They might like it, they might not. But they might really enjoy it because, let's be honest, most sports are more fun on wheels."

"...let's be honest, most sports are more fun on wheels."

Lisa Osadchuk
Western senior

Softball team drops final two home games

Western sits in 7 of 8 teams in the GNAC with less than a month until playoffs

Drew Stuart
THE WESTERN FRONT

The Western women's softball team lost its final two home games of the regular season to Saint Martin's University Monday, April 9.

The Vikings (12-26, 6-13 GNAC) sit in seventh out of eight teams in the Great Northwest Athletic Conference with less than a month left until the GNAC Championships in Portland.

Two successive RBIs by the Saints in the top of the first inning of game one spelled a loss for the Vikings.

After getting shut out in a tripleheader against Montana State University Billings March 30, junior Shearyna Labasan knew they had to step up to beat the Saints.

"We just wanted to make sure to get our defense to work," Labasan said. "I think we did a good job overall."

Despite freshman Kira Doan's tough pitching, the Saints scored two runs in the top of the first inning. The Saints' batting was good, but not good enough to overcome Doan's excellent pitching as the game wore on.

Saint Martin's senior pitcher Kim Nelson was tough to hit. However, sophomore Paityn Cyr smacked a homerun in the bottom of the second inning, bringing the score from 2-0 to 2-1.

Despite several excellent at-bats by the Vikings, the Saints' infielding made them worthy opponents. Most of the balls put in play were quickly scooped up, putting an increased importance on outfield hits for the Vikings.

After the second inning, both teams came close to scoring. A steady supply of fly balls and ineffective bunts by both teams kept the game rolling.

The Saints' infielding was airtight, and the Vikings were los-

"We needed to find gaps instead of people's gloves."

Amy Suiter
Softball head coach

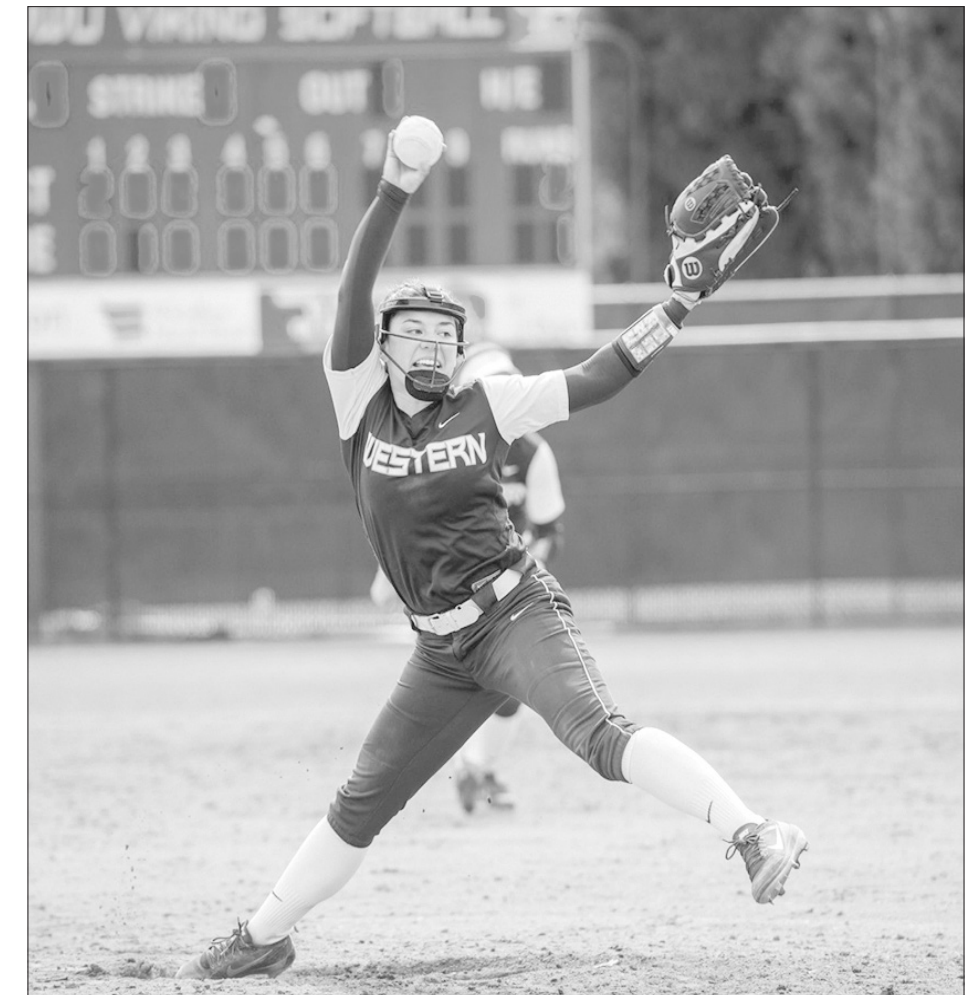
ing steam. At several points in the game, bases were given up with two errors made by the Vikings, while multiple failed catches allowed the Saints to advance across the bases.

Nelson kept the pressure on for the Saints, often drawing out at-bats with a series of dizzying pitches that kept the Vikings on their toes.

Doan was no slouch either. Doan consistently forced batters into hitting fly balls to the outfield.

Neither team scored after the second inning. The 2-1 score at the end of the second became final after both the Vikings and the Saints failed to score in the seventh inning.

Doan recognized the Vikings weren't hitting quite the way they



Freshman Kira Doan throws a pitch against Saint Martin's on Monday, April 9 at Viking Field. // Photo by Nick Sadigh

wanted.

"We hit it hard, but we hit it right to them a lot," Doan said.

Western's head coach Amy Suiter agreed with Doan.

"We needed to find gaps instead of people's gloves," Suiter said.

In the second game of the doubleheader, Western dropped another one-run game, 3-2.

The loss allowed the Saints (19-14, 9-7 GNAC) to sweep the Vikings despite Western putting up a good fight.

Labasan struck out three batters and gave up 10 hits over the course of the two-hour game.

Labasan went into the game knowing she needed to be flexible against the Saints and described her mindset after the game.

"I would say just mixing it up," Labasan said.

Labasan's style allowed for three runs by the Saints, but the game was close throughout.

Doan sympathized with Labasan's situation.

"They're all really good hitters," Doan said. "So it was about not letting them hit hard."

Labasan found herself with loaded bases at the top of the first inning, but a fly ball to the outfield allowed the Vikings to escape without any runs scored.

In the bottom of the second inning, Doan and Labasan were on third and second base respectively, but were unable to score.

It wasn't until the top of the third inning that any runs were scored. The Saints scored their first run on a hit to right field, allowing Saint Martin's junior Lauren Diuco to score.

However, the Vikings quickly

responded. Labasan hit a double down the left-field line and, after stealing third base, scored a run for the Vikings after freshman Rylie Wales hit a single to center field.

Unfortunately, the Saints scored an additional two runs the following inning. With the score now 3-1 at the top of the fourth inning, the Vikings needed to even the playing field.

Labasan came through once again with a single to left field that plated freshman Lauren Lo.

Labasan ended the game with a batting average of .405, getting a hit and both runs for the Vikings.

Neither side could translate hits into runs in the final two innings. After a few quick exchanges of line drives and fly balls, the game was over.

SEASON STATS

Batting Avg.	.251(8th)
Runs	125 (7th)
Strikeouts	201 (8th)
Errors	58 (7th)
Hits	249 (7th)



Western softball team members hold hands before a game against Saint Martin's on Monday, April 9 at Viking Field. Western lost both games by one run. // Photo by Katie Webber

APEX PROPERTY MANAGEMENT

INVITES YOU TO BEAT THE RUSH AND SECURE YOUR HOUSING FOR SUMMER & FALL NOW!



Apex professionally manages over 1,300 units with 200+ more currently under construction, which means we are sure to have the perfect place for you to call home!

Pre-leasing for Summer & Fall 2018 has started. We encourage you to visit our website, drive by properties, or stop by our office to familiarize yourself with our rentals and beat the rush of applications in the Spring.

Interested in multiple Apex properties? One application with us is good for any property we manage, simply list them in order of preference on your application.

Apex-Property.com

2020 Pacific Street
Bellingham, WA
98229

Monday-Friday
9:00 am – 5:00 pm

(360) 527 - 9829

APPLY

TODAY

STUDIOS

Near WWU:

910 N. Garden Street	\$785
1018 23 rd St.	\$825 / \$850
501 Voltaire Ct.	\$975
1016 24 th St.	\$850
330-340 32 nd St.	\$850 / \$895
3201 Elwood Ave.	\$850 / \$895
1025-1031 23 rd St.	\$850-\$875
1003-1009 24 th St.	\$895
2600 Douglas Ave.	\$895
705/709 3 rd St (New Construction)	\$950-\$1,125
245 32 nd St.	\$1,045-\$1,295

Downtown:

202 E. Holly St.	\$750
1304 Railroad Ave.	\$875
839 State St.	\$975

North Bellingham:

135-139 Prince Ave.	\$895
3516-18 Northwest Ave.	\$1,025
4330-4349 Water Lily Lp.	\$1,025
425 Stuart Rd. (New Construction)	\$1,025/\$1,095
755 Telegraph (New Construction)	\$1,100-\$1,175

ONE BEDROOM

Near WWU:

1014 23 rd St.	\$925
2305 Douglas Ave.	\$950
240 32 nd St.	\$995
900 22 nd St.	\$995
813 Billy Frank Jr. St.	\$995
1034 24 th St.	\$995
930 22 nd St.	\$1,050
808 20 th St. (Condo)	\$1,025
245 32 nd St.	\$1,025-\$1,075
2501-05 Taylor Ave.	\$1,095
501 Voltaire Ct. (+den)	\$1,175

Fairhaven:

1300 McKenzie Avenue	\$1,295-\$1,495
----------------------	-----------------

Downtown:

202 Holly St.	\$995
1304 Railroad Ave.	\$925-\$975
839 North State St.	\$995-\$1,125

Central Bellingham:

3111 Newmarket (Condo)	\$1,325
------------------------	---------

North Bellingham:

2823-35 W. Maplewood Ave	\$950
425 Stuart Rd (New Construction)	\$1,135-\$1,305
541-549 E. Kellogg Rd.	\$1,050
4330-4349 Water Lily Lp.	\$1,095
755 Telegraph (New Construction)	\$1,195-\$1,295

TWO BEDROOMS

Near WWU:

250 32 nd St.	\$1,195-\$1,275
1014 23 rd St.	\$1,150
813 Billy Frank Jr. St.	\$1,125-\$1,175
2170 Douglas Ave.	\$1,195-\$1,295
2305 Douglas Ave.	\$1,075-\$1,395
1034 24 th St.	\$1,195-\$1,250
2604-08 Douglas Ave.	\$1,245
1020 24 th St.	\$1,250
900 22 nd St.	\$1,295
220-40 Douglas Ave.	\$1,295 / \$1,350
230 32 nd St.	\$1,325 / \$1,375
1011 High Street	\$1,350-\$1,550
817 Blueberry Lane.	\$1,350
2001-2005 Knox Avenue	\$1,250
3201 Elwood Ave.	\$1,395
1003-1009 24 th St.	\$1,495
705/709 32 nd Street	\$1,595 - \$1,620
814 High Street	\$1,350-\$1,395

Downtown:

605.5 N. Garden Street	\$1,325
839 North State St.	\$1,625

Fairhaven:

1300 McKenzie Avenue	\$1,550-\$1,895
1002 11 th St.	\$1,625

Central Bellingham:

1713 Carolina St.	\$1,095
2423 Pacific St.	\$1,125 / \$1,295
1636-1638 Texas Street	1,250-\$1,395

North Bellingham:

2631-47 Maplewood Ave.	\$1,100 / \$1,295
135-139 Prince Ave.	\$1,150
2823-35 Maplewood Ave.	\$1,225
541-549 E. Kellogg Rd.	\$1,250-\$1,375
512-516 Tremont Ave.	\$1,250-\$1,350
3343-53 Northwest Avenue	\$1,275
755 Telegraph (New Construction)	\$1,295-\$1,800
3308 Hilda Ln.	\$1,325
251 W. Bakerview Rd. (Condo)	\$1,525
425 Stuart Rd (New Construction)	\$1,550-\$1,800
4330-4349 Water Lily Lp.	\$1,575-\$1,595

Avenue \$2,195-\$2,350

Central Bellingham:

1709-1711 Carolina St	\$1,250
-----------------------	---------

THREE BEDROOMS

Near WWU:

921-927 21 st St.	\$1,550
1020 24 th St.	\$1,595
2170 Douglas Ave.	\$1,695
910 N. Garden Street	\$1,695
814 High Street	\$1,695-\$1,895
920 22 nd Street	\$1,725
524 32 nd St.	\$1,750
930 22 nd Street	\$1,750 / \$1,795
1011 High Street	\$1,850
705/709 32 nd Street	\$2,020

Fairhaven:

1300 McKenzie Avenue	\$2,195-\$2,350
----------------------	-----------------

Central Bellingham:

1709-1711 Carolina St	\$1,250
-----------------------	---------

North Bellingham:

3303-3307 Hilda Ln.	\$1,450 / \$1,475
541-549 E. Kellogg Rd.	\$1,525-\$1,650
4341-4349 Water Lily Lp.	\$1,695-\$1,750
755 Telegraph Rd. (New Construction)	\$3,200

FOUR BEDROOMS

Near WWU:

2170 Douglas Ave.	\$1,950
524 32 nd St.	\$2,100
910 N. Garden street	\$2,525
1011 High Street	\$2,650
2305 Douglas Ave (New Construction)	\$3,100
(Starting Construction early June)	

Fairhaven:

1502 Wilson Avenue (House)	\$1,895
----------------------------	---------

Central Bellingham:

2313 Woburn Ave. (House)	\$1,995
--------------------------	---------

FIVE BEDROOMS

Near WWU:

2001-2005 Knox Avenue	\$2,850
1011 High Street	\$3,500

SIX BEDROOMS

Near WWU:

1011 High Street	\$3,500
------------------	---------

SEVEN BEDROOMS

Near WWU:

605-607 N. Garden Street	\$4,500
--------------------------	---------

