



## Telling Our Stories: Western's Response to COVID-19

Story ID: 48

Source: "Telling Our Stories: Western's Response to COVID-19," a project initiated at Western Washington University by Western Libraries Heritage Resources division. Originally published online at: <https://mabel.wwu.edu/islandora/object/wwu:37686>

**Story date** 03/11/2021

**Name** Anonymous

**Affiliation** student

### Story contribution

Covid has been both a blessing and a curse in that despite it having disrupted previously consistent daily routines of many, it's allowed others to slow down and take the time to find themselves as people when capitalism and the previous pace of society didn't give priority for it. In terms of online school, it's definitely been one of the more difficult aspects to adjust to with covid. As someone who was diagnosed with ADHD during quarantine, it has made me think about how many others could be or are struggling without adequate access to mental health and medical resources in general with school being fully online at WWU. I feel lucky as someone who prefers more time alone, but it's been harder recently since I've been living fully alone since the beginning of 2021. I feel fortunate to also have stable insurance coverage to be able to continue seeing my therapist throughout covid. For me the hardest thing about covid has just been trying to continue to maintain hope that things will eventually go back to normal. If you asked me in the beginning if we were going to be back for fall 2020, I would've said yes but now I feel like there's no point in trying to make estimates to prevent us from getting hopes up. I feel fortunate that I live in a state that has taken CDC guidelines more seriously than other states, but it's been just as frustrating since college students and graduating high schoolers have generally been at the short end of the stick the entire time whether it be financially or socially/developmentally. I think the governments initial response to the pandemic speaks for itself, but I definitely expected the current administration to crack down more than they have on areas that have stupidly politicized the virus and following CDC guidelines. If I could have one thing taken away from this narrative it would be despite my generation being young and supposedly healthier, we need just as much emotional and financial support as anyone else. Just because we're young shouldn't mean that we should have to struggle to receive help when we need it or that we're struggling any less than older generations have.

## End of contributed text from Story ID: 48 - Anonymous ##