# The Weekly Messenger

Devoted to the Interests of the Student Body, Washington State Normal School

VOL. XIX

BELLINGHAM, WASHINGTON, FRIDAY, APRIL 16, 1920

NO. 28

## GOOD POSTURE WEEK TO MRS. THATCHER TO BE INAUGURATED MONDAY

NORMAL SCHOOL TO OBSERVE GOOD POSTURE WEEK APRIL 19 TO 23

Replying to our question, "What do you mean by Good Posture Week?" Miss Vera Moffatt, head of the department of physical education for women,

"From the results obtained by the use of our posture machine and from general observation, we find that many of the faulty postures among our students are due to carelessness. Since it is a recognized fact that good posture is an essential to good health and of value to the success of the teacher, we are asking that the week beginning April 19 be observed as 'Good Posture Week.'

"We do not expect to remedy greatly these bad postures which have been acquired through years of careless attitudes, but we do hope to initiate a movement whereby the student may realize the sloven or abnormal posture she assumes. We hope to awaken a per-

(Continued on page 2.)

## SCHOOL TO CLIMB CHUCKANUT TOMORROW

DIRECTIONS ARE GIVEN FOR THOSE UNFAMILIAR WITH MOUNTAIN

### NONE TOO OLD OR TOO BUSY

By ELWYN BUGGE

There are many things to consider aside from the actual climb, which play a considerable part in the day's outing.

First, there is the matter of clothes. If you place any value whatever upon your personal welfare, by all means wear sensible shoes. If you ordinarily wear high-heeled shoes do not revert to ones with very low heels in which to do any extended hiking. The wearer, if he should risk such a change, would find himself too tired to walk before the end of the day. Tennis shoes as a part of one's hiking apparel should not be con-A girl who is accustomed to sidered. (Continued on page 2.)

TO WRITE THAT HUMOROUS POEM AND WIN

\$10.00

# STAGE OPERETTA

CHORAL CLUB WILL PRESENT "THE FEAST OF THE LITTLE LANTERNS"

### IN AUDITORIUM APRIL 23RD

Under the direction of Mrs. Florence Fox Thatcher, the Choral Club will present the Chinese operetta, "The Feast of the Little Lanterns" on the evening of April 23rd. This entertainment will represent some Chinese customs; in dress, music and dance. The plot of the story is featured in song, dance and dramatic ability.

Dora Agee will act the part of Princess Chan, a Chinese heiress; Irene Stewart, the part of Mai Ku, a Japanese jugler maid; Ethel Burkland, the part of Wee Ling, a maid to the princess and Anaide Myers the part of Ow Long, governess to the princess. Helen May Jones will lead in the dances throughout the entertainment.

Come and see this Chinese entertainment and remember — surprises between acts as well. Don't forget the date, April 23rd!

### B. S. N. S. — LITTLE SPOTS OF INK

By Pearl Ingalls "I didn't think," we say when needlessly we make some one suffer, when we mar some beauty or infringe upon others rights. That may serve as an excuse for little Johnny before he knows what his brain is for, but not for college students. The next time you find yourself comparatively alone in the library, just make a thorough survey of the floor and see what is the indelible mark of our thoughtlessness. Each spot of ink says either "You didn't think," or "You didn't care." We do care. Let's prove it by thinking. - B. S. N. S. -

### 'BROKEN LIGHTS'' A BOOK OF VERSE BY GLENN HUGHES

Mr. Glenn Hughes will publish a second book of verse in the near future. The volume will be published by the University of Washington Press and is very beautifully endorsed by Frederick Morgan Padelford, David Starr Jordan and Ella Higginson. The volume will be entitled "Broken Lights."

Councilman Philip Tendall, of Seattle, announced that the daylight saving plan had been dropped, as far as Seattle was concerned. As it was rejected by the people of Tacoma it is thought that is the expression of the people in general. – B. S. N. S. –

If you hit the mark you must aim a little above it; every arrow that flies feels the attraction of earth. - Long-

## PHILOMATHEANS AND ALETHEIANS FEAST

PHILOS AT THE LEOPOLD SAT-URDAY, ALETHEIANS IN CAFETERIA

### ALUMNI AT PHILO REUNION

The Philomathean Literary Society held its annual banquet at the Hotel Leopold Saturday evening, April 12th. At the conclusion of the delicious dinner the following program was enjoyed: What? Why? When?"... .....Mr. H. D. Sorenson

In America's Test Tube "... .....Mr. H. C. Philippi Reading ...Helen Marshall "Safe and Sane"......Miss Van Cycle
"Grinding the Axe"......Reuben Alm Piano Solo.....Nettie Gutcher On the Turn Table ".....Dr. Nash

At the end of the program all of the alumni members were called on to tell us of their successes. Mr. Bugge was the able toastmaster. The subject of the evening was "Reconstruction." Many interesting and amusing phases were discussed. Covers were laid for forty-six, thirteen of whom were alumni. All are now looking forward to our next annual banquet.

so successful they decided to hold another informal meeting last night, April 15. This time they climbed to Flat Rock and had a glowing camp fire. - B. S. N. S.

"April showers bring May flowers" is a comforting old saying to ponder on, when one gets a letter from home and pictures to himself the various members of his family and the old home

– B. S. N. S. –

### ARBOR DAY EXERCISES TO BE CONDUCTED THIS AFTERNOON

In accordance with the annual custom, Arbor Day exercises will be conducted on the campus this afternoon. The entire normal and training schools will be present to participate in the planting of flowers, trees and shrubs. The program is being arranged by Miss Baker in co-operation with the literary societies. - B. S. N. S. --

### A REMEDY FOR IDLENESS

Professor Giavanni Lombardi, an Italian criminologist, believes that work is the cure for many of the social evils, and has just introduced a new bill in the Italian Chamber of Deputies, making work compulsory for all male citizens and taxing all idlers.

# SEVENTEEN THOUSAND PUPILS IN ONE

STUDY AMERICANISM IN DR. MILLER'S PATRIOTIC READER; A BOOST FOR OUR SCHOOL

We wonder how it would feel to be the teacher of a class of seventeen thousand children. Well, that is the novel experience of one of our professors. A representative of the World Book Company visiting our school this week reports large sales of Dr. Miller's patriotic reader. During the first fifteen months o fits publication it has reached a circulation of seventeen thousand copies for use in higher grades and high schools. Some class, isn't it, if all these boys and girls were brought together! Every copy of the book is carrying the name of the Bellingham Normal School into some home. Thus the school is being brought to the attention of people in all parts of the country. Let's have more books sent out into the nooks and corners of our big country by members of our faculty! We know they can do it. It's a fine thing for the name and fame of our school.

B. S. N. S.

## The Aletheians held a picnic supper I LIPSUN MANAGER in the cafeteria April 8. This proved REPORTS PROGRESS

WORK OF KLIPSUN COMMITTEE IS RAPIDLY NEARING COMPLETION

### TO BE DISTRIBUTED MAY 21

"Mr. Bugge, editor of the Klipsun, has an anouncement." This statement has become familiar to all Normalites during the past three months. There will be only a few more announcements concerning the Klipsun, for the work is nearly rounded into shape. The groups have all been herded together and had their faces "mugged," the Seniors have been exhorted and persuaded by one means or another to visit the photographer; the business manager has visited each member of the faculty at least three times to make sure of getting his or her picture; much of the written material for the book is in the editor's (Continued on page 2.)

### HURRAH!

That first Prexy song is in already! That's the stuff! Make it more — bring 'em right in, keep 'em coming. Join the fun.

(Continued from page 1.)

sonal interest in each student to the degree that she will work for a better

appearance.
"We ask the co-operation of the students and faculty to aid the physical education department in this work. If every teacher will consider it his duty to remind any student seen standing or sitting in the wrong position that she needs to correct that posture, more good will probably be done than by any other means. This suggestion is not to the faculty alone, for it is just as necessary to have the co-operation of the students in this matter too; each student may help a great deal if she will remind others and thereby find it necessary to keep herself erect as well as alert to the faults of her neighbor.

"Let me repeat, then, bear in mind your own posture. Head erect, chest up, and weight forward on the balls of your

Let us all join Miss Moffatt in this good work and do our part to acquire the right habits in our physical attitudes and movements. Let us all begin at home and end with the one "next." Let us keep our eyes open for the good postures all around us and quickly correct the bad before any one else discovers it. All we have to do is to think and think right. Stop and think how tired it makes you to lop, to drag, and to lounge about. Remember how pleasing it is to see the girl before you step gracefully to the front of the room, stand erect without leaning against the wall or a chair for suport and talk clearly with head erect, chest up, and the lines of the body normal and right. Health, vigor and that worth-while quality called ambition are written in every movement. Remember the date, April 19 to 23. Erect.

### - B. S. N. S. SCHOOL TO CLIMB CHUCKANUT TOMORROW

(Continued from page 1.)

the forest trail knows that a skirt is a hindrance to her progress in scaling logs and forcing through underbrush such as you will have to do to scale Chuckanut. Therefore — bloomers. Leave your skirts at home or at the foot of the hill. On previous Marathons the trees at the foot of Chuckanut Trail have been artfully adorned with dresses of all shade and pattern.

Carry your luggage by means of a KLIPSUN MANAGER strap slung over the shoulders. The REPORTS PROGRESS true climber never carries anything in his hands except perhaps a walking staff. Be sure to take along a coat or sweater to wear while resting at the summit or wayside.

You have been told explicitly how to get to the foot of the trail, so I will say nothing further on that subject except to urge that none of you attempt to cross Hibridge trestle. The pedestrian takes his life in his hands when he does. So remain on terra firma. Your guaranteed safety is worth the

Regarding the trails to the summit, the climber has the choice of two. One, a gradual, picturesque trail, winds up the side of the mountain with only two steep places in it. The path branches off at several points into obsolete skidroads. The novice may avoid these "blinds" by always taking the trail to the right when he reaches these diverging points.

GOOD POSTURE WEEK TO branches out from the same starting point. The climber, once he is started will have no difficulty in following it. There are no branch trails and the only difficulty the climber may experience will be a shortage of breath. A pool of stagnant water marks the halfway point of this trail, and incidentally a resting Proceeding, the hiker finally reaches the converging point of both trails, and the spot where the coffee will be served on Marathon day. A creek with water for the coffee flows a short distance below this place and one may secure some by taking a pail and decending into the ravine after it.

The trail now mounts along the edge of a high cliff. The climber begins to see glimpses of the country below him. Mt. Baker looms up over the horizon (provided no clouds are in the way) and the town you left so recently looks small and insignificant. After a short but arduous climb he finally scrambles up on the "Summit" and while regaining his breath contemplates that glorious view of mountains, hills, valleys and water which is his certain reward.

The trail along the edge of the cliff at he top of Chuckanut will take one as far back on the mountain as he wishes to go. It is worth while to follow this path for a half a mile or more so as to view the aspects of the mountain and scenery afforded at different points.

Those who will scale Chuckanut for the first time tomorrow, and who are fond of outdoors will find that the summit of this legendary mountain one of the most beautiful playgrounds they ever visiteď. They will no doubt wish to make the ascent again and again when the opportunity affords and visit other interesting points on the hill. There are those beautiful lakes accessible to ambitious hikers. Chuckanut Meadows which abound in wild flowers this time of year afford a beautiful outlook over the Sound country. This steep stretch of open hillside may be reached by following along the path at the summit until a large frog pond is reached. Then the hiker has only to turn sharply to the right and tumble down the hillside for a short distance and he is there. Now all he has to worry about is to retain his balance to avoid rolling for a quarter of a mile to the bottom of a deep valley with bears in it.

Let's all go tomorrow. Leave your cares at home and be prepared to enjoy to the full anything such as a day on Mt. Chuckanut affords.

- B. S. N. S.

(Continued from page 1.)

hands. The art department has nearly completed its share of the work and everybody is happy except the business manager who has to see that all the above things are paid for.

So that the Klipsun committee may know exactly how many volumes to order, students are signing up for the Klipsun this week.

Arrangements have been made with the registrar's office whereby the cost of the Klipsun will be deducted from the rebate due each student at the end of the quarter. This makes it possible for those who have spent all their money previous to the close of school to obtain a Klipsun without any expenditure. It is expected that at least four hundred students will purchase their school annual.

The Klipsun goes to press next week

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## KLIPSUN

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### KLIPSUN

But do not fail to sign up, in the main hall, today before 4 o'clock.

May distribution of the book will commence. In order to be assured of getting a copy of this volume it must be signed for at a very early date. - B. S. N. S.

The Mail Bag

Aboard S. S. Catherine D. April 4, 1920.

Dear George:

True to my promise, I am going to scribble you a few lines. I just finished writing two letters, so while in the act I decided to continue.

Well, the Canadian waters are about the same as ever - except it is rather It snowed and rained and the cold. wind blew some last night, so it was rather disagreeable. We went through Seymore Narrows at 11 o'clock this morning and are plugging along bucking and for the next month the presses will the tide and wind at present. The A steeper and much more direct road be running night and day turning out passengers are rather quiet except for

this wonderful book. On the 21st of an orchestra consisting of a guitar, mandolin and saxaphone.

We had fire and boat drill this afternoon just as I was crawling out of bed. It was raining like the dickens, but it didn't hurt us much.

Don't you wish you were here to keep me company? I surely wish you were. I am in the second mate's room and it surely is nice and comfortable. second mate is a fine fellow and we get along well.

I read that Easter story of yours in the Messenger and it was certainly fine. Nettie wouldn't give me the paper until we sailed, so I didn't get a chance to read it before.

It's almost time for me to "turn to," on watch again, so I will close. Won't you write me either at home or at Ketchikan?

Well, George, take care of yourself this summer and write me when you can and I'll do the same — if you send me vour address.

Well, so long, old timer.

Your friend.

BOR KNIGHT

## GENERAL SCHOOL NEWS

Lillian Hendrickson, of Sumas, spent the week end at Davis' Hall.

Saturday morning Margaret Scott, Margaret Berry, Nell Bromley, Lillian Hendrickson and Ethel Gillies hiked to Inspiration Point.

Several groups of hikers were out during the week end practicing up for the marathon.

Sunset Trail proved to be a very popular place Friday evening. Several bonfires were built on the top of the

"Go to School Week" has been set for the week of April 19 to 23. All teachers and pupils of the grammar schools are planning a campaign so that parents and friends may visit the schools and observe the work of the classes while in session. This will place the parents and children on a more equal footing concerning the idea of modern schooling. We all know that very few parents visit the schools and become acquainted with the teachers or work, so let us as students of this B. S. N. S. boost this wek to a success.

Last evening at dinner Mrs. Powell, matron of the dormitory, gave a short talk on the importance of saving. She said, "that on account of the very high prices of food stuffs the board will be raised on the first of summer school and if the people are not more saving the raise might have to come sooner."

A Mount Baker Highway is being planned. This will make the trip to Mt. Baker more attractive to tourists, and will probably result in a much greater interest in Mt. Baker by people from other parts of the country, as well as those living here.

Gretchen Wiede spent last Saturday and Sunday at the home of her grandmother in Ferndale.

A number of Enger Hall girls hiked to Lake Whatcom Sunday.

Miss Sylvia Barrett and Murrilla Burch attended the Epworth League convention at Mount Vernon over the week end.

The fourth grades of the training school went on a trillium hunt last Thursday and were rewarded with a large number of these harbingers of spring

Miss Baker and her nature study classes express their hope to observe some of mother nature's work. However, if Apollo does not favor them more generously with his presence, the desired amount of observation cannot be carried on.

We hope that the Tuesday morning weather continues at least until the marathon has been staged.

In many cases glasses are needed to relieve eye strain rather than to improve the vision. Consult WOLL, the Optometrist, 205 W. Holly Street.

THE NEW Y. W. C. A. CLUB ROOM
To see the new club room of the girls'
clubs of the Y. W. C. A., one would
hardly recognize it as once being the
Y. W. C. A. cafeteria dining room.

The room always was a large and beautiful one, with its French doors, from which a fine view of the Sound and the sunsets could always be seen, the fireplace at one end, and the polished floor which was always inviting one to dance. Everyone was very loath to give up this beautiful room as a place to dine in, when the cafeteria moved down town, but a club room was sadly needed by the different girls' clubs and now they are busy making another attractive rom out of it.

An ebony-colored square piano has been donated to the girls and it stands in one corner of the room. There are pretty flowered cretonne hangings on the French windows which do not exclude the view. The girls have been hard at work repairing and painting old chairs a pleasing shade of green, which gives another touch of color to the room. Comfortable looking couches invite one here and there and a large round reading table to match the furniture stands near the center of the room.

But even as far as this, the girls have only made a good start towards the furnishing of their club room. And what with the piano and smooth shining floor just begging for the dancing of young feet, well perhaps, even the "Y. W." Normal Girls' Club will be giving a dance there some time.

Guy Stickney is given grand welcome when he returns to Normal after spending nearly a month in the Anacortes Hospital.

Miss Jessie Smith, a former student, spent the week end at Jameson Hall.

Dorothy Jones, who has been engaged in the primary department at Carbonado, has returned to finish the school year.

Beverly Hatch was the guest of Marian Moore at her home in Mount Vernon during the vacation.

B. S. N. S. —— WHAT IF —

We should all be excused from writing lesson plans.

Our teachers should go on a strike? The training school students suddenly absorbed their full capacity of knowledge?

We gave a dance in the gym? Everybody wrote an article for the Messenger?

Nobody skipped classes? Everybody studied.

Dr. Nash, while composing school songs, made the statement, "Miss Agnes Baker keeps us close to our maker." This explains the reason so many of our students are seen about the campus, examining trees and shrubs and listening for the songs of birds. They are enrolled in Miss Baker's nature study class and are only classifying the works of "Mother Nature."

— Marie Bergerson

B. S. N. S.

LEST WE FORGET

By Arthur L. Huggins

A few weeks ago, shortly after the Normal-Whatcom basketball game, a short article appeared in the Messenger with the following heading, "Normal Needs a New Gymnasium." This article appeared at the height of the basketball season and everyone was eager to help in backing a move for a new gym. Now that the basketball season has ended, the enthusiasm for a new gym has died out and the gym has almost

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been forgotten owing to the coming of spring and the arrival of the season at which time basball takes the lead in the world of sports. Many people will say that we do not need a new gym now. This is true, but remembering that the basketball season will be with us again next year, it is necessary at this time that the students and faculty support a

movement for a new gymnasium, in order that we may be able to secure an appropriation from the state for a larger and better equipped gym. If we are to have a better school, we must have more men enrolled in our student body, and if we are to have more men, it is necessary that we have a new gym to attract them.

### THE WEEKLY ${\mathcal J}\!\!$ MESSENGER $_2$

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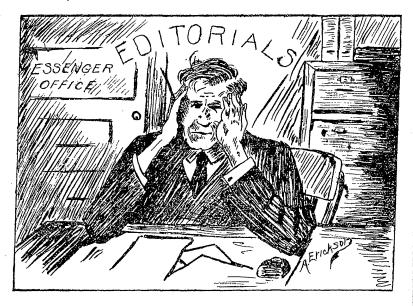
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### BOOST!

The business men and citizens of Bellingham are proud of their normal school and well they may be, for with its large buildings, efficient instructors and growing student body it is an asset to which any community could point with pride. It gives a city a certain amount of prestige to have a normal located in it and the Bellingham Normal as the largest in the state makes Bellingham the education center of this corner of the state.

In addition to more prestige, however, it should be pointed out that the normal not only brings five hundred people to Bellingham, thereby increasing the population, but that these five hundred must be fed, housed and clothed, which brings a large amount of trade into the hands of Bellingham's business men. Moreover, the school is growing. Each year will bring additional students until the enrollment equals and surpasses the mark of pre-war days, all of which means more business for Bellingham. The merchants of the city realize this and therefore they boost our normal and patronize our school paper as advertisers. But it has been thought that it might be well if the normal students and faculty would work together to show in a definite form what the normal means to Bellingham. It is for this reason that you were requested the other day in assembly to let it be known that you are a "normalite" when you transact business downtown by writing the word "Messenger" on your bill when you go into Smabys or the Cave. The same applies to all other purchases. If you are buying a suit or pair of shoes from a Messenger advertiser, let him know that you saw his name in the Messenger. In this way it will be definitely pointed out to the business men that the normal is a decided asset to them and that Messenger advertising

We can not urge too strongly upon you the necessity of all doing this if it is to be of any value. If only a few follow this suggestion it will give a false impression that will be harmful rather than beneficial.

Get behind this movement, fellow students, and let's show Bellingham how much the normal really means to them.

### WE HAVE IT

School spirit, eh? Yes! We have it yes sir-ee! If you have the least bit of doubt, just hunt up last week's issue of the Messenger and you will have the proof in your hands. The most common expressions heard last Friday in these halls were, "This is the best Messenger we have had yet!" "How improved the paper is!" "How are you getting so many contributions now?" Just see how many students are in print today!" and many other remarks of like nature, and that was not all - the remarks were accompanied by the proper look, too. Joy on all faces showed what it means to see yourself and others achieving. That's spirit, and we do have it! It is spirit to do! We have said much about school spirit and seasonable talk is good. But like too much seasoning anywhere, much talk becomes just talk. To do, is the actual thing. We are doing in our activities - see the Messenger as proof — and that is spirit. If you're loking for school spirit pay us a visit!

Now let us not have to knock on wood - let us keep the good thing going. What fun it is to see yourself and your friend "breaking into print!" Break some more. Just keep breaking. That's it, keep it up! We have good athletes, men and women! Good writers including poets and musicians; good artists, good dramatists, good cooks, milliners and dressmakers, good cabinet makers, good penmen, good business men from the commercial department, good agriculturists, chemists, biologists, etc., etc. Why not apply all these good things in our school activities and show that we are good teachers generally and expect good positions when we leave this school our spirit shows our merit.

During the first quarter of the year you did not know how to write for the Messenger. One hundred sixty students had had such instruction from Mrs. Mayhew in English I and English III this year. Now that you are no longer required to hand in these articles, show your spirit and power to apply what you have learned by voluntarily contributing each week. Most of the things you read with such pleasure last week were written by the students in these two classes this quarter. It is business, now that you do know how, to continue to write and contribute. Did you notice the poem by Evelyn Russell? That was not a required contribution. Let each student in school do likewise.

But last week's eight-page paper full of student articles was not half of what can be told, for do you know that our eight pages would not hold all they wrote and we have a great deal left to come in another issue! That's spirit. Let every one join us - do not leave the good work for the English classes' exercise work, but make your own contribution too. The paper says "published by the Student Association," now make that come true and do not make the two English classes do it instead of the whole body. You now know how it is done, let all feel responsible.

Supose, just suppose, those two classes did not furnish any more "copy' for the Messenger than you have done voluntarily this year, just suppose! Or maybe you did not know who it is that does furnish - did you ever stop to think about it, or did you just take for granted that line at the top of the editorial page which says "published by the Stu-dent Association?" Who is that? Are you a part? What have you done for the paper outside of required English

exercises? This question is to the one who has not yet awakened to his duty because we want every individual here to help. If there is not room for your article yet because of the deluge of good things, what fun it is to be on the "waiting list"! Make the old files help you get that good salary and desirable work make it a witness to your merit. Keep on doing so.

One student put the matter properly when she summed up unconsciously the many similar expressions that were being heard about her somewhat as follows:

Why, this shows just how I feel, and I am sure all the rest are just like me. Now I am always willing to do if I only know how and what to do. All these contributions in our paper show that the students are glad to do their part but they are just learning how. I have always wished I could write something fit to print but I did not think I could, and I know the rest are just like me. Look at this! Just look! All these contributions this week are just fine and show the spirit of this school!"

That student was right. All we want in addition is that you who have learned how keep it up now that you are no longer required to do so far a grade in English. Apply your training in your school activities. "It's fun to think," says Miss Wilson. Keep trying and

Songs are now in order! Let us all sing something!

B. S. N. S. -

### OUR CAMPUS

There are three classes of students. One of the third class threw an empty cardboard box on the campus, just beside the steps leading to the main entrance of our building. A student of the second class came along and passed by the box. The first class student saw the box, picked it up and gave it a home in the garbage can. What we need is more first class students. It seems a shameful truth that we need the first class kind of people so badly in the world, people who notice the failings of others and remedy them. But this is our campus and it is up to us to keep it neat, so let us avoid making work for this first class student.

### -Elnora Hobbs B. S. N. S. -SCHOOL SONGS

It has been wisely suggested that we compose some school songs which will give us an outlet for our compressed school spirit. We certainly need them in large numbers to fit every occasion. We have a large number of students who could write words to go with popular melodies which would really be a credit to the school. Let's all get behind and push, in order that we may have songs of every description which will fit our every need.

### -J. Howard Griggs - B. S. N. S. GETTING AHEAD

There is a method of getting ahead in life just as there is a method in all other things. It is the matter of acquiring more strength. Just as the musician must work and overcome difficulties so must we work to conquer our difficulties thoroughly one by one, for that is the technic of getting ahead. As George Eliot said, 'The reward for overcoming one difficulty is the strnegth to meet another."

-Donna Klinker – B. S. N. S. -WRITE THAT PREXIE SONG! 

## BASEBALL



is to be played here this afternoon the United States, there stands Vernon. take place at the Elks Park, owing only monument in America erected to the fact that Normal's grounds the most popular of all sports. are still submerged. Coach Carver at last has his "diamond machine" running smoothly and is almost satisfied with it. Normalites are united in the belief that the boys will give a good account of themselves during the progress of today's game, and will support their team to the limit.

— B. S. N. S. — BASEBALL

By CHARLES O. POWELL

Baseball, the national pastime of the greatest nation on earth, has more ardent and consistent followers than any other sport of modern times.

The two things typified by the people of America are liberty and baseball, for at the entrance to New York's harbor the nation's eastern gateway, there stands a gigantic statue symbolizing Liberty; while in Golden Gate Park,

The second game of the 1920 series San Francisco, the western boundary of starting at 3:30 when Normal meets splendidly designed statue of a baseball The contest will player, a pitcher of the older days, the

> Our national game originated with the Knickerbocker Club, organized in New York in 1845, which club published certain elementary rules that year; but the first known diagram of the diamond, indicating positions for players, was drawn at Cooperstown, N. W., in 1839.

> Baseball has become popular because it is the most democratic of pastimes and manly to the last degree. It is the one sport which has no classes, for the poor, the rich, the large and the small are placed on an equal footing, and each has the same chance for success.

> This sport appeals to the American people because they love action, admire skill, dash and athletic supremacy. Baseball qualifies in all of these lines and as long as America is inhabited by Americans, and our nation lives basebal wil never die.

### TENNIS RULES ARE STATED

New nets have been secured and the students are asked to help keep them in good condition, adjust all nets with the reel and do not tie ropes in knots that will have to be cut. Loosen the nets when you are through playing. Do not jump over the net in changing courts. Many ropes have been broken as knees.

Buy your own tennis balls. Do not expect the other fellow to furnish them. At all times be fair and courteous.

Rules Governing Tennis Courts

1. The courts shall be vacated at the following times if there are others waiting to play: 8:00, 9:00, 10:00, 11:00, 12:00, 1:00, 2:00, 3:00, 4:00, 5:00, 6:00,

2. Those who have been waiting longest shall have first chance at the beginning of a period.

3. There shall be no singles started at the beginning of a period if there are others waiting to play, but any persons starting singles may finish the period, if they wish to do so.

4. Outsiders are requested to keep off the courts if there are students waiting.

B. S. N. S. HOME ECONOMICS AS THE

REVIVAL OF A LOST ART

MISS RAITT TALKS TO HOME ECONOMICS STUDENTS

Miss Effie Raitt, head of the home economics department of the State University, gave a very interesting talk to the home economic students of this institution Tuesday, April 6. "Home Economics in the Schools as the Revival of a Lost Art," was her subject.

It has been during the past thirty years only that by the many modern inventions and conveniences the women of the last generation have lost the in-

theirs. Women of the past ages learned all the household arts from their very earliest experiences. Until recently the education of girls and women consisted in learning to sew and read only. There is a noticeable difference in the attitude of the children of today towards their clothes and other articles compared to that of other generations. Those children learned to appreciate and value their clothing because they knew how much labor was required to make the article from raw material into a finished product. The majority of the women of today judge the value of an article by the high price and not by the quality of the article. Statistics show that 90 per cent of the money spent in the world is spent by women, many of whom have not been trained to buy wisely. The work of the home economic girls here and elsewhere is to go out into the world and teach the next generations how to become successful and efficient homemakers.

- B. S. N. S. -SPRING FEVER

When the spring of the year rolls 'round again, everyone is ready to donothing. The symptoms and effects of spring fever are more deadly than those of the "flu" or smallpox. This disease is incurable. The symptoms are: The gaps, and an "al-in" feeling, followed by a fit of drowsiness from which you cannot and will not be roused. Any one finding a remedy for said disease will be doing the world a great favor by making it known.

Remedy for the disease: Make that Prexie Song" and then sing it! Wake the rest of us up!

- B. S. N. S. -"AN EDUCATED PERSON"

Who is the educated person? It is not he who goes through school after school and never aplies his knowledge. But, terest and ability which formerly was it is the person who is always learning



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## Sunday Evening Forum

LIBERTY HALL SUNDAY, APRIL 18, 7:45 P. M.

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REV. WM. R. MARSHALL, Director

studies how to improve, where and how to find certain material in a book or all just the one way. magazine in a short length of time and who is able to aid others. Education is not all written in books. You learn a great deal from the outside world by

and studying up on new subjects, who traveling and other means, which is not all written or printed and cannot get it

-LILLIAN MANBERG

– B. S. N. S. –

WHAT IF YOU HAD THAT \$10

## HOUSE NOTES

#### HIKING

Bright and early Sunday morning six Nichols Hall girls hiked to Fairhaven Park. At the park a bounteous breakfast was prepared to which all members did ample justice. After some time had been spent in viewing the wonderful scenery and in taking pictures, this merry group of girls reutrned home at 9.30 declaring the morning one of the most delightful of their lives.

Saturday, April 10th, the girls from Davis Hall hiked to Dead Man's Point and spent the day. The girls decided that this would be an ideal way to spend their week ends if board didn't happen to be higher at the beach than it is at the dorm.

### FIVE-2-FIVE

Ruth Thurman spent the week end at her home in Burlington.

Peggy Riddle went with the Major girls up Sunset Trail on Friday evening to watch the sunset. She reports lots of good eats and declares there is nothing like ice-cold water to produce a two-day shine.

Lucy Dickson was present at the surprise party on Miss Mowbray at Lake Whatcom Friday evening.

Donna Klinker and Helen Edwards attended the Philo banquet given Saturday evening at the Leopold.

Several of the girls took a hike to Dead Man's Point Sunday evening. The following delightful menu was served: Kelp cocktain, sea-brine boullion, sea-anemone salad, rock steak with poison oak fritters, barnacle sundae, chips and salted pebbles. A good time was had by all.

Helen Edwards and Donna Klinker attended the Philo banquet Saturday night.

### EDENS HALL NOTES

At 9:30 Saturday morning a happy group of thirteen girls from Edens Hall started to hike to Squalicum Beach. They reached the beach shortly after 11 o'clock. A fire was soon started and a delicious lunch prepared under the supervision of Lulu Rau. They were joined at noon by three other girls from the hall. After all had done ample justice to the good things to eat some time was spent on the beach. The party returned late in the afternoon, all voting that the day had been profitably spent.

A very interesting and instructive conference, of the members of the Royal Carolean Medico Surgical Institute of Stockholm, Sweden, was held Thursday afternoon in room 24. The results of this conference are not yet disclosed to the public.

Edith Kesler spent the week end in Seattle.

Miss Mead visited friends in Anacortes over the week end.

Miss Erma Brown and Miss Ruth Lineberry, two former residents of Edens Hall and graduates of the Normal, were the guests of Ruth Classan over the week end.

We are glad to report that Virginia Vandermast is recovering rapidly and will be able to be out again in a few days.

A case of cause and effect: Cause — A pair of new shoes; a long walk. Effect — A pair of blisters.

#### NICHOLS HALL

Vivienne Croxford returned Thursday and Pearl Stoughton returned Sunday night from their homes in Snohomish, Washington.

Anna Keating, Ernestine Gove, Winetta Shahan, Gladys Shahan, Ellen Martinson and Margaret Wells had early breakfast at Fairhaven Park Sunday morning, returning home in time for Sunday School and church. The hike was so successful that similar jaunts will probably be planned for many a bright Sunday morning.

Ernestine Gove and Narcissa Collins went for a drive Sunday afternoon to the farm of a relative of Miss Gove's near Lynden.

Anna Porter spent the week end with Florence Peth at her home in the country.

Esther Nelson was at her home near Custer over the week end.

-GLADYS SHAHAN

### THE CEDARS

Who ordered the taxi that arrived at 412 High Street one rainy evening last week? It is still an unsolved mystery at the Cedars.

We are all looking forward to a good time Saturday climbing Mount Chucka-

Olga Heggem enjoyed a delicious dinner served by Miss Stella Lowry Thursday evening.

Francis Willard, Lizzie Dunagan and Helen De Va Lois spent the week end with home folks.

Eva Alm, Margaret Carmen, Clara and Adena Kallander enjoyed an auto ride to Sedro-Woolley, Mount Vernon and Burlington Sunday.

#### STEPPES

Mr. Griggs spent a very enjoyable afternoon and evening last Saturday at Lake Padden.

Mr. Johnson and Mr. Wynne spent the week end at their homes in Ferndale.

Mr. Bancroft, our president, gave a lecture to a few Steppeites. His subject was "An Acomplished Man." During the proces of the lecture he was interrupted several times by the protests of Mr. Roe, who it seems failed to agree with his principles. Mr. Bancroft promises us a talk in the future on "The Wonders of the Rhine."

Mr. Roe is going to start a tennis class, for the benefit of the Steppeites who wish to learn the game. The classes will meet at 5 A. M. three times a week.

— WILLIAM ELDER

### JENKINS APARTMENTS

Word was received from the Providence Hospital in Everett that Miss Ella Pallas was slowly recovering from her long siege of illness.

Miss Barbara Steele spent the week end at her home in Sedro-Woolley.

Hikes to various places were enjoyed by all the girls of the house over the week end.

The Sunday night luncheon was served by the Misses Barbara Jenkins and Ethol Lewis.

### WRITE A SONG. SING 'EM!

It is a little disturbing to our train of thought to have those heavy blasts going off so near. We shall all be able to raise our grades when it is done and our nerves become a little more settled.

MAKE A SONG BOOK!

### **Organizations**

#### THE SEATTLE CLUB

Schome Hill was a scene of merriment Saturday morning when the Seattle Club indulged in a breakfast of ham and eggs, buns and coffee.

Mr. Kolstad built the fire and made the coffee. While the coffee was boiling we played hide and go seek and other games until we heard some one say "The coffee's done." In a few minutes we smelt some delicious ham and eggs frying. No one can say that Seattleites could not win in an eating contest as they certainly showed themselves capable of one that mroning.

-P. Noll

#### RURAL LIFE CLUB

Thursday, April 8, an unusually interesting meeting of the Rural Life Club was held. The program consisted of the following numbers: Quartet, Mr. Erickson, Mr. Freeman, Mr. Harrison, Mr. Bancroft; Reading, Dora Huelsdonk; jokes, Harry Bartruff; pantomine, Margaret Eacrett, Frances Smith; talk, "Army Life," Mr. Bancroft.

LIZZIE DUNAGAN

### EXCURSION TO GLACIER PARK

Thep lans for an excursion to Glacier Park by the members of the Rural Life Club are being formulated. Students of other clubs are also interested and have requested to join the excursion.

— B. S. N. S. —

## Faculty Notes

Miss Sperry spent the week end in Mount Vernon and while there attended the Older Girls Conference.

Mr. Hoppe is to give a lecture reading this week end in Zillah.

During her Easter vacation Miss Stryker attended the play "Maytime" and was quite delighted with it.

Miss Mead motored to Anacortes last Saturday and returned Sunday evening on the Interurban.

Mrs. Thatcher, assisted by the Normal quartet, Miss Houstin and Miss Kesler, gave an evening's entertainment Wednesday evening at Van Wyck.

Mr. Kolstad entertained at his cottage Saturday evening some of the faculty members.

B. S. N. S. ——
ALUMNI

Miss Eva Shields, who graduated in May of 1918 from the Normal School and who was a Senior in the home economics course at the University of Washington, died on the 29th of February of this year at the University infirmary.

### THE LURE OF THE TREES

By ELLENGRA HOBBS
The trees on the hilltop bow and sway;
They seem to be beckoning me away
From lesson plans and other cares
To the peace that Nature with mortals

But I cannot go; I must stay and work, I'd like to though, but a must not shirk. If we expect this old world to keep

We must stay by our row and go on

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### SCHOOL SONGS

Finally we are going to have some peppy school songs and it took certain members of the faculty to start the ball a rolling. We heartily thank these faculty members.

- Agatha M. Foley

### **HUMOROUS POEM CONTEST**

#### NOTICE TO HUMOROUS POEM WRITERS - PAST, PRESENT AND FUTURE

It seems that there are some people who can never definitely follow directions, and so it happens that we have received several humorous poems bearing a fictitious signature, but not accompanied by an envelope containing the right name of the author. How we should know to whom to award the prize in case such a poem won remains an unsolved mystery.

For this reason we ask all who may submit poems in the remaining two weeks of the contest to make a pilgrimage to the bulletin board and make a profound study of the rules. With regard to ALL those who have submitted poems heretofore, whether they have been published as yet or not, we wish that you would write your name, your fictitious name and the title of your poem on a slip of paper and enclose in a sealed envelope bearing the fictitious name on the outside. Leave in the Messenger box at once!

— Ер.

#### Humorous Poem No. 12

### A TRUE TRAGEDY

By The Spectator

The Judge's daughter was a "catch," And many sought to win her; She was guest at many festivals, And often asked to dinner. To choose from such a noble bunch She admitted was confusing. Her friends looked on with interest, And found it quite amusing.

But now it seemed that Jim McGraw, A statesman from La Cart, Was gaining favor in the race To win her hand and heart. She liked his manner and his cash, And thought him passing fair; But, best of all, she liked, 'twas rash, His glossy raven hair.

They were driving in his Cadillac Past our house one day; The wind was brisk, the top was down The time was early May.

The wind grew stronger, how it blew! It paused to gather force, Then launched it, in one mighty blast Right in the drvier's course.

His hand was on the wheel, He felt the blast too late To avert a grave catastrophe, Oh, sad was Jimmie's fate; His hat stood straight upon his head, Then did a graceful shimmie And sped away across the field, Poor Jimmie, Oh poor Jimmie!

The girl looked on with horror dumb, He madly sought to win it. She wept and bitterly she cried; His glossy hair was in it. The hat was silk and straight and tall, It seemed possessed of demons, He chased it here and chased it there Amid the goslings' screamin's.

He chased it with a mad intent, Pursued it far and wide; It led him with a leap slide change, Then did a scissor slide And doubled back upon its track, Still bearing Jimmie's pride. His bare head grew an angry red, Where once 'twas glossy pink. The girl looked on the tragic scene Bereft of power to think.

The hat danced on in playful glee. It seemed to win the race; When suddenly it curved and flew Bang! in the maiden's face. Oh, nevermore will Jimmie ride, With top down, when it's windy! And never does he hope to find Another girl like Lindy. - B. S. N. S.

## THAT SCHOOL SONG

No, we are sure you have not forgotten it, although only one has come in so far, and a faculty member wrote that -thank you, Faculty, come again — you have just neglected to bring yours yet. We rather suspect, too, that you are waiting for more specific information, so here is a little of that:

First: We are going to print a book of school songs. When? Just as soon as you write them and we can edit them. We want many.

Secondly: Kind - All kinds. Songs for our athletic games, to sing before we win - to make us win - and to sing after we have won to tell the world we have done so. Spirit rousing songs, make them swing! Songs to suit any and all our school activities; songs to be sung when we are honored delegates to conventions of any kind to show who and what we are and where we are from; songs to create fellowship and school spirit among the newcomers and to bind the old students more closely together. Club songs to make the clubs all one body too! "United we stand, divided we fall." Clubs are fine things, but if we break our school up into small organizations at the expense of the whole 17—"There's a Tavern in the Town." body the good motive of club work is defeated. Clubs both individual and 19—"Three Crows."
united! Then, too, we want the best 20—"Troubadour Song."
"PREXIE SONG" you can make. 21—"Turn Back Pharao Every school worthy of first rank recognizes their president. LET'S! A good 23 - "Vive l'Amour." "prexie song" then! and the faculty, 24—"Boating Song." too. Make a faculty song and sing a smile to their careworn faces! Sing 26 — "Dixie Land." them to sleep if you can. An occasional 27—"Jingle Bells." song may cheer them. Recognize them 28—"March of the Men of Harlech." on ocasion!

Use any good, rousing, 30 — "Merrily, Merrily." Thirdly:rollicking tune you know and fit the 31-"My Heart's in the Highlands." words to the music. Do your best and 32 - "Maryland, My Maryland." any crudities will be corrected by the 33—"Over the Summer Seas." committee for you. Do not be ashamed 34—"Polly-Wolly Doodle." to try. Airs from any good opera, not 35 -- "Sleep, Baby Sleep." copyright, will be acceptable. Use good humor.) lively tunes and write words to suit the 36—"Wearing of the Green." spirit of the music and for this school. At the end of this "story" we give a list which is only meant to be suggestive 39 use others, old, new, famous, and otherwise, that is, original if you can. During the past unhappy war time we debarred enemy musical productions as well as other such products. This was the consequence of an evil time. We are entering a new era, a constructive period, peace and good fellowship are our ideal. We want the good that is available from every source. So we hope all prejudice is gone from the good things we may use, no matter who made it. 'Drinking songs also furnish lively, spirited airs.

Use them. Once it was a popular fallacy that "spirit" was a liquid, at least a beverage, that intoxicated, and to feel 'good" one had to imbibe such spirits. Now we have a different interpretation of life and its pleasures. Spirit is not a material thing available only through drink or any animal indulgence making the partaker fall from the plane of manhood to that of the beast. Spirit is uplifting. It makes for progression, for success and happiness. The joy of living means spirit, and so, it is that quality we appreciate in the music and not the words that accompanied the drinking songs. Keep the good, improve the words and make good songs.

Fourthly: When you have done your best, take your song to Mrs. Mayhew to be corrected and edited for setting to music. Mrs. Thatcher will receive the song from Mrs. Mayhew and when all are in, a goodly number for all needs, they will make you a book. Here's to your book!

List of tunes which may be used. Find others. (Adopt locally):

1-"John Brown's Body' (Bellingham's eleven comes a-marching on the field, etc.)

2 — "Fair Harvard."

3 — "It's a Way We Have at Old Harvard.

4—"Boola Song" (Yale). 5—"Good Night Ladies" (Good-bye (opposing team) we're going to beat you now).

- "Good-bye, My Lover, Good-bye" (Same idea).

7 — "Go Down Moses."

8-"Landlord Fill the Flowing Bowl."

9—"Mary Had a Little Lamb." 10—"Mary and Martha" (Mary and Martha have just gone long to ring those charming bells).

11 — "Rig-a-gig, Rig-a-gig."

12 — "Roll, Jordan Roll."

13 — "Solomon Levi."

14 — "Steal Away." 15 — "Stein Song" (Make a good one). (Here is your chance for fame.) (Bullard.)

16 - "Swing Low, Sweet Chariot."

18 — "There's Music in the Air."

19 - "Three Crows."

21 - "Turn Back Pharaoh's Army."

22 — " Uralio."

25 - "Yankee Doodle."

29 - "Marsellaise Hymn."

(Try your

37 — " Upidee."

38 - "Stars and Stripes."

"Oh, My Darling Clementine."

40—"My Bonnie Lies Over the Ocean." 41—"Heidelberg" (Stein song from Heidelberg" (Stein song from "The Prince of Pilsen" (Tune has been used in the song already in, but may be used again to other words.)

Believe Me if All Those Endearing Young Charms."

43 — "Auld Lang Syne."

44 — " Sailing."

It only remains to be added that the first to act upon our suggestion and contribute a "sport song"

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Here's to Ida Agnes Baker,

Drink 'er down! Here's to Ida Agnes Baker,

Who acquaints us with our Maker, Drink 'er down,

Drink 'er down,

Drink 'er down, down, down!

Oh! here's to Dr. Miller, Drink 'er down!

Oh! here's to Dr. Miller,

Drink 'er down!

Oh! here's to Dr. Miller, Who supplies the brainy filler,

Drink 'er down,

Drink 'er down,

Drink 'er down, down, down!

B. S. N. S.

is Dr. Nash. WRITE BEFORE IT'S TOO LATE



Perhaps you think our jokes are poor, And should be on the shelf, But if you want some better ones. Hand in a few yourself.

If you have a witty story, If you laugh until you cry, Please send it to the Messenger Don't let a good thing die.

School papers are great inventions; The school gets all the fame, The printer gets all the money, And the staff gets all the blame.

Whom does the Statue of Liberty flirt

The swells of the ocean, the bouys of the sea, and the little eddies that go past.

About the only thing that has gone down since the war started is the elevators.

VI.

The ones who think our jokes are poor, Would straight way change their views Could they compare the jokes we print, To those that we refuse.

#### VII.

There's nothing more enchanting; More pleasing to the sight, Than this sign upon the blackboard: My class will not recite.

B. S. N. S. —

BEGINNING AT HOME

- "What do the suffragettes want, any
- "We want to sweep the country, dad." "Well, do not despise small beginnings. Supose you make a start with the dining room, my dear." - Everybody's.

#### ONE KIND

Willie: "Paw, what is a Boy Scout?" Paw: "A woman of thirty who chases a youth of eighteen, my son." - Record.

Mrs. Buggins: "Do you darn your husband's socks?"

Mrs. Dashaway: "No, I speak of them a little more profanely than that."

### WHY THEY CLUTCH

He: "Why does an actor, to portray deep emotion, clutch at his head, and an actress at her heart?"

She: "Each feels it most in the weakest point." - Judge.

### WILL BE TAME

"Do you think your wife will be happy when she gets the vote?"

"I'm afraid she won't," replied Mr. Davis. "Merely going to the poll and casting a ballot will seem pretty tame compared to organizing these great suf-\*long before the usual time. Two small frage demonstrations." - Star.

SENDING A NAME

"Waiter," 'asked the impatient customer, "do you call this an oyster stew?"

"Yessuh," replied the negro waiter. "Why, the oyster in this stew isn't big

enough to flavor it."

"He wasn't put in to flavor it, sur. He is jes' supposed to christen it."-

A laundry company's announcement on the advertisement screen of a provincial music hall:

"Why kill the wife? Let us do your dirty work." - Puck.

Housewife: "If you love work, why don't you find it?" Begging Tramp: know."— Judge. "Love is blind, you

Tenderfoot: "Why do they use knots on the ocean instead of miles?"

Second Class Scout: "Well, you see they couldn't have the ocean tide without knots." - Life.

HEARD ON THE CAMPUS

Helen Jones to Beverly in a hot discussion: "Don't think you're the whole ocean, 'cause you got a wave in your

A little girl stood listening to some girls who were making a dress. is what she heard: "Now, we'll tack up that skirt a little, and tack down the neck; those sleeves can be tacked up like this and the waist can be tacked over this way; then if we tack that collar on, it will look real well."

"Where wil you get all of the tacks?" asked the little girl in amazement.

Mr. Bever: "What benefits do we get from trading with Japan?"

Mrs. Aldrich: 'We got lots of Japanese."

"What time next train go Washington?" a traveling Chinese asked the railroad information clerk.

Two-two," replied the official.

"You no understandee," insisted the Chinese. I know the train go too-too. I no ask how he go; I ask when he go."

—Found in World Outlook.

B. S. N. S. SLEEPING(?)

There is nothing quite so good for one's health as sleeping out of doors. There is, however, a limit to the time of year which is most favorable for this. It was this that the girls of a certain house discovered a few nights ago when they moved their beds onto the open porch. "Experience is a dear school, but fools will learn in no other,' they say.

For once so great was the eagerness to go to bed that the lights were off beds for five life-sized girls is not any

too much room, but all went nicely except for a few occasional remarks such as 'Let's all face in the same direction; perhaps there'll be more room." "Help! I'm on a tack!" "Let me out; a pin is biting me!" and soon all were in dreamland. All went well until someone was rudely awakened by a soft "pitter patter" on her face—it really on her face - it really Straightway all were was raining! awakened and there at 2 o'clock in the cold, wet stillness of the morning the beds were taken down and carried into the house - a living example of "Taking up on'e bed and walking." The girls say that it is a grand thing to sleep out of doors, but next time they'll think of the April showers.

ONE OF THEM - B. S. N. S. -"FRIENDS"

There are friends of all descriptions in this world. But who are the real friends? Some try to tell you silently but politely that they are friends, but that is as far as the matter goes. In time of trouble these so-called friends are far away. Then there are the friends who do not make themselves so prominent when everything is going smoothly, but are more than willing to assist in time of trouble.

Which do you prefer, and who is the real friend? "A friend in need is a friend indeed."

- Nita Wiggins - B. S. N. S.

The world is not a playground, it is a schoolroom. Life is not a holiday, but an education. - HENRY DRUMMOND.

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